

# A Decade of Cover Crop Research

retrospection on key lessons learned

**Dr. Joel Gruver**WIU - School of Agriculture



Inputs:Outputs

Costs:Benefits

# What does BALANCED mean to you?

Work:Play

Ca:Mg

# THE MISSOURI PLAN (BALANCED FARMING)

J. W. Burch University of Missouri

1947

THE Missouri Extension Service taught individual farm practices, as did all state colleges, until 15 years ago when the need became apparent for a system of farming that would tie together all of the good practices recommended by the college for a farm in a way to give the greatest net income consistent with continuing improvement of the soil. Throughout the years certain farmers have specialized in beef cattle production and perhaps failed to improve their pastures, and others specializing in crop production failed to receive high net income because of poor feeding practices. The college, with its traditional 12 to 14 departments and Extension specialists for each, undertook to save the farmer by teaching the individual practices, leaving it to the county agent or the farmer to tie these practices together, if any attempt along that line was made.



# FIELD DAY GUIDE



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# **Cover Crops**

Resources

**Cover Crop** Directory

Cover Crop

Tools

Recommendations

Cover Crop Decision

Cover Crops and Livestock

Grazing Cover Crops Fact Sheet

PFI field crop specialist Sarah Carlson explains how to add a cover crop to your corn and soybean rotation in this 25-minute video.

Adding a Cover Crop to a

Corn-Soybean System

Find A Farmer

**Beginning Farmers** 

Member Priorities

Savings Incentive Program

Beginning Farmer Retreat

Farm Employment FAQ

Labor4Learning

**Cover Crops** 

Field Crops

Soybean Herbicides ⊕ and Grazing Restrictions

Herbicide Use and **Cover Crops** 

**Spring Grazing** 

Cover Crops

Corn Herbicides and Grazing Restrictions

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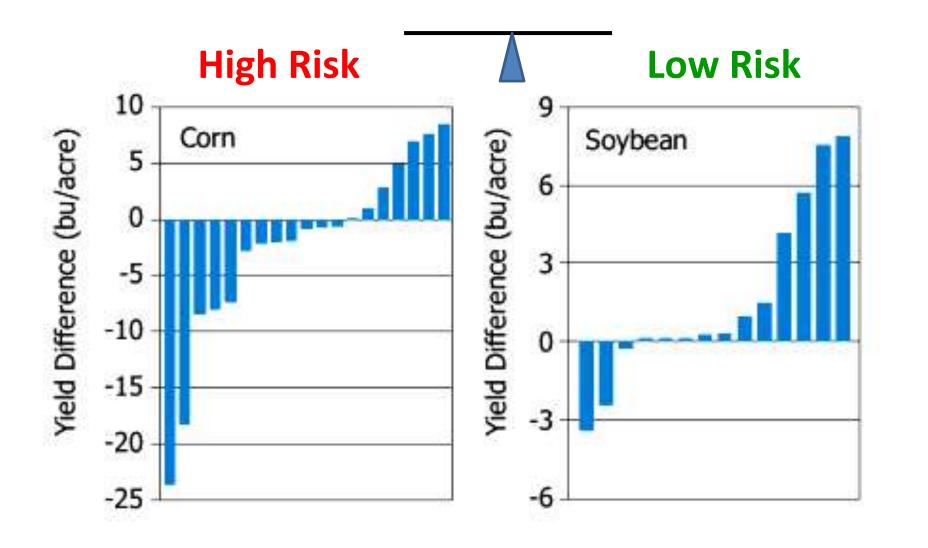
Part One

**Part Two** 



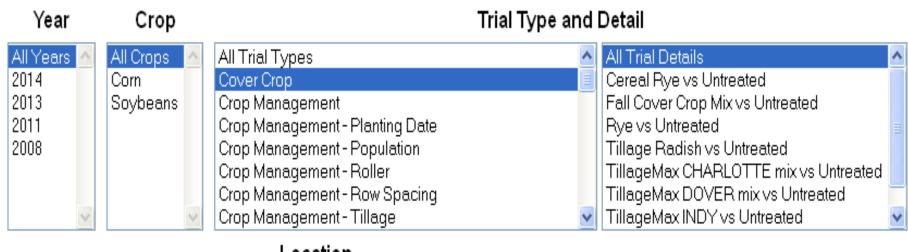
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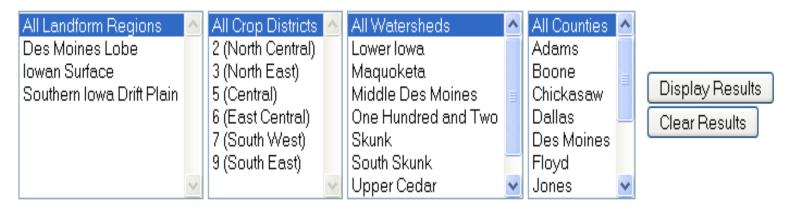


Carlson, S. 2013. Winter rye cover crop effect on grain crop yields: Year 4. Practical Farmers of Iowa.

# IA Soybean Association's On-Farm Network® Replicated Strip Trial Database

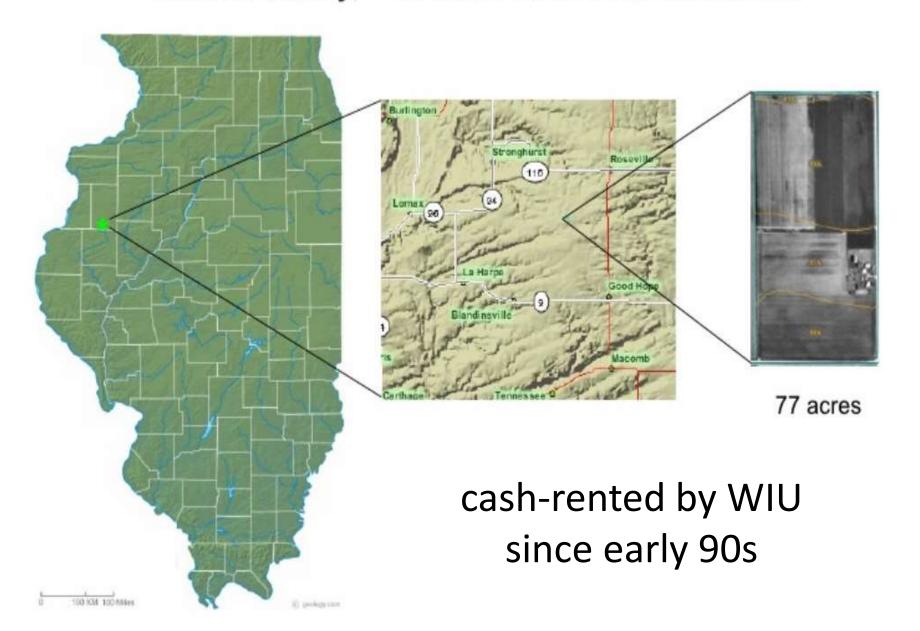


# Location



<u>Year</u>	<u>Landform</u> <u>Region</u>	<u>Crop</u> District	<u>Watershed</u>	County	<u>Crop</u>	<u>Trial</u> Type	<u>Trial Detail</u>	Avg. Yield Difference bu/acre
2008	Des Moines Lobe	5 (Central)	Middle Des Moines	Boone	Corn	Cover Crop	Rye vs Untreated	-15.8
2008	Southern Iowa Drift Plain	7 (South West)	One Hundred and Two	Adams	Soybeans	Cover Crop	Rye vs Untreated	1.6
2011	lowan Surface	6 (East Central)	Maquoketa	Jones	Corn	Cover Crop	Rye vs Untreated	1.2
2013	Des Moines Lobe	5 (Central)	Middle Des Moines	Dallas	Corn	Cover Crop	Tillage Radish vs Untreated	4.0
2013	Des Moines Lobe	5 (Central)	Middle Des Moines	Dallas	Corn	Cover Crop	TillageMax CHARLOTTE mix vs Untreated	0.0
2013	Des Moines Lobe	5 (Central)	Middle Des Moines	Dallas	Corn	Cover Crop	TillageMax DOVER mix vs Untreated	7.0
2013	Des Moines Lobe	5 (Central)	M Simila	ar me	essag	ge <sup>r</sup>	TillageMax TALLADEGA mix vs Untreated	-6.2
2013	Des Moines Lobe	5 (Central)	South Skunk	Polk	Corn	Cover Crop	Tillage Radish vs Untreated	7.7
2013	Des Moines Lobe	5 (Central)	South Skunk	Polk	Corn	Cover Crop	TillageMax CHARLOTTE mix vs Untreated	-4.1
2013	Des Moines Lobe	5 (Central)	South Skunk	Polk	Corn	Cover Crop	TillageMax DOVER mix vs Untreated	3.2
2013	Des Moines Lobe	5 (Central)	South Skunk	Polk	Corn	Cover Crop	TillageMax TALLADEGA mix vs Untreated	-11.4
2013	Iowan Surface	2 (North Central)	Upper Cedar	Mitchell	Soybeans	Cover Crop	Rye vs Untreated	0.5
2013	Iowan Surface	3 (North East)	Upper Wapsipinicon	Chickasaw	Corn	Cover Crop	Tillage Radish vs Untreated	4.1

