

# **Soil Redemption Song**

*Embracing the Mycelium  
to Grow Healthier Crops*

Understanding  
fungal nuance is  
integral to being a  
savvy grower.

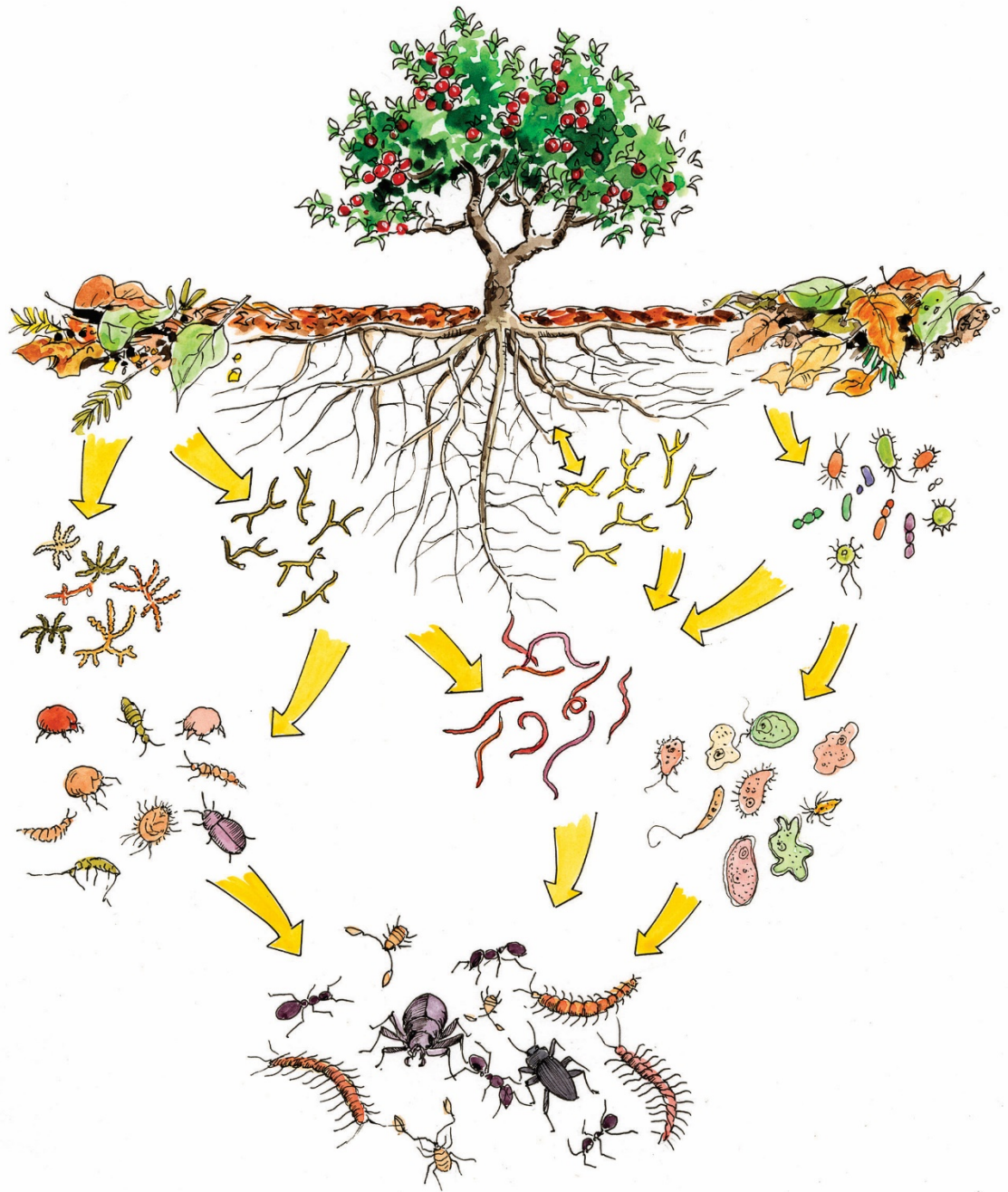
# mycorrhiza

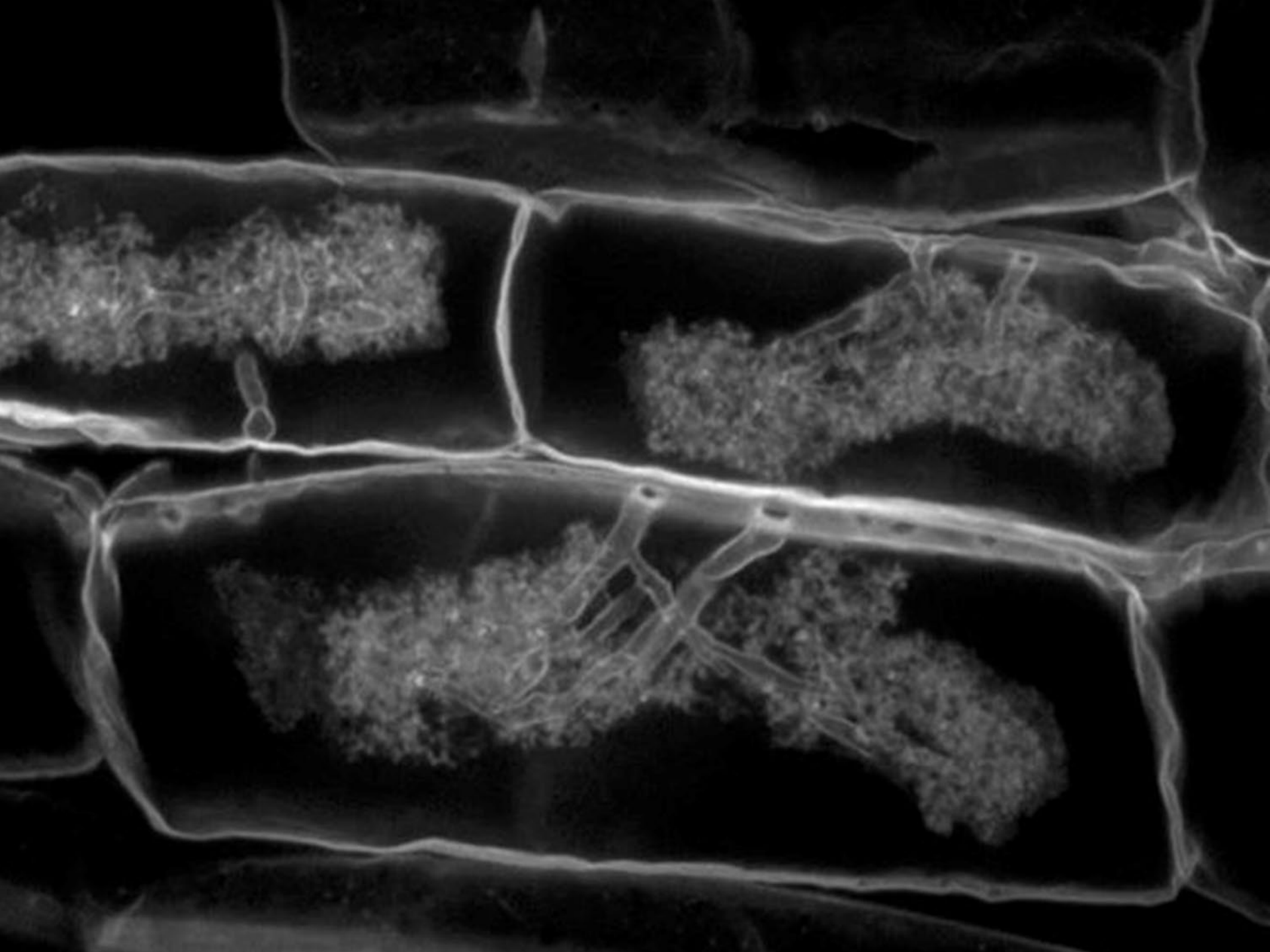
We have much to  
learn from fungus-  
root symbiosis.



# The Soil Food Web

Microbe “feeding frenzy” keeps the immobilization / mineralization balance humming right along.







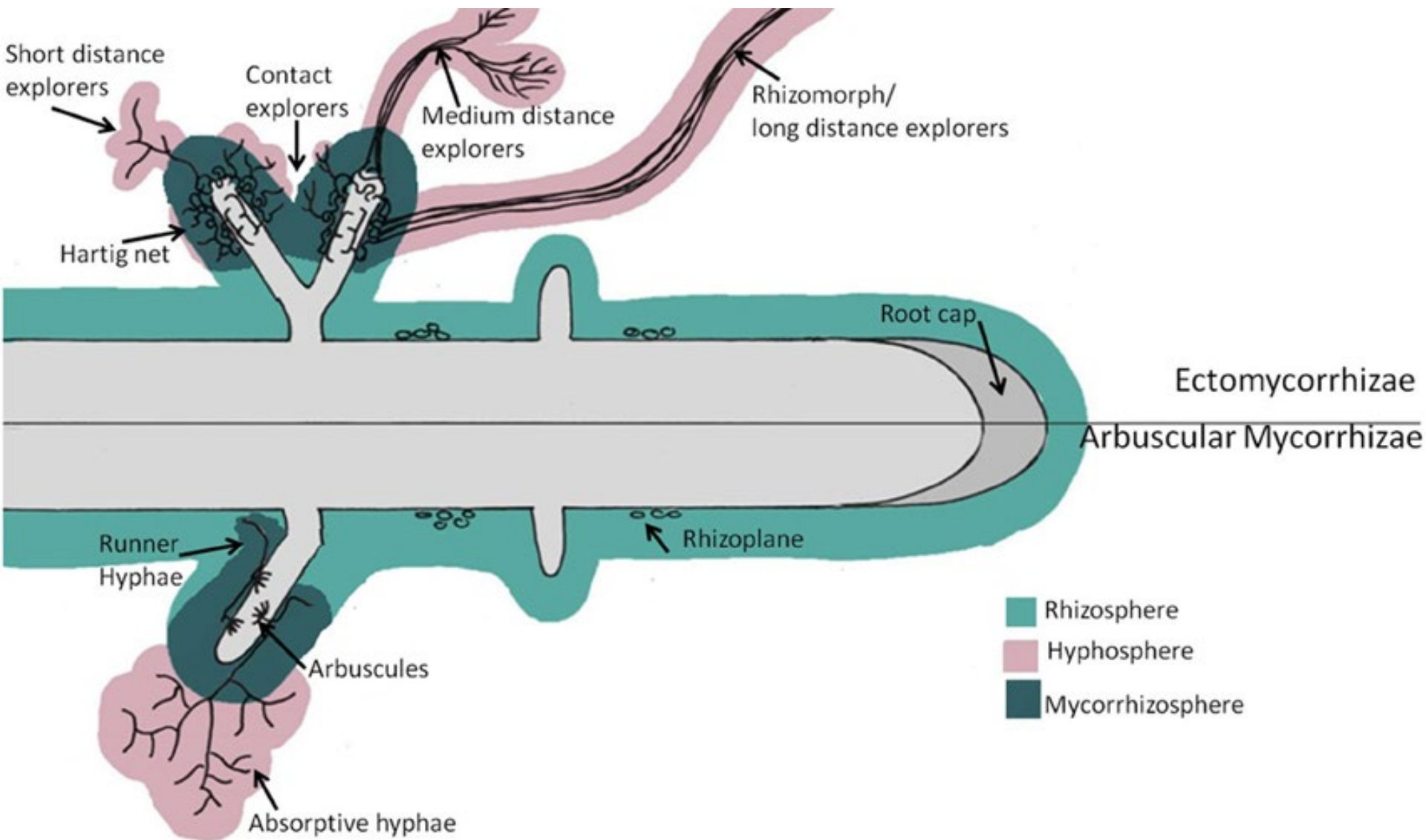
# Setting Planetary Norms

A good 95% of  
plants on this  
precious earth  
desire the  
symbiotic  
exchange of  
mycorrhizal fungi.



# Mycorrhizal Advantage

- Protects roots from soil borne diseases.
- Increases soil volume reach of roots
- Abets healthy plant metabolism
- Provides messaging capability throughout a plant community
- Induces systemic resistance to disease
- Makes ecosystems resilient
- *Oh yeah. One more little thing.* Fungal/plant dynamics tuck away soil carbon



Suppose I were to plant a whole number of herbaceous plants in the soil . . . so that their roots intertwined and merged with one another . . . until it all became a regular mush of roots, merging into one another . . . would not allow itself to remain a mere tangle, it would grow organized into a single entity . . . the saps and fluids would flow into one another . . . a **common root being** would arise for these plants.