# The WIU/Allison Organic Research Farm is located in southern Warren County, ~ 15 miles north-west of Macomb





Andy Clayton



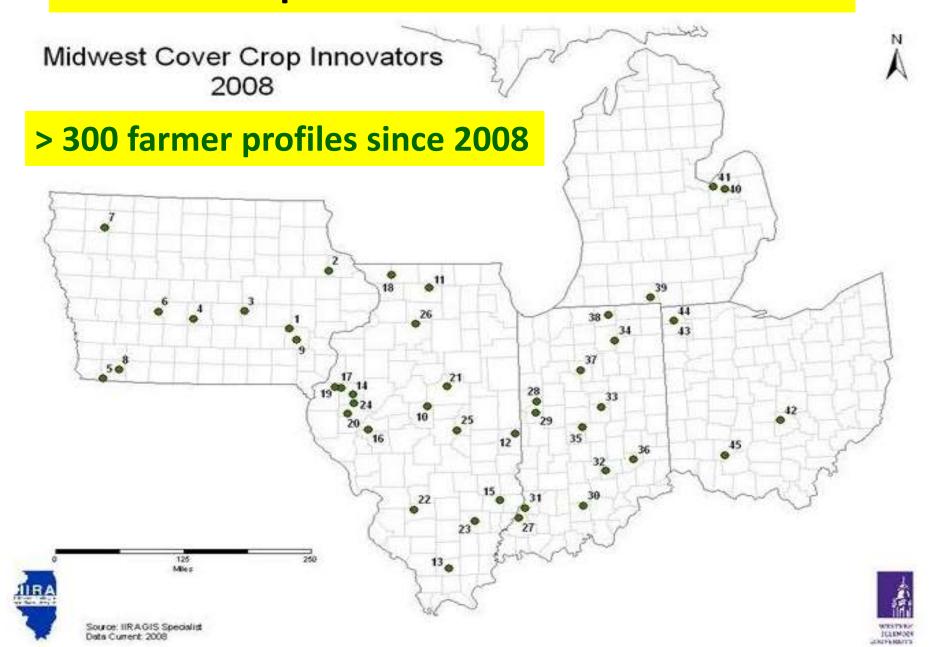
# Sometimes you just have to use what you have ©







# Students help me learn about CC innovation

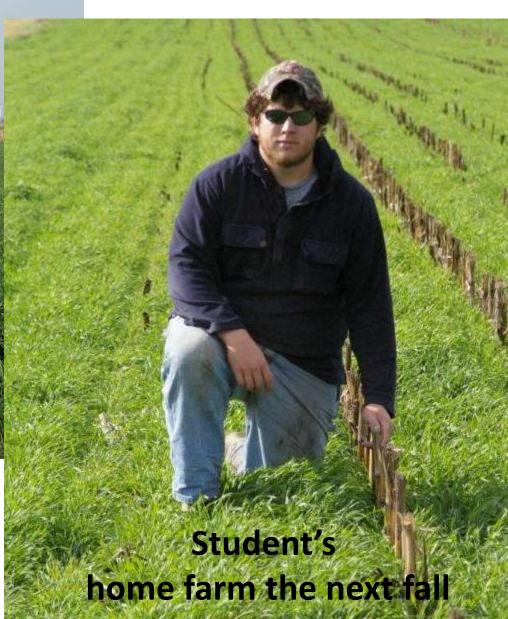


# WIU Organic Research farm

# Fall 2012



Spring 2012



# **Western Illinois University**

Higher Values in Higher Education • Macomb • Quad Cities

WIU Home > CBT > Agriculture > Farms > Organic



# Allison Organic Research & Demonstration Farm

In 1989, the Agriculture Department at Western Illinois University identified a historically pesticide-free, limited-fertilizer, 80-acre farm located near the WIU campus. From 1989 through 2002, we have completed systematic sampling and characterization of many chemical, physical, and biological properties of these Sable-Muscatine soils, with the cooperation of scientists from several

# Contact Information Quick Links

- 2016 Field Day
- Economics
- Markets
- Research
- Resources
- Agri-Tourism Award

# **Organic Research Projects**

All the reports below are PDF files. Please contact the School of <u>Agriculture</u> if problems occur when accessing these documents. We will provide site content in a format you can use.

# **Organic Fertilizers/Soil Amendments**

Nature Safe ® 13-0-0 Organic Dry Fertilizer Study

Organic Dry Blended Fertilizer Study

Soybean Yield Response to Hog Manure Application

SumaGrow Study

**Humate/Fertility Study** 

Oat Yield Summary and Allganic® Nitrogen (16-0-0) Trial

# **Variety/Hybrid Trials**

2015 Soybean Variety Trial at Conventional Site

**2014 Soybean Variety Trials** 

2013 Soybean Trials (Yield Summary)

2012 Corn Hybrid Trial



Ca mg16slideshare

2 months ago 1,232 views



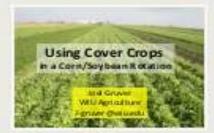
Integrating CC in Strip-Till ...

1 year ago 1,472 views



Som2015

1 year ago 1,470 views



Quincy2015pptx

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# ~ 100 presentations available on SlideShare



Value of Cover Crops

2 years ago 1.099 views



Hybrid corn2014new

2 years ago 1.644 views



Precision Cover Cropping for ...

2 years ago 2,503 views



Cover Cropping Practices that...

2 years ago 3,956 views



Maximizing crop root growth i...



Potassium2013new

3 years ago



Adopting Cover Crop Systems



Understanding Soil Organic Ma...

# Radishes – A New Cover Crop for Organic Farming Systems

Organic Agriculture

February 26, 2016

eOrganic authors: Dr. Joel Gruver, Western Illinois University

Dr. Ray R. Weil, University of Maryland Charles White, Penn State University

Dr. Yvonne Lawley, University of Manitoba

Over the past decade, radishes have been redefined; once known almost exclusively as a pungent vegetable, radishes have recently gained recognition for their cover cropping potential. After reading this article, you'll be able to make an informed decision about whether cover crop radishes are worth a try on your farm.

Radishes have made rapid inroads as a cover crop for several reasons. First, the radish phenotype is well suited to perform many valuable cover crop functions—provide soil cover, scavenge nutrients, suppress weeds, and alleviate compaction—while creating few of the residue management challenges associated with many other cover crops. Second, recent research including many on-farm trials has documented beneficial effects of radish cover crops on soil properties and subsequent

## REGULAR ARTICLE

# Penetration of cover crop roots through compacted soils

Guihua Chen · Ray R. Weil

Received: 23 July 2009 / Accepted: 3 November 2009 / Published online: 19 November 2009

Springer Science + Business Media B.V. 2009

Abstract Tap-rooted species may penetrate compacted soils better than fibrous-rooted species and therefore be better adapted for use in "biological tillage". We evaluated penetration of compacted soils by roots of three cover crops: FR (forage radish:

Raphanus sativus var.
rapeseed (Brassica napi
species in the Brassica
Secale cereale L., cv.
species. Three compact

no compaction) were created by wheel trafficking. Cover crop roots were counted by the core-break method. At 15–50 cm depth under high compaction, FR had more than twice and rapeseed had about twice as many roots as rye in experiment 1; FR had 1.5 times as many roots as rye in experiment 2. Under no compaction, little difference in root vertical penetration among three cover crops existed. Rapeseed and rye

root counts were negatively related to soil strength by linear and power functions respectively, while FR roots showed either no (Exp.1) or positive (Exp. 2) relationship with soil strength. We conclude that soil penetration capabilities of three cover crops were in the

# soil penetration capabilities radish > rapeseed > rye

p · Root penetration · action

# Introduction

Poor plant growth and reduction of crop yields due to soil compaction have been recognized as early as plowing was practiced and encouraged (Bowen 1981). Soil compaction is known to restrict plant root growth, reduce water and nutrient uptake, and thereby impede plant development (Carr and Dodds 1983; Ishaq et al.