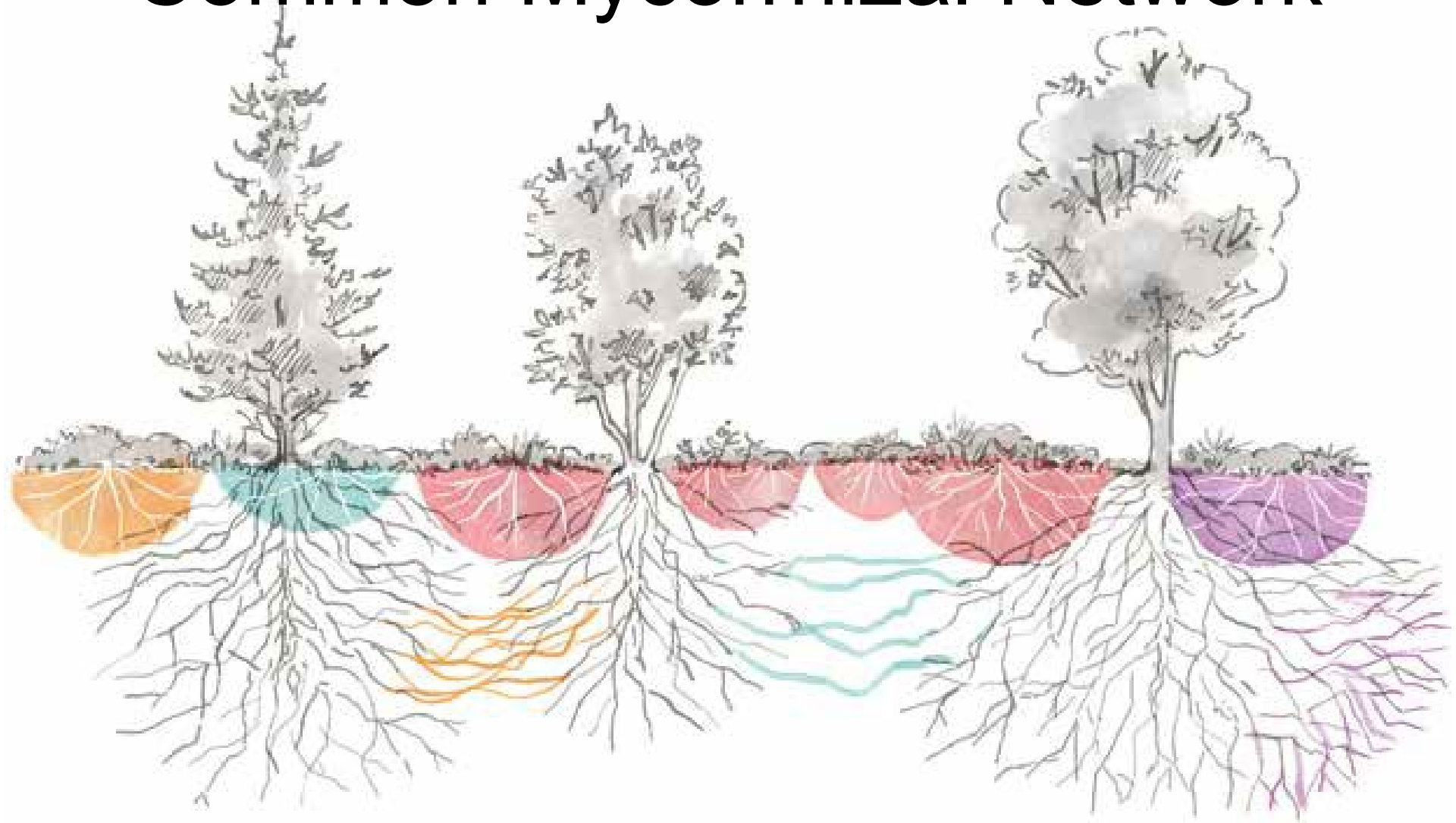
—Rudolf Steiner,

The Agricultural Course 1924





# Common Mycorrhizal Network





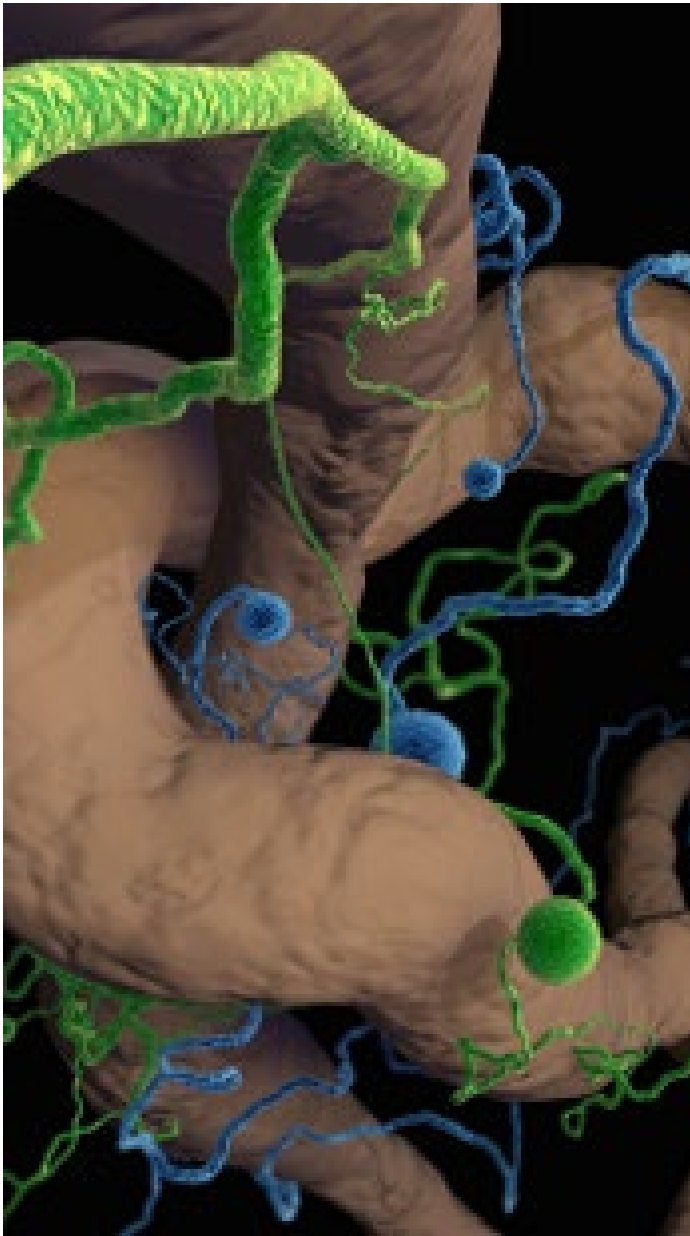
# Bridge Trees

The so-called “soft hardwoods” like willow and alder bring ectomycorrhizal advantage to an otherwise endomycorrhizal orchard ecosystem.





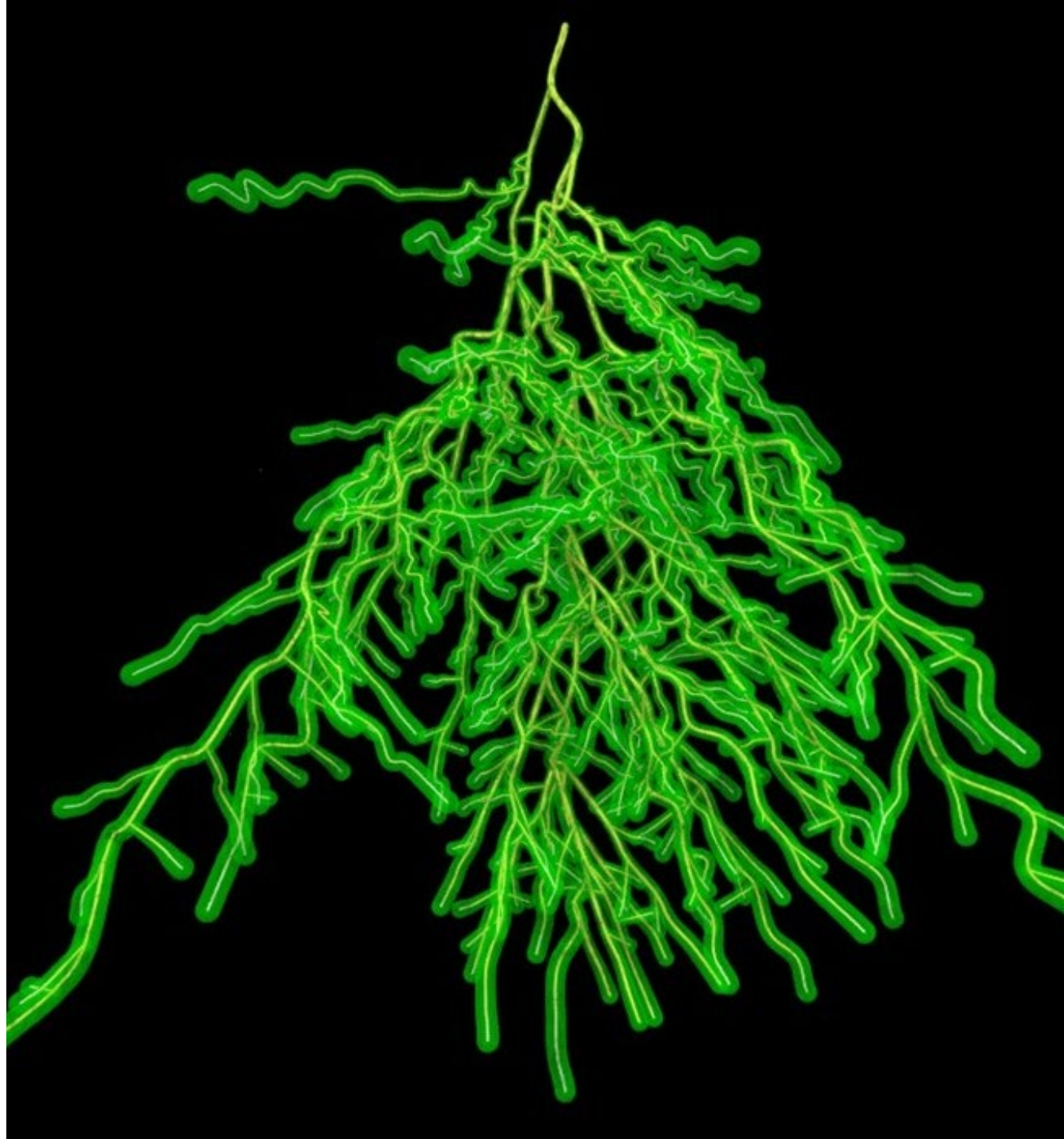


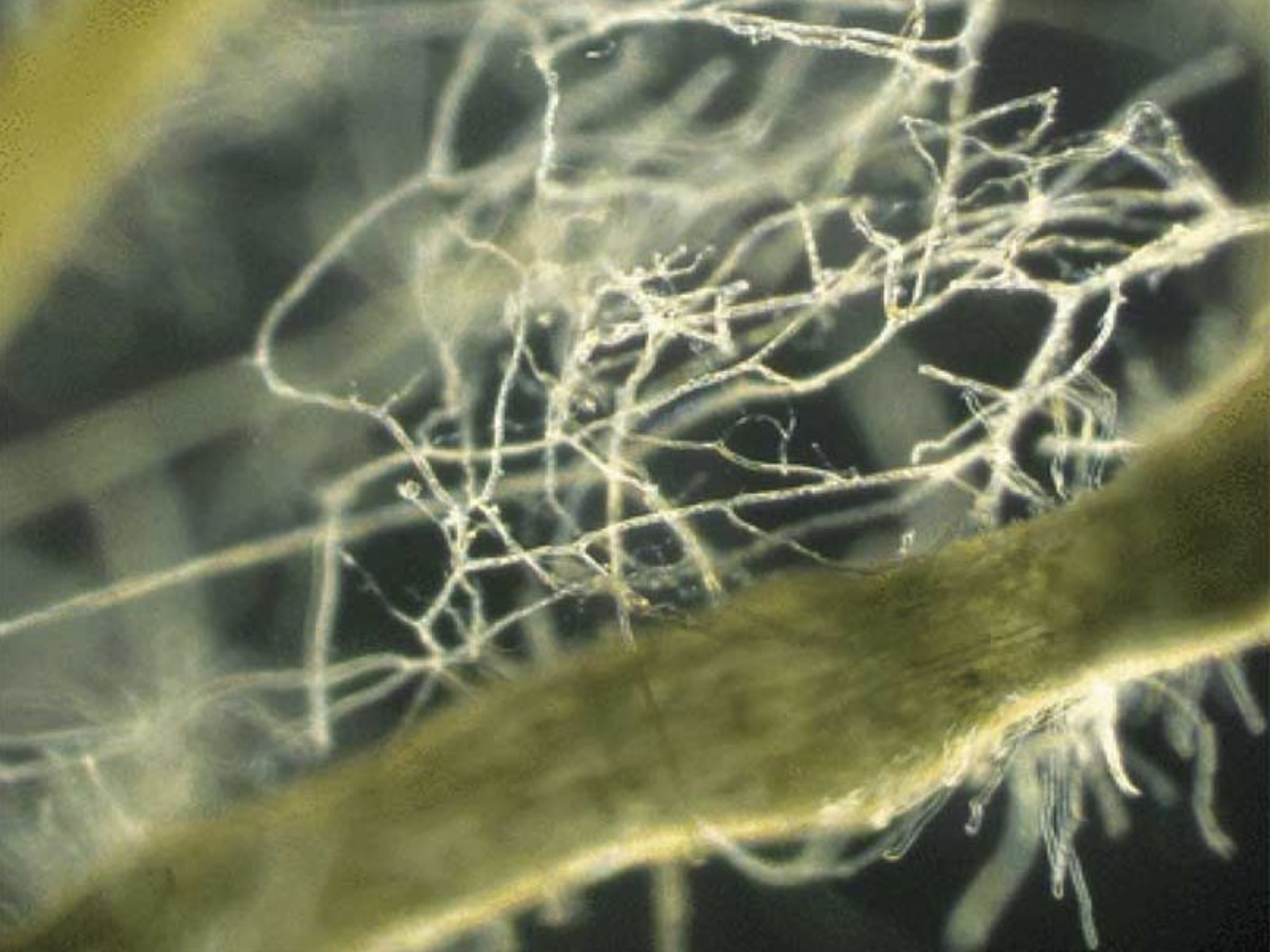


# Underground Economy

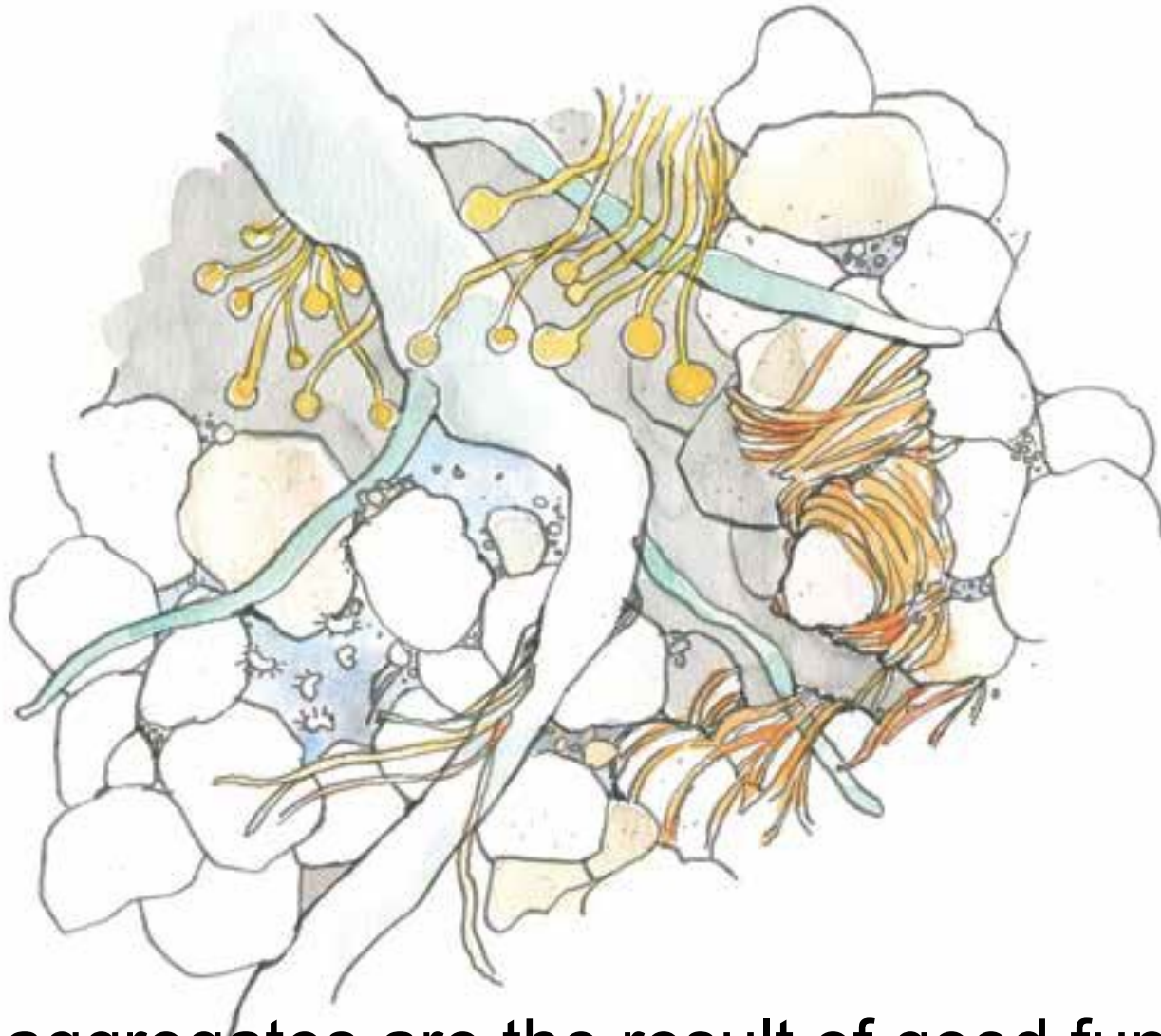
Researchers grew the legume *Medicago truncatula* with three species of mycorrhizal fungi that contribute different levels of phosphorous to the plant. Over the span of a day, the most generous species received the highest levels of carbon in return, suggesting the plants somehow monitor their nutrient intake and “decide” what’s most needed.