Contents lists available at ScienceDirect

# Soil & Tillage Research

journal homepage: www.elsevier.com/locate/still



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Root growth and yield of maize as affected by soil compaction and cover crops

Guihua Chen a,b,\*, Ray R, Weil b

### ARTICLE INFO

Article history: Received 1 April 2011 Received in revised form 29 July 2011 Accepted 1 August 2011 Available online 27 August 2011

Keywords: Brassica cover crops Bio-drilling Root penetration No-till

### ABSTRACT

sugges

climates.

growing season. Channels produced by cover crop roots in fall/winter when soils are relatively moist may facilitate the penetration of compacted soils by subsequent crop roots in summer when soils are relativ Our data suggest that surface mulch and deep root channels growth The st left by winter cover crops can be advantageous for summer Psamn crop growth, particularly when soils are highly compacted. treatm napus, Tap-rooted forage radish and rapeseed cover crops high c Howev enhanced corn root access to subsurface soil water by levels a providing deep root channels in compacted soils texture compa

availability or surface soil water, rapeseed tended to provide both benefits, nowever, as rapeseed is

The yield of rainfed crops is commonly limited by the availability of soil water during the summer

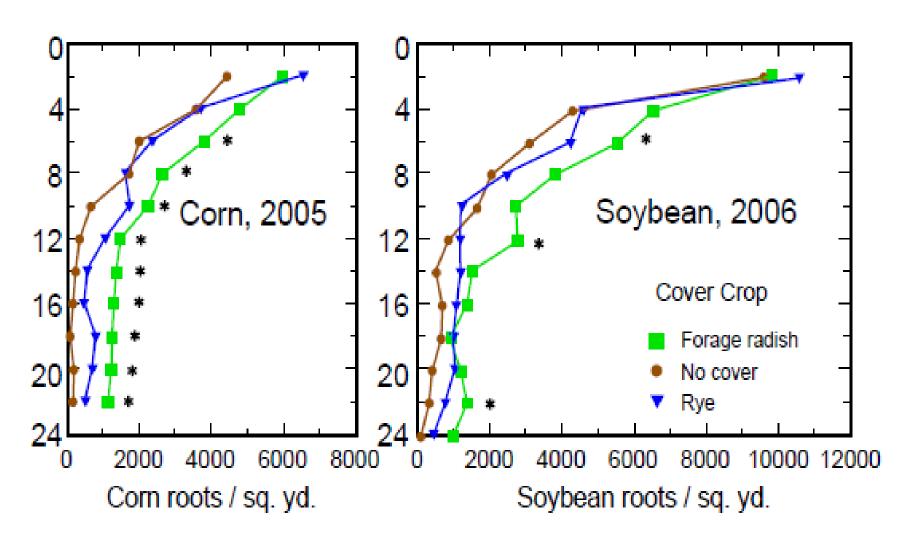
relatively difficult to kill in spring, a mixture of FR and tye cover crops might be most practical and beneficial for rainfed summer crops under no-till systems in regions with cool to temperate, humid

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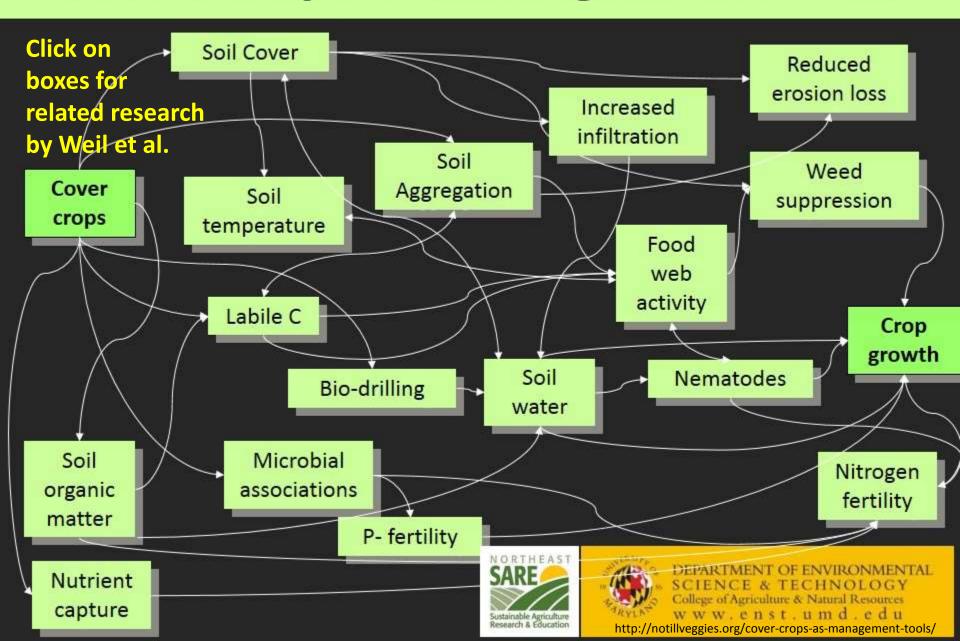
Department of Land, Air and Water Resources, University of California, Davis, CA 95616, USA

Department of Environmental Science and Technology, University of Maryland, 1109 H.J. Patterson Hall, College Park, MD 20814, USA

# Impact of preceding cover crops on cash crop root density



# Cover crops as management tools



# There are many windows of opportunity for CCs

Every year **Dormant seeding early or late winter** | Frost seeding Tried at least once Never tried When planting summer crops @ the WIU **Prevent plant scenarios Organic** research After weed-free window (early intercropping) farm After small grains After early harvested vegetables After seed corn or silage corn

 Aerial or high clearance seeding into standing crops in late summer/early fall

After early corn/bean grain harvest

After full season corn/bean grain harvest



tion w

# Frost Seeding Red Clover in Winter Wheat

Jim Stute, University of Wisconsin (UW) Extension, Rock County Kevin Shelley, UW Nutrient and Pest Management Program

rainfall

# Grow your own nitrogen

If you plant winter wheat, you have an opportunity to "grow" your own nitrogen (N) to help manage input costs and accrue soil quality benefits. The age-old practice of green manuring, especially in conjunction with whear orn the Frost seeded next y pible for cost s orored clover is a more gram: Multireliable producer of that re tive ar biomass and fixer of able if inte 1). Int wing N than legume CCs eeding seaso est is clover planted after small s and a more d slow shorte grain harvest growt produc-

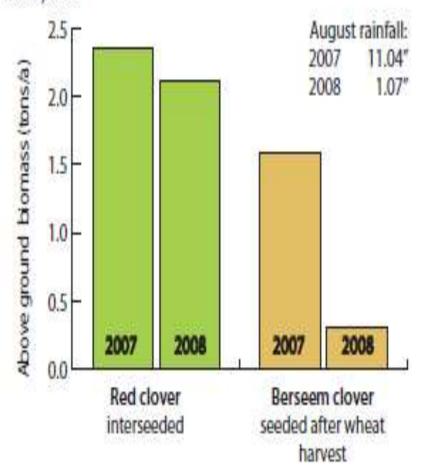
in August is critical for producing acceptable yield for summer seedings (figure 1). Red clover offers the additional advantage of being a non-host for soybean cyst nematode, a problem with many of the other legume cover crop options.

Table 1. Above ground biomass yield for cover crops seeded with or after winter wheat in Wisconsin, 1991-2008. Various sources. published and unpublished data from WI, 1991-2008.

	Above Ground Biomass Yield Me	Site Years of	
Legume	(tons/a)	Range	Data
Interseeded			
Red clover	1.70	0.33 - 3,26	24
Seeded after harve	est		
Hairy vetch	1.37	0.67 - 2.16	10
Crimson clover	0.83	0.69 - 0.97	2
Berseem clover	1.00	0.31 - 1.58	9
Annual sweetclove	r 0.88	0.18 - 1.72	3
Annual medic	1.00	0.51 - 1.94	8
Chickling vetch	0.49	0.39 - 0.59	2
Annual alfalfa	0.39	0.38 - 0.40	2

<sup>\*</sup>N yield does not necessarily correspond to creditable N.