Plants  
dedicate as  
much as two-  
thirds of leaf  
sugar  
production to  
“fair trade”  
with the  
biology in the  
rhizosphere.





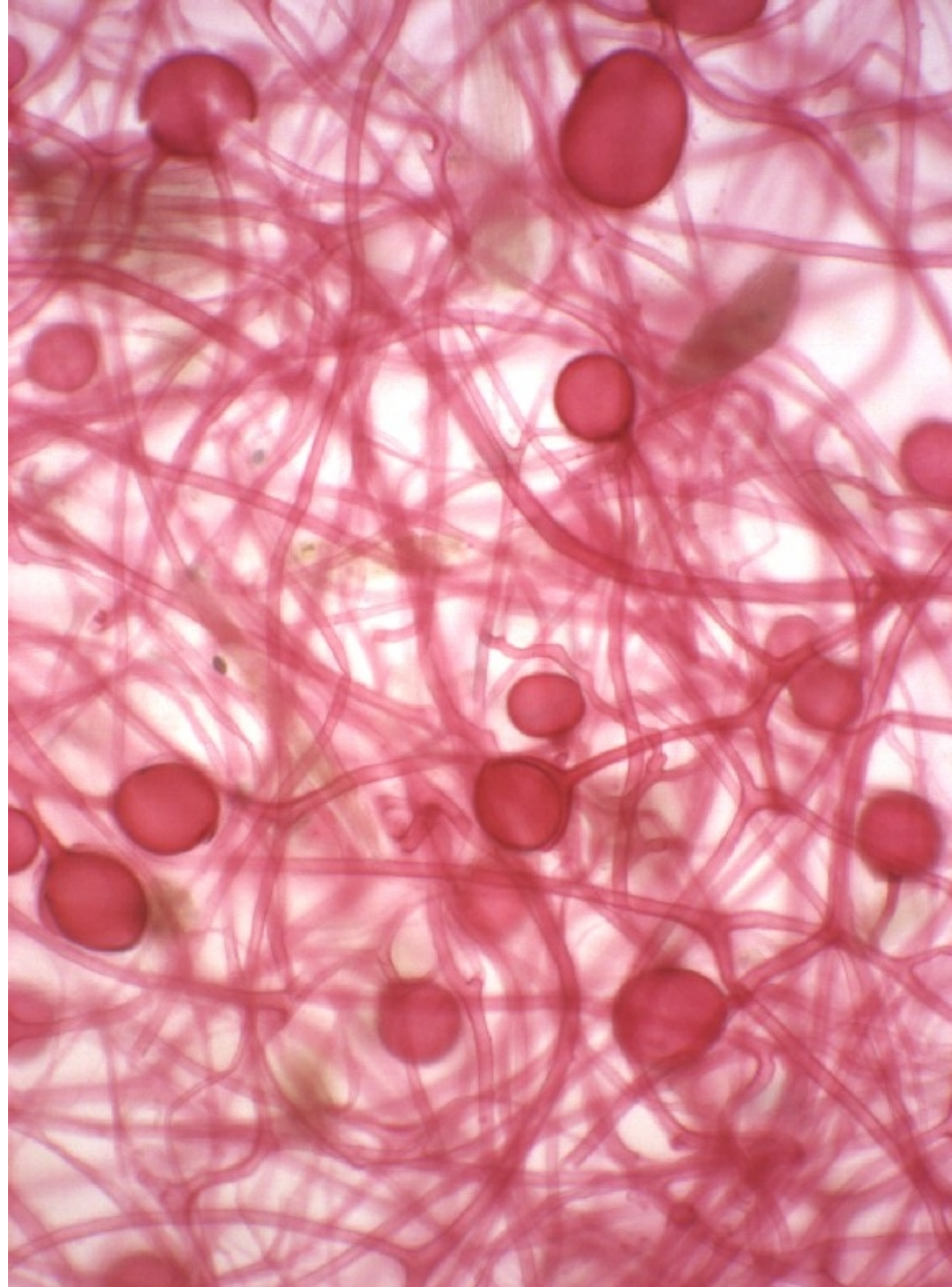




Soil aggregates are the result of good fungal stewardship. Hyphae will abide within, delivering fertility in long-lasting fashion.

# Propagule Nuance

- Mycelial outreach
- Root fragments
- Spores and more spores





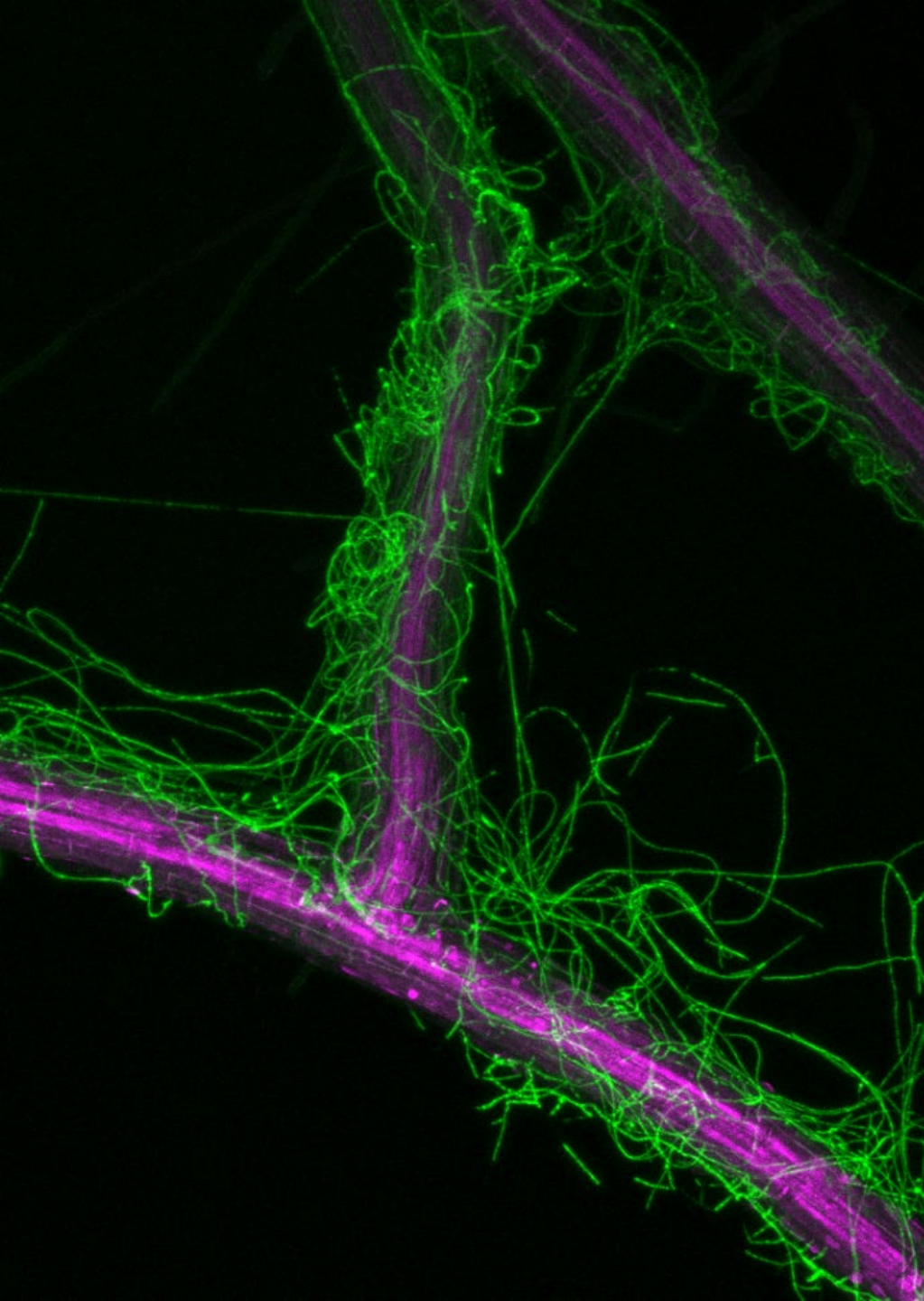




# Symbiotic Teamwork

Non-disturbed  
ecosystems  
typically contain  
20 to 50 different  
species of  
mycorrhizal fungi