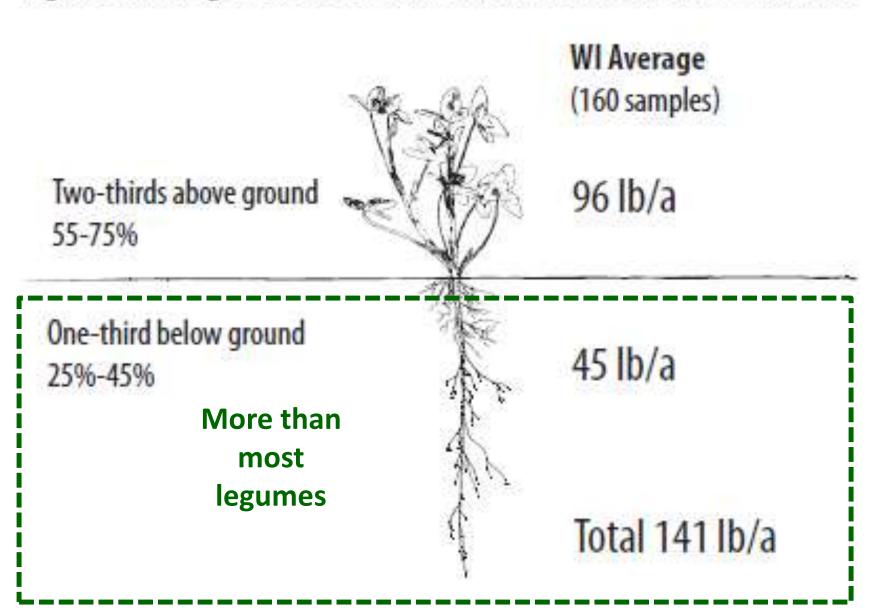
Figure 1. Impact of August rainfall on clover biomass yield. Stute, 2009





Red clover in September. In addition to nitrogen credits, it provides season-long soil cover.

Figure 2. Nitrogen distribution in unharvested red clover biomass.



Wisconsin data suggest that approximately 70% of whole-plant N will become available in the first year following clover, most released before corn begins its period of rapid uptake.



Figure 3. Relationship between clover nitrogen release and corn nitrogen uptake under conventional tillage. Adapted from Stute and Posner (1995) Agron. J. 1063-1069.

# Soybean health experiment - multiple locations across IL

November 2010

Publication in press

Mustard
Rapeseed
Canola
Cereal rye
Cereal rye

incorporated pre-plant

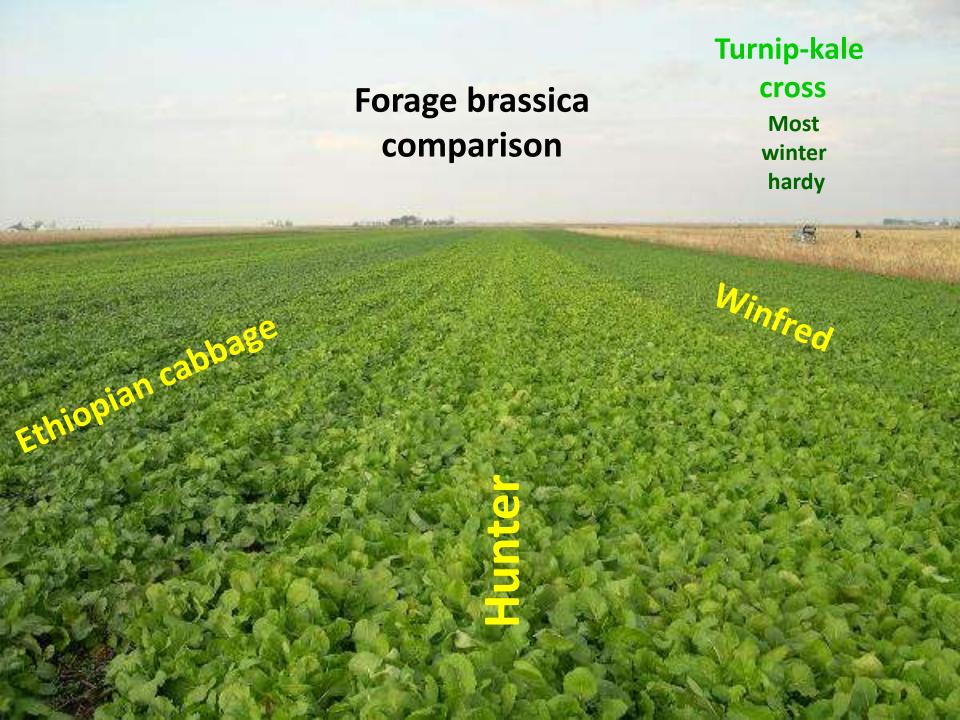
no-till

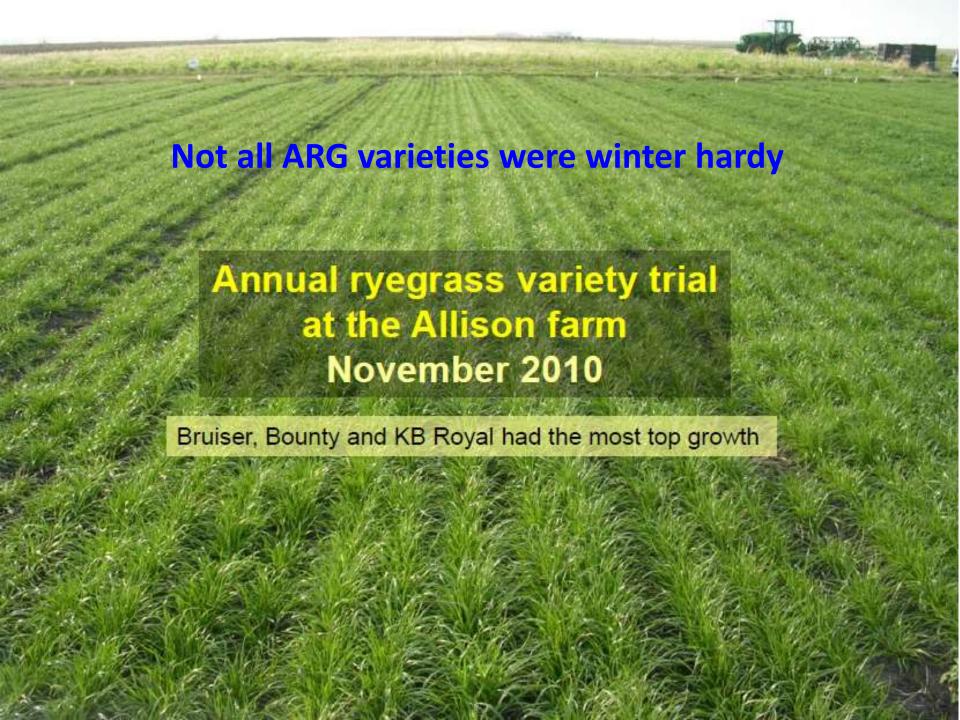
Soybeans no-till drilled into cereal rye were the top yielder in 2011

# Abstract:

Field trials were conducted from 2010 to 2013 at four locations in Illinois to evaluate the impact of cover crops (cereal rye (Secale cereale), brown mustard (Brassica juncea), winter canola (Brassica napus), and winter rapeseed (B. napus) on soybean (Glycine max) stands and yield, diseases, pathogen populations, and soil microbial communities. Cover crops were established in the fall each year, and terminated the following spring either by using an herbicide (no-till farms), by incorporation (organic farm), or by an herbicide followed by incorporation (research farm). Although shifts in soilborne pathogen populations, microbial community structure were not detected, cover crops were found to induce general soil suppressiveness in some circumstances. Cereal rye and rapeseed improved soybean stands in plots inoculated with Rhizoctonia solani and decreased levels of soybean cyst nematode in the soil. Cereal rye increased soil suppressiveness to R. solani and Fusarium virguliforme, as measured in greenhouse bioassays. Cereal rye significantly improved yield when Rhizoctonia root rot was a problem. Using cover crops repeatedly, in the same field, may achieve more distinct effects on suppressing soybean diseases and buildup beneficial properties in the soil.

# Mustard variety trial at the Allison farm in early June 2011 Pacific Gold Ida Gold Slower to mature Faster to mature Less biomass More biomass











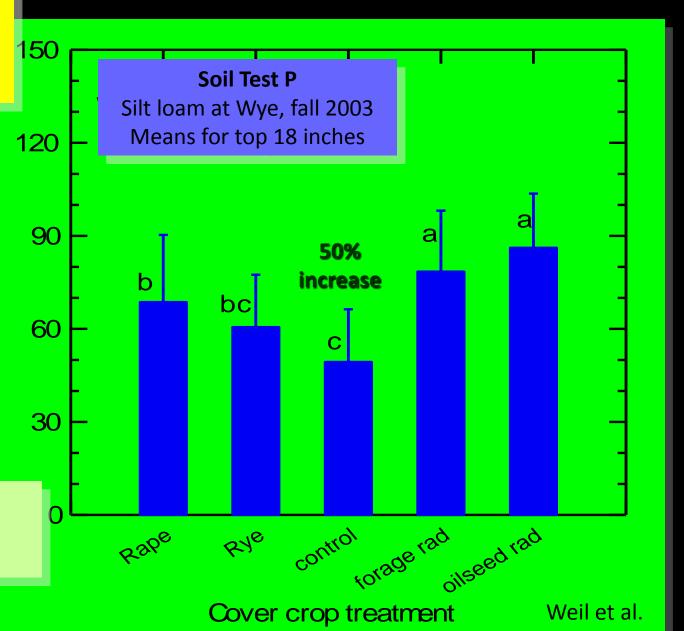






Brassicas appear to be particularly adept at solubilizing P

#### **Nutrient cycling: Phosphorus**



Biological pumping + organic acid root exudates

Soil test P, mg/kg

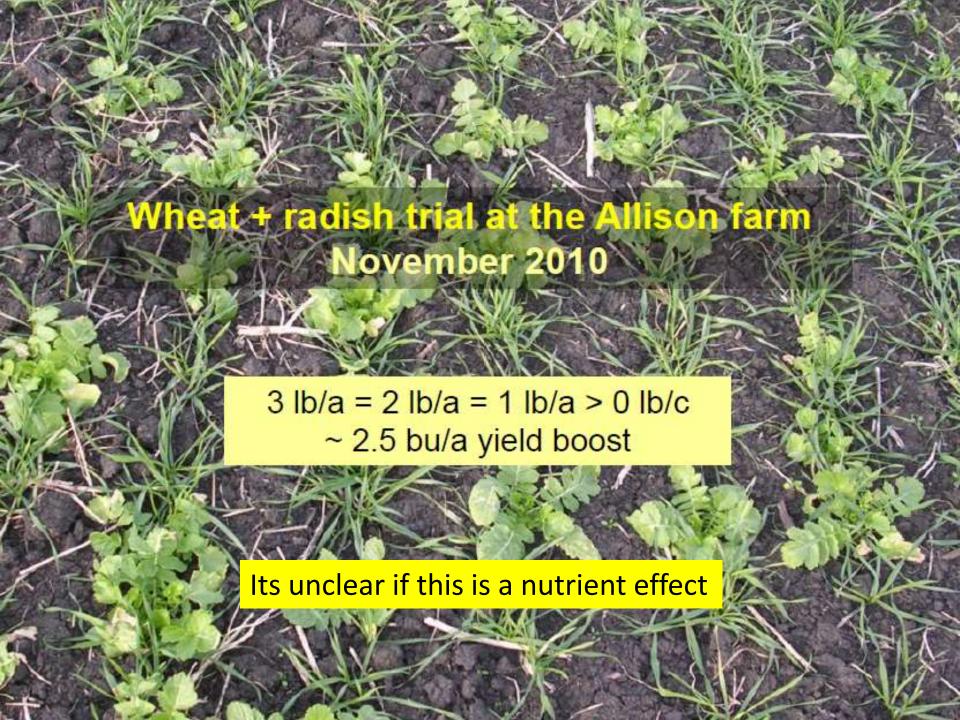
Third year of cover crop treatments in a corn-soybean rotation

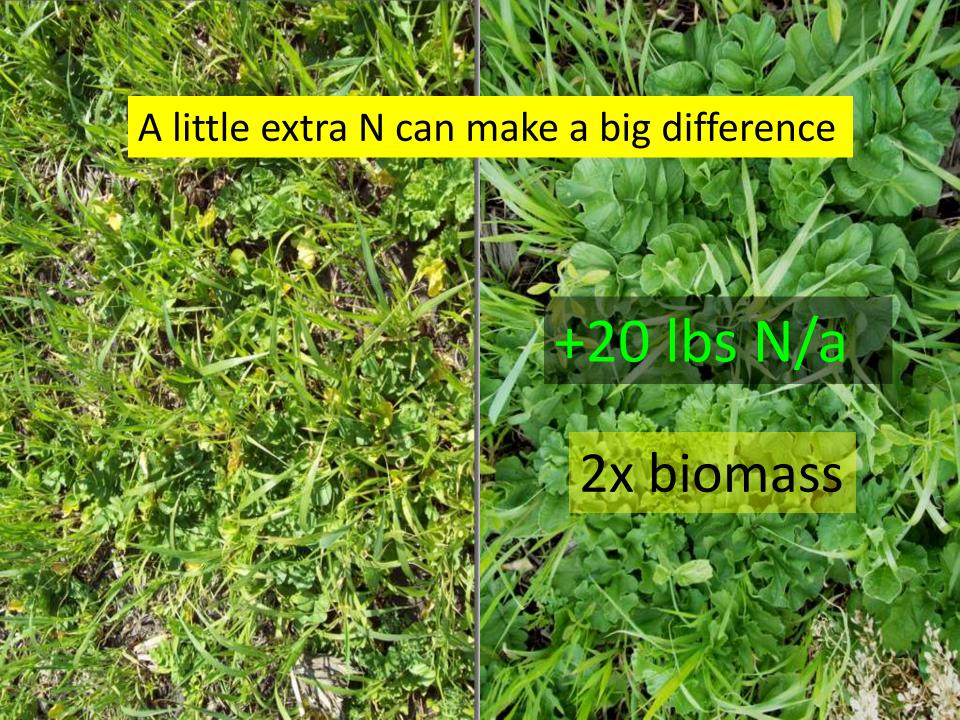
## Impact of winter-killed cover crops on *in-row* soil test P and K

Mustard	Tillage Radish
Inter-row soil test P - 56	Inter-row soil test P - 62
In-row soil test P - 60	In-row soil test P - 78
Inter-row soil test K - 482	Inter-row soil test K - 372
In-row soil test K - 1014	In-row soil test K - 948

Oat	Phacelia
Inter-row soil test P - 60	Inter-row soil test P - 72
In-row soil test P - 72	In-row soil test P - 84
Inter-row soil test K - 384	Inter-row soil test K - 454
In-row soil test K - 538	In-row soil test K - 506

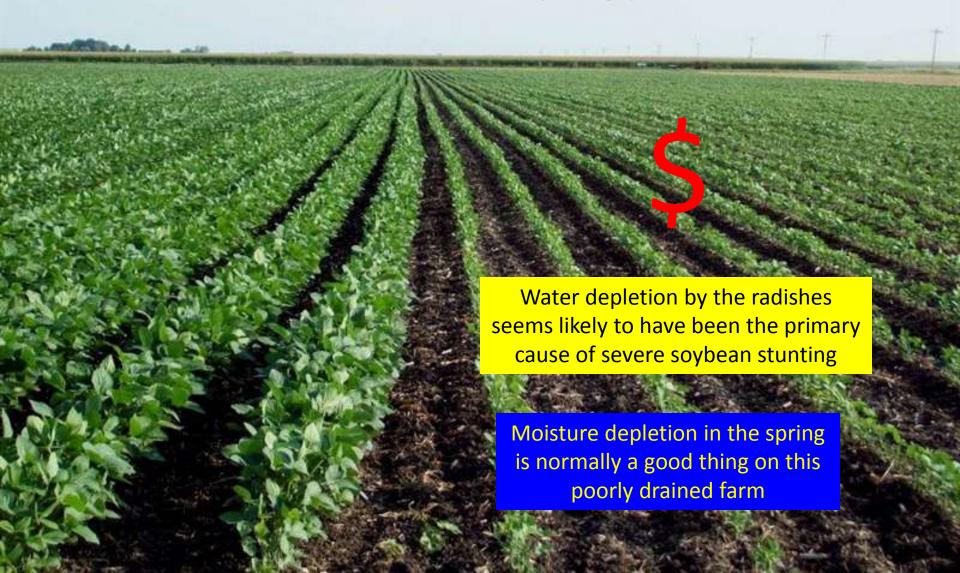
All #s are lbs/a Mehlich 3 extractable nutrients as reported by Key Agricultural Services here in Macomb, IL