# Niche Specialties

Just as we  
understand diversity  
aboveground to be  
profound, greater  
diversity  
belowground ties to  
seasonal rhythms  
and nutrient ebb  
and flow.



A photograph of a man with a beard and a patterned headwrap, crouching on a vast, cracked, and dry earth surface. He is holding a long, thin wooden staff or spear. The background is a continuous expanse of parched, cracked soil, emphasizing the theme of drought.

# Drought Relief

Mycorrhizae distribute water throughout a plant community:

- *Glomus deserticola*
- *Glomus fasciculatum*
- *Glomus mosseae*



The evolution across biological kingdoms points relentlessly to cooperation and support networks as the way to proceed in life.







- Sunshine launches plant metabolism.
- Nitrogen combines with plant sugars to create proteins and fatty lipids.
- Secondary plant metabolites provide “immune function” against disease

# The Making of a Healthy Plant

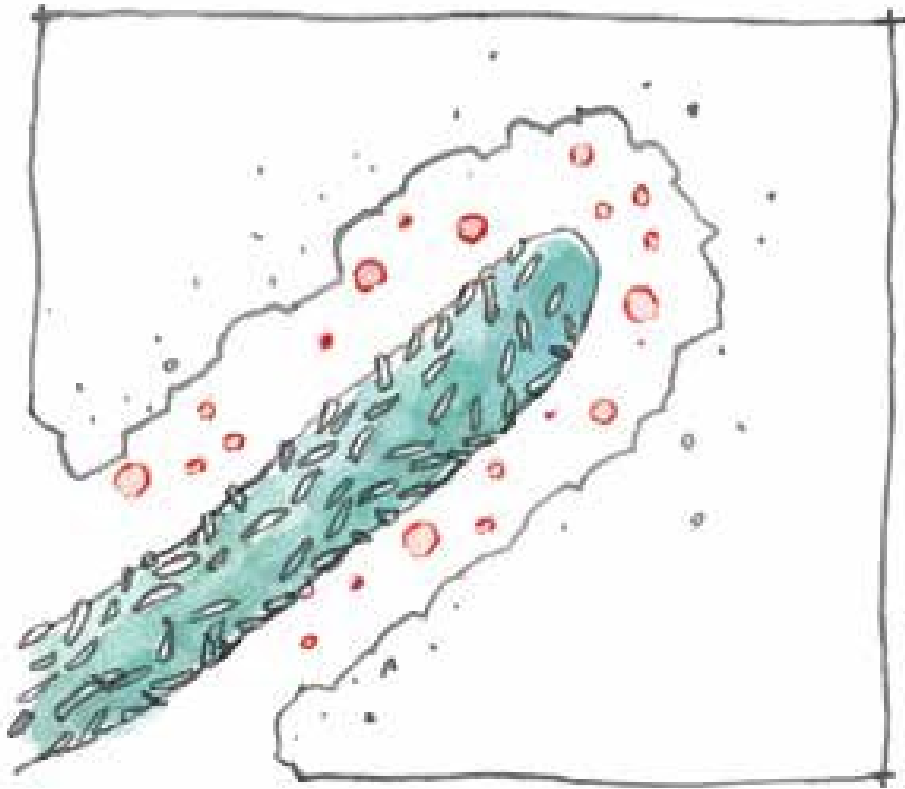


# Photosynthesis Efficiency

- Mn, Cl, and B are activators of enzymes.
- Cu, Fe, Zn, and Mo are components of enzymes.
- Micronutrients play a key role in protein synthesis as well.



# The Bacterial Bore



Fungal exudates from the hyphal tip feed bacteria cohorts whose metabolites in turn “weather” bedrock to extract minerals at a blistering pace measured in micrometers.