### No radish

## Preceded by spring planted radish



2012













#### Planting into poorly digested red clover residues



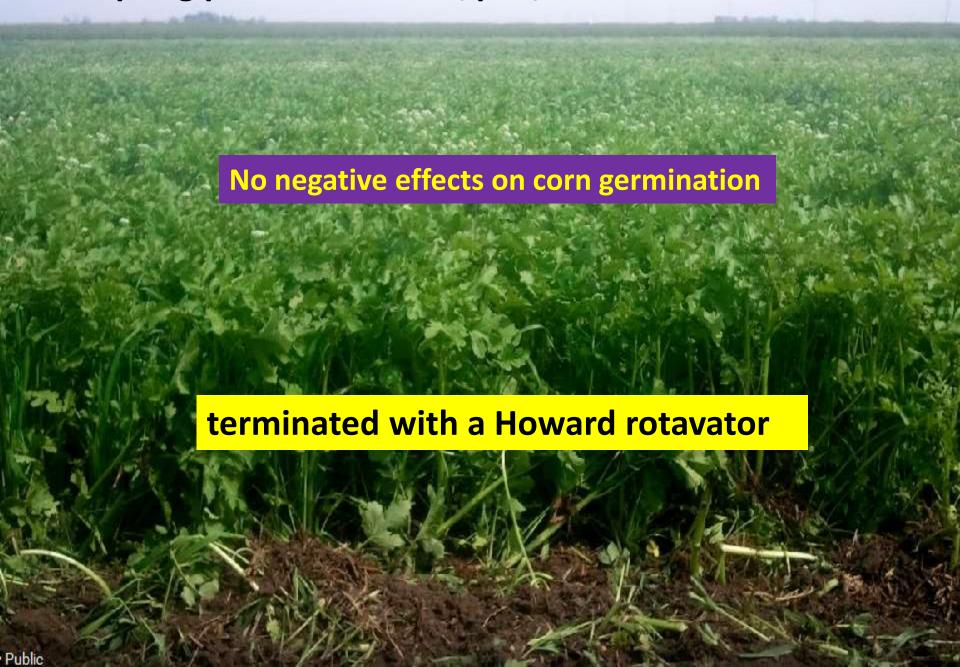


#### Annual ryegrass after chisel plowing

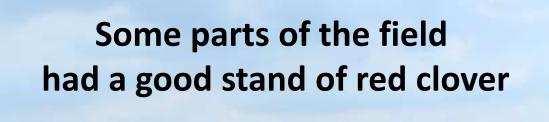




#### Spring planted mustard/pea/oat mix ahead of corn









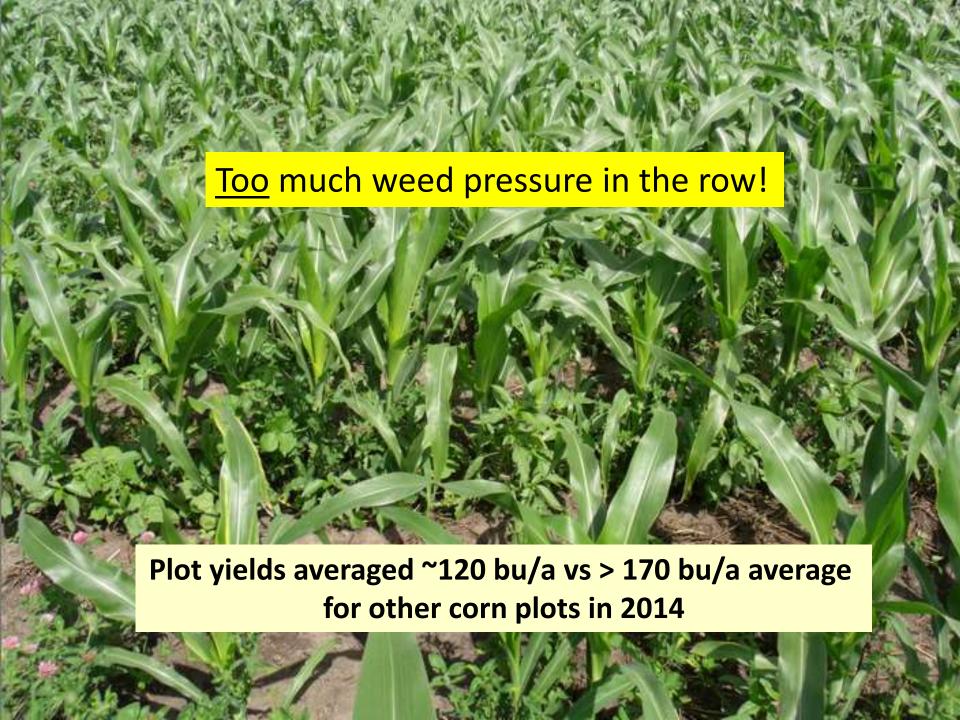






Inter-row cultivation killed most of the inter-row weeds but limited flow of soil into the row failed to bury many in-row weeds











#### Filling in where chain broke on planter

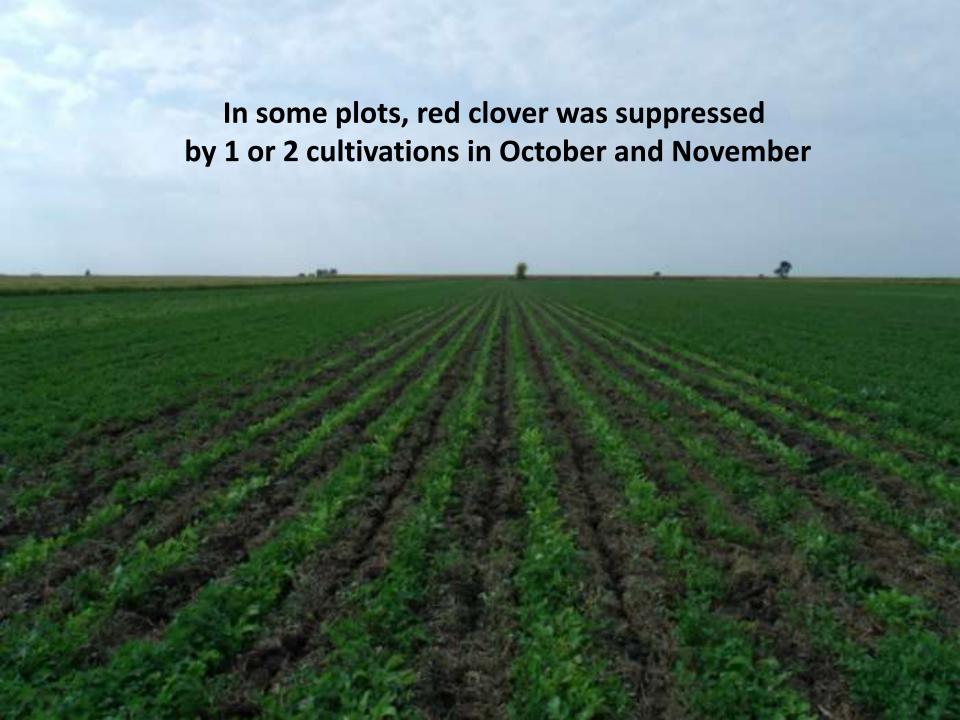


# Radish established well but red clover was highly competitive



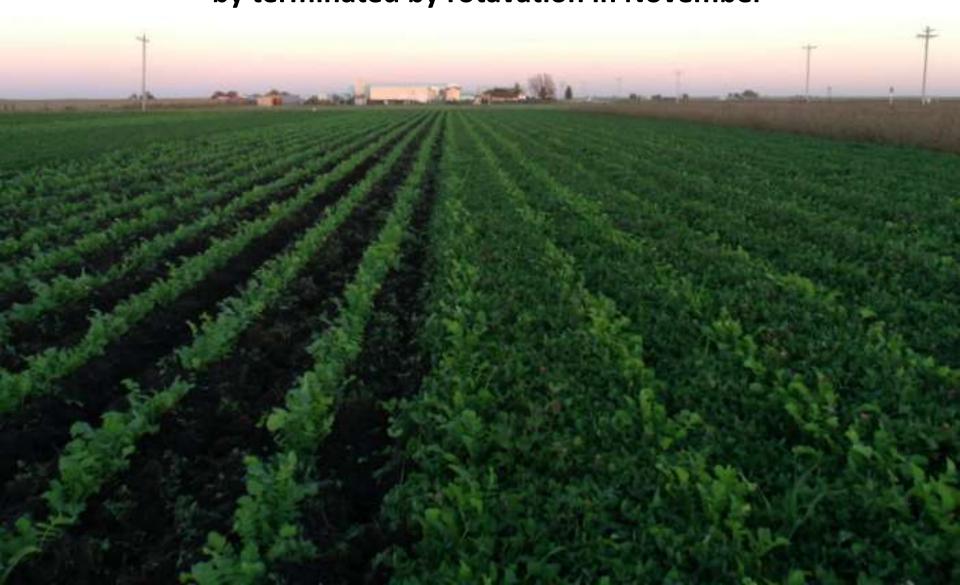






















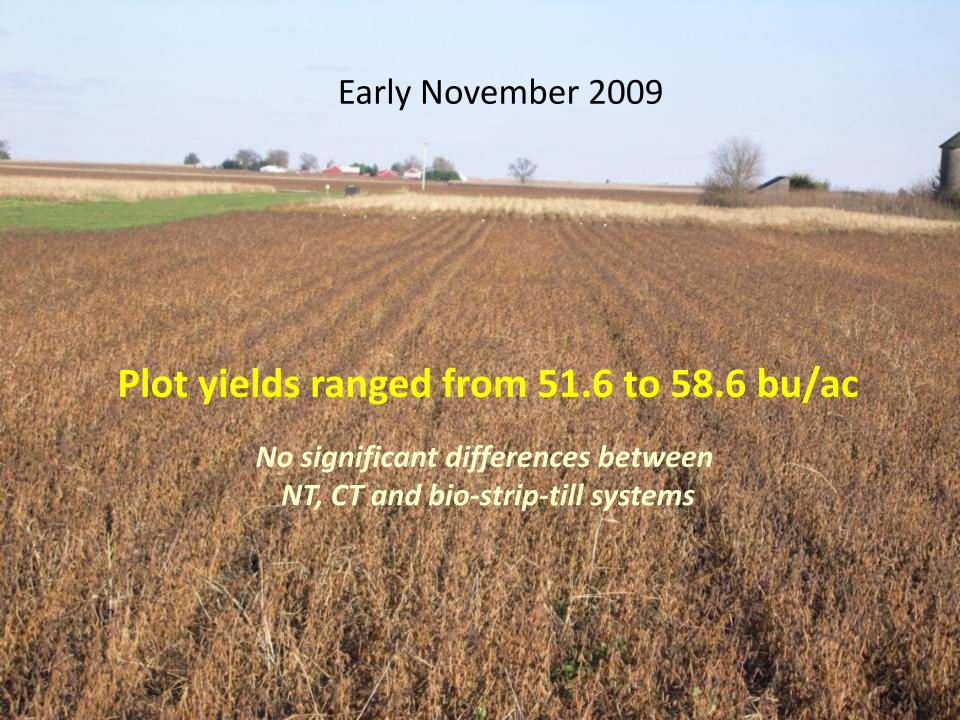


## Success w/ no-till organic soybeans











15' wide roller built by a local farmer used in 2010 and 2011













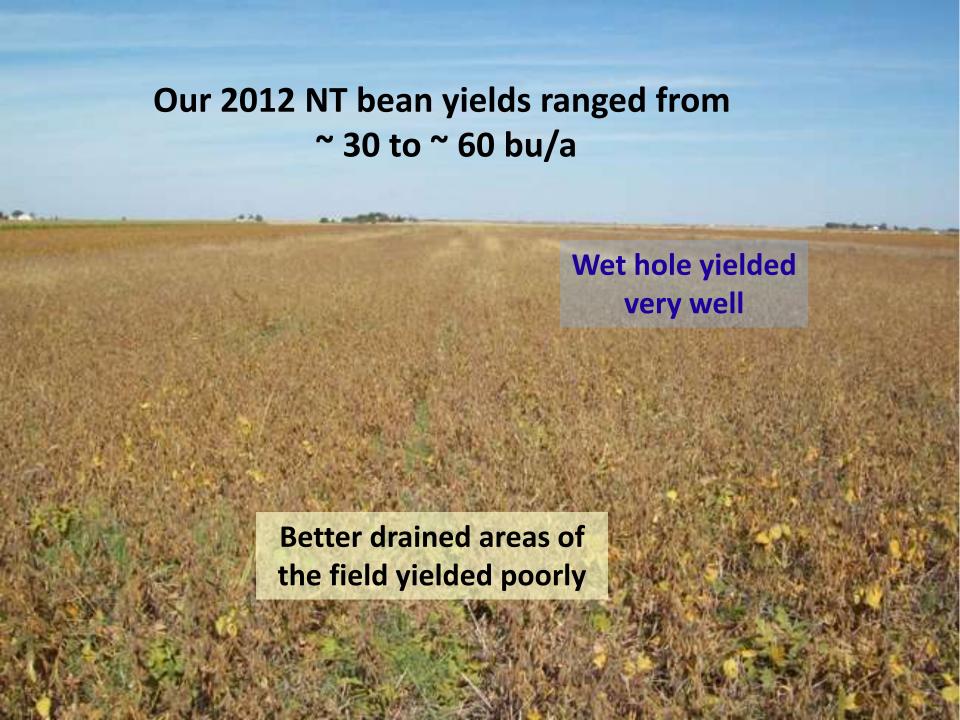


## Comparison of single drilled vs double drilled with 4" offset









We decided not to plant any NT soybeans in 2013 & 2014 after observing weak/variable stands of rye in the spring



Rye had been drilled at inadequate rates in mid-late November



NT soybeans survived the deluge and are finally growing fast





## BRH 34A7 plots averaged 62 bu/a vs. 66 bu/a for BRH 39C4



## BRH 34A7 vs BRH 39C4 NT soybeans planted on 5/30













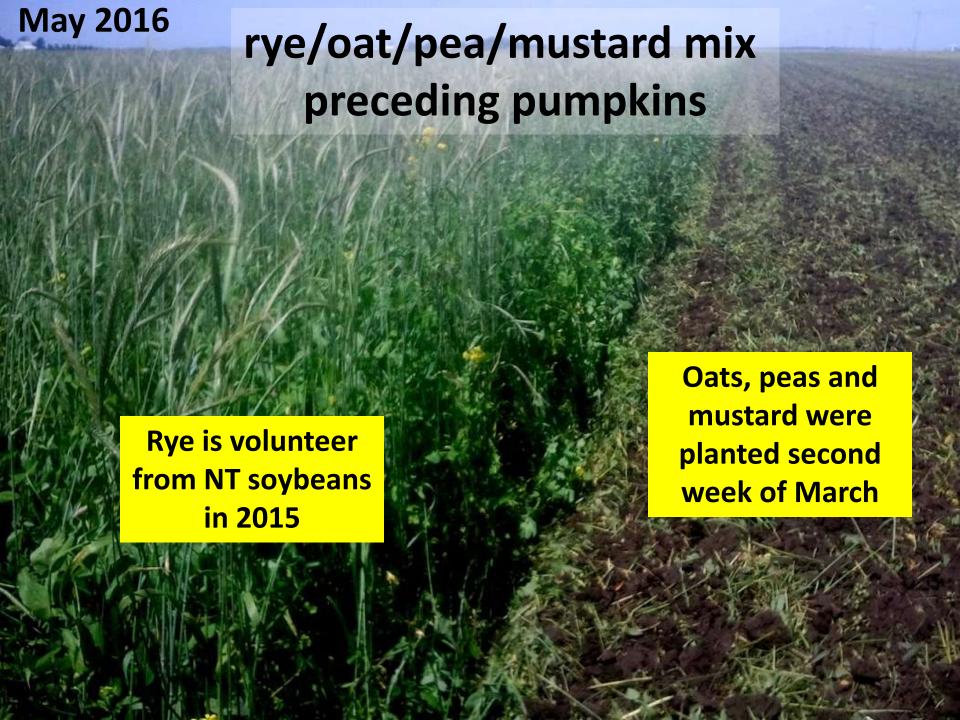
Both varieties (34A7 & 39C4) averaged just over 70 bu/a



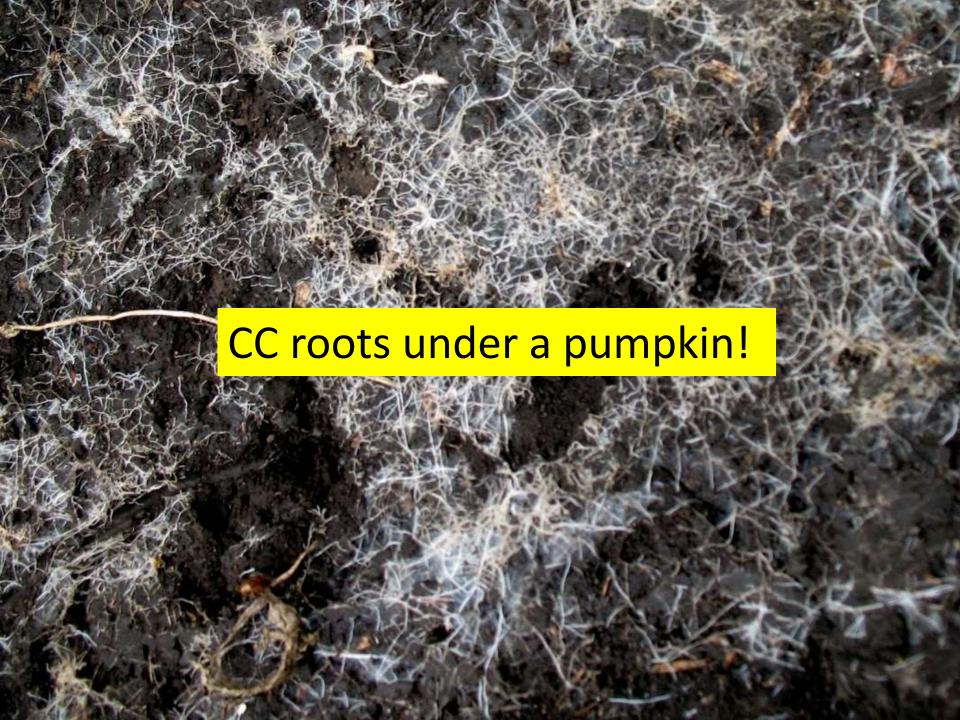
Right after drilling rye for 2017 NT soybeans 15" vs 30" vs 30" w/ high residue cultivation planned for this field