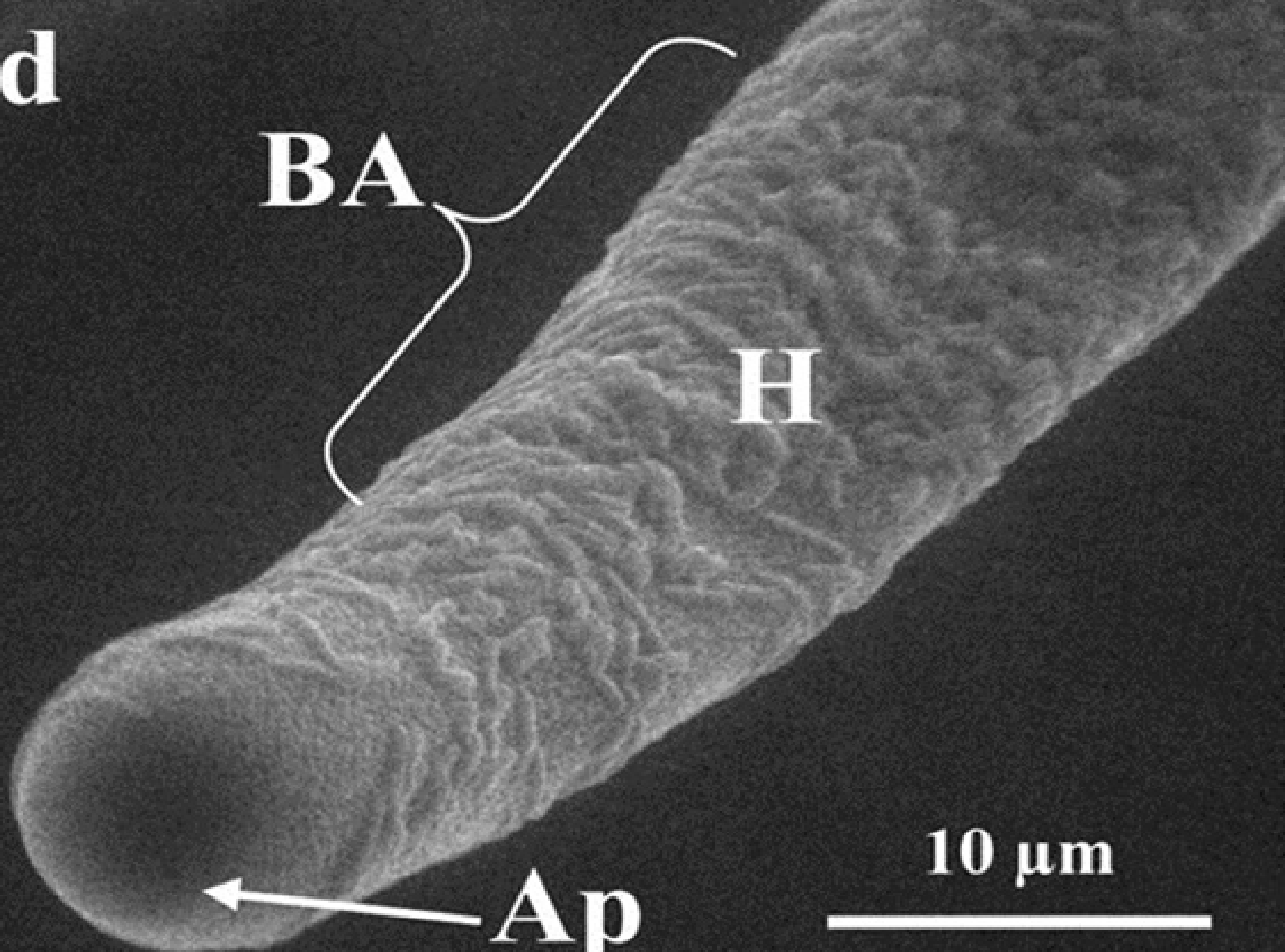
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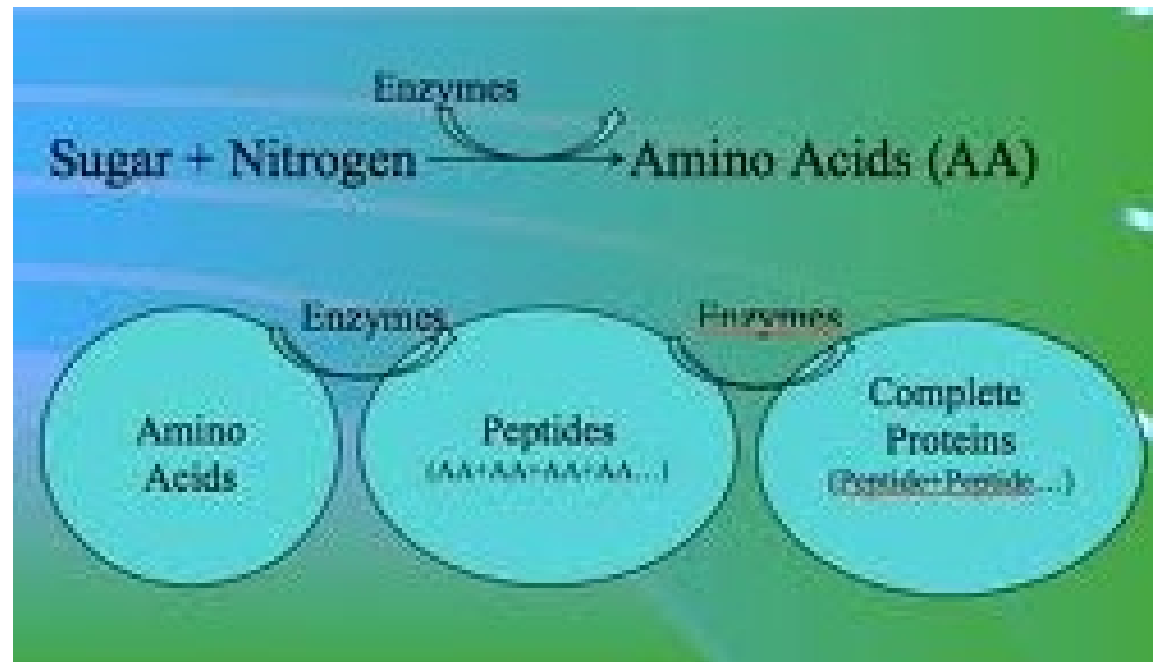
**10  $\mu\text{m}$**



Amino acids  
are the building  
blocks of  
proteins.

Much hinges on  
enzymes  
quickenning this  
process.

# Protein Synthesis



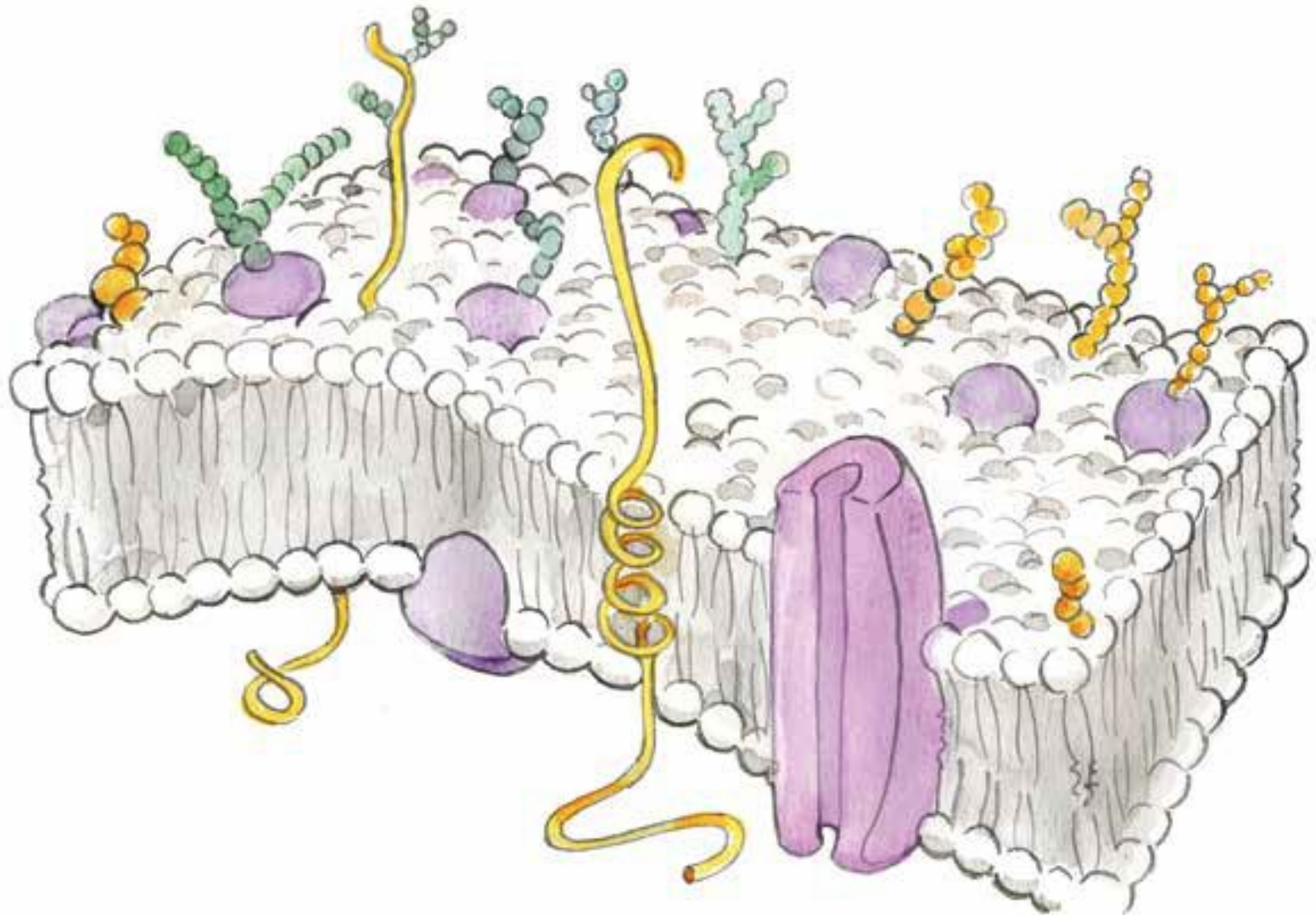
# Protoplasm Incentive

An excess of soluble amino acids in plant sap (resulting from incomplete protein synthesis) are a prime draw for foliar pests and pathogenic fungi.