## Radish planted on 30" rows with RTK guidance on August 29 2012 right before Hurricane Isaac rolled in



4 days later



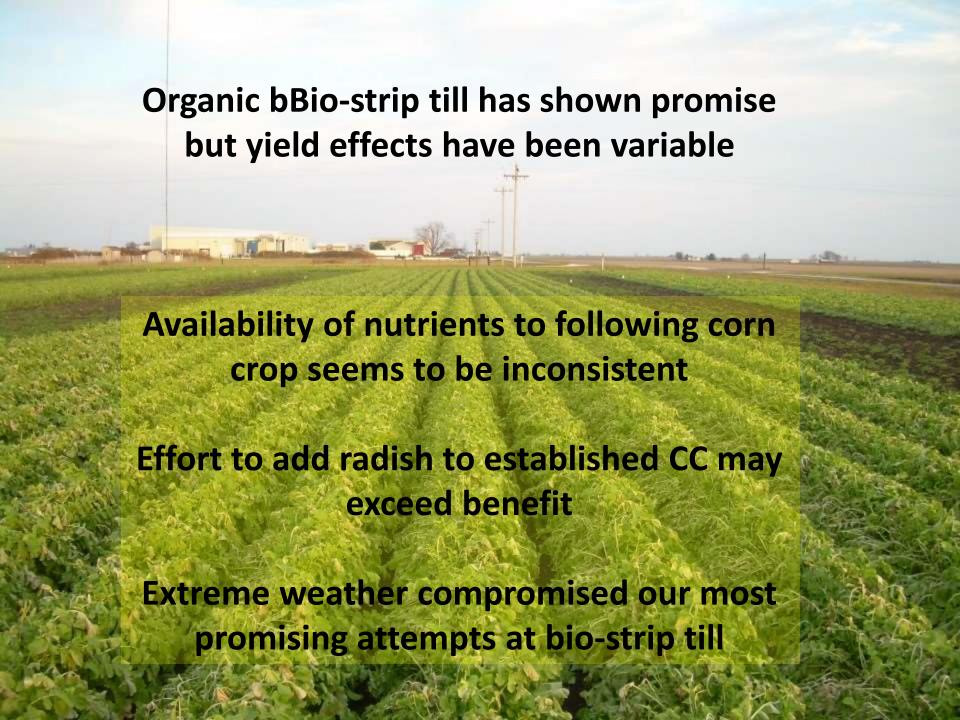


## Why are the inter-rows so clean?



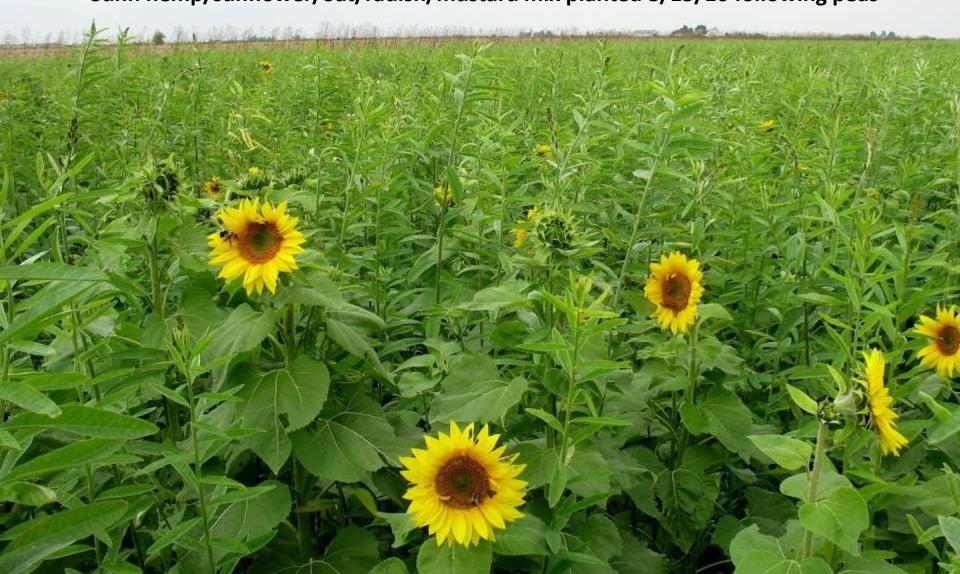
### We had just cultivated some of the radish plots!





## We are finally taking multispecies CC mixes seriously

Sunn hemp/sunflower/oat/radish/mustard mix planted 8/15/16 following peas













## Cereal rye @ ~ 12 lbs/a

CC mix (peas, oats, mustard, phacelia???) will be drilled in early spring 2017

CT vs NT pumpkins planned for summer 2017





## GREEN COVER SmartMix Calculator

http://www.greencoverseed.com/

Use the yellow area to select			C:N Ratio (mature growth estimate) 24			N Fixing Potential (scale of 1-10) 4.5			Diversity Rating (scale of 1-10) 4.5		Frost Tolerance (scale of 1-10) 2.3	
your seed and your seeding rate per acre. Use the drop down boxes to select the species you want to include.		* Full Rate	lbs per acre	Season	% by weight	% by # seed	% by cost	Seeds/lb	Seeds per acre	Cost per pound	Cost 1K seed	Cost per acre
TOTALS			18					250,000				\$16.95
Legumes					72%	34%	78%			() ()		\$13.25
Cowpeas ▼	Info	30-50	10	WS-B	56%	16%	38%	4,100	41,000	\$0.65	\$0.159	\$6.50
Sunn Hemp ▼	Info	14-20	3	WS-B	17%	18%	40%	15,000	45,000	\$2.25	\$0.150	\$6.75
	Info											
	<u>Info</u>											
Grasses					11%	56%	9%			,		\$1.60
Pearl Millet ▼	Info	10-14	2	WS-G	11%	56%	9%	70,000	140,000	\$0.80	\$0.011	\$1.60
<b>x</b>	Info											
	Info					l î						
Brassicas					0%	0%	0%					\$0.00
	Info											
	Info											
	Info											
Other Broadleaves					17%	10%	12%					\$2.10
Sunflower	Info	15-25	3	WS-B	17%	10%	12%	8,000	24,000	\$0.70	\$0.088	\$2.10
	<u>Info</u>											

Add your own seed and seed cost in the section below. Totals will be reflected in grand totals at top but not in the Green Cover Seed cost total.

Green Cover SmartMix total: \$16.95



## Making the Most of Mixtures: Considerations for Winter Cover Crops in Temperate Climates

Organic Agriculture

May 05, 2016

#### Contents

- Introduction
- Tailoring a Cover Crop to Farm Management Objectives
- Top 7 Reasons Farmers Use a Cover Crop Mixture
- How to Make a Cover Crop Mixture
- Building a Complementary Mix
- Weed Suppression with Cover Crop Mixtures
- Cover Crop Mixtures Adjust to Climate and Nitrogen Availability
- Too Many, Too Few? How Many Species are Just Right
- Methods to Establish Cover Crop Mixtures
- Example Seeding Rate Calculation
- Considerations when Terminating Cover Crop Mixtures
- Conclusions and Additional Resources

#### Introduction

Cover crops can provide multiple benefits. For example, they can improve soil health, supply nutrients to cash crops, suppress weeds, help manage insect pests, produce forage, support pollinators and beneficial insects, and reduce water and air pollution. However, not all cover crop species provide the same benefits. How can you best reap the multiple benefits of cover cropping with so many species to choose from? To multiply and diversify your cover crop benefits, plant mixtures.

### Lots of interesting things happen in mixtures

# Cowpea fixed more N when intercropped w/Japanese millet

Cover crop species	% N from fixation	Total N fixed (lbs/ac)
Cowpea	39	37
Cowpea + Japanese millet	72	59
Cowpea + SorgumSudan	56	26