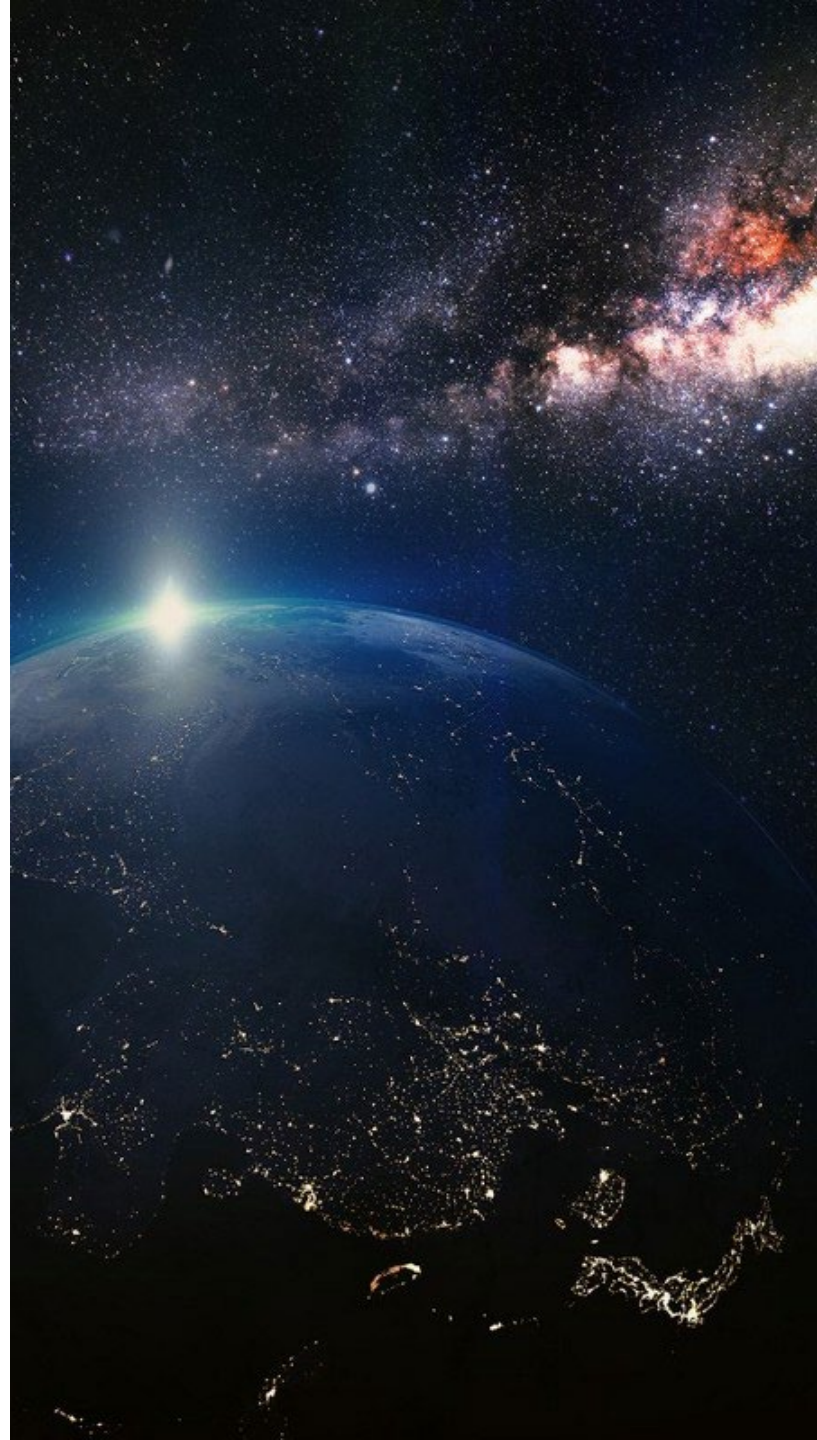




# Cell Membrane Dynamics



Beneficial patterns show up consistently throughout creation. The vast network of mycelia lying beneath the surface of the soil and indeed the ocean floor could be thought of as the planetary membrane holding life's sacred trust.



# Fat Energy



Fatty acids profoundly stimulate the arboreal and soil biology.

Essential oils act as a foil to insect interest.

Lipid reserves in plants counter *proteolysis* during times of limited photosynthesis.



# Resistance Metabolites

Phenolic compounds are the **IMMUNE FUNCTION** of the tree.

Terpenoid and flavonoid stimulation can be used to further boost core resistance mechanisms.

Bitter-tasting alkaloids thwart higher order insect feeding.



# Effective Digestion

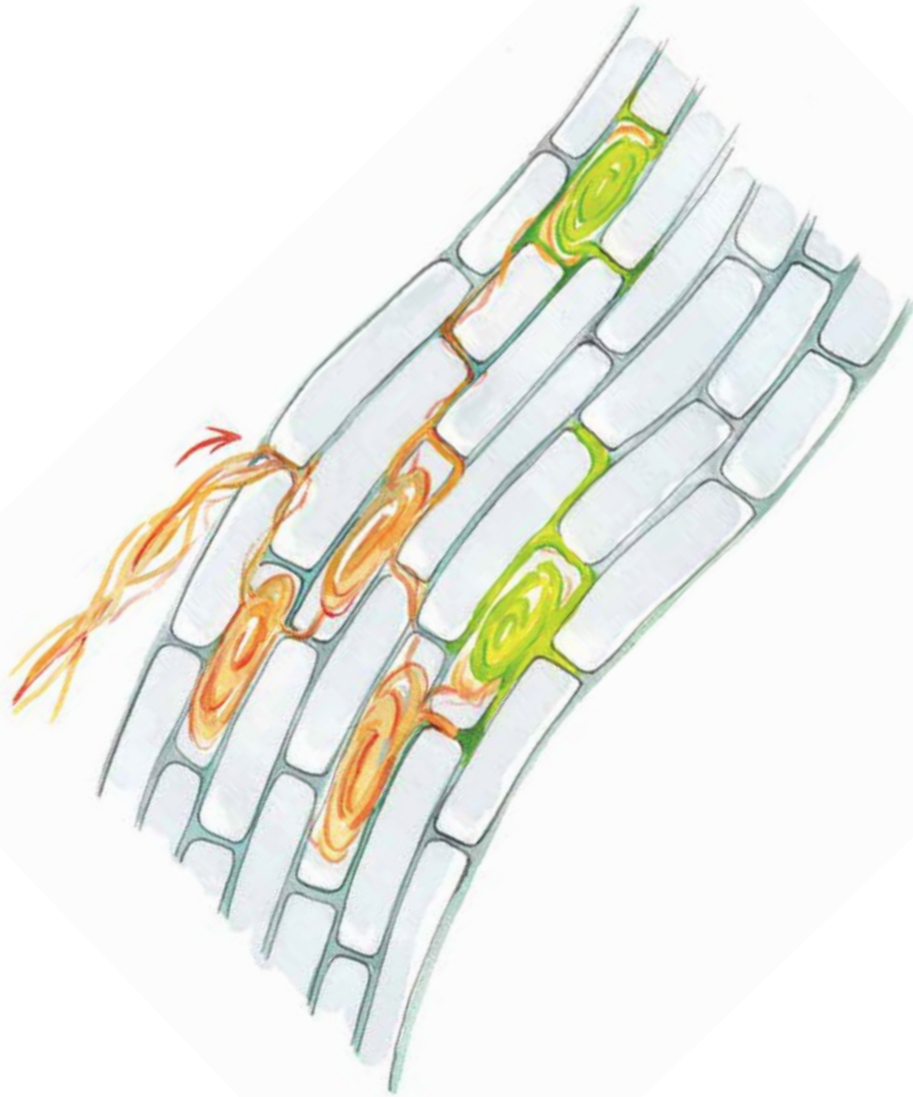
Nutrient uptake by feeder roots in a “partially built form” allows the tree to reach this apex of phytochemistry.

This predigestion of nutrients in the rhizosphere is akin to what the rumen does for the cow.





# Hyphal Lysis

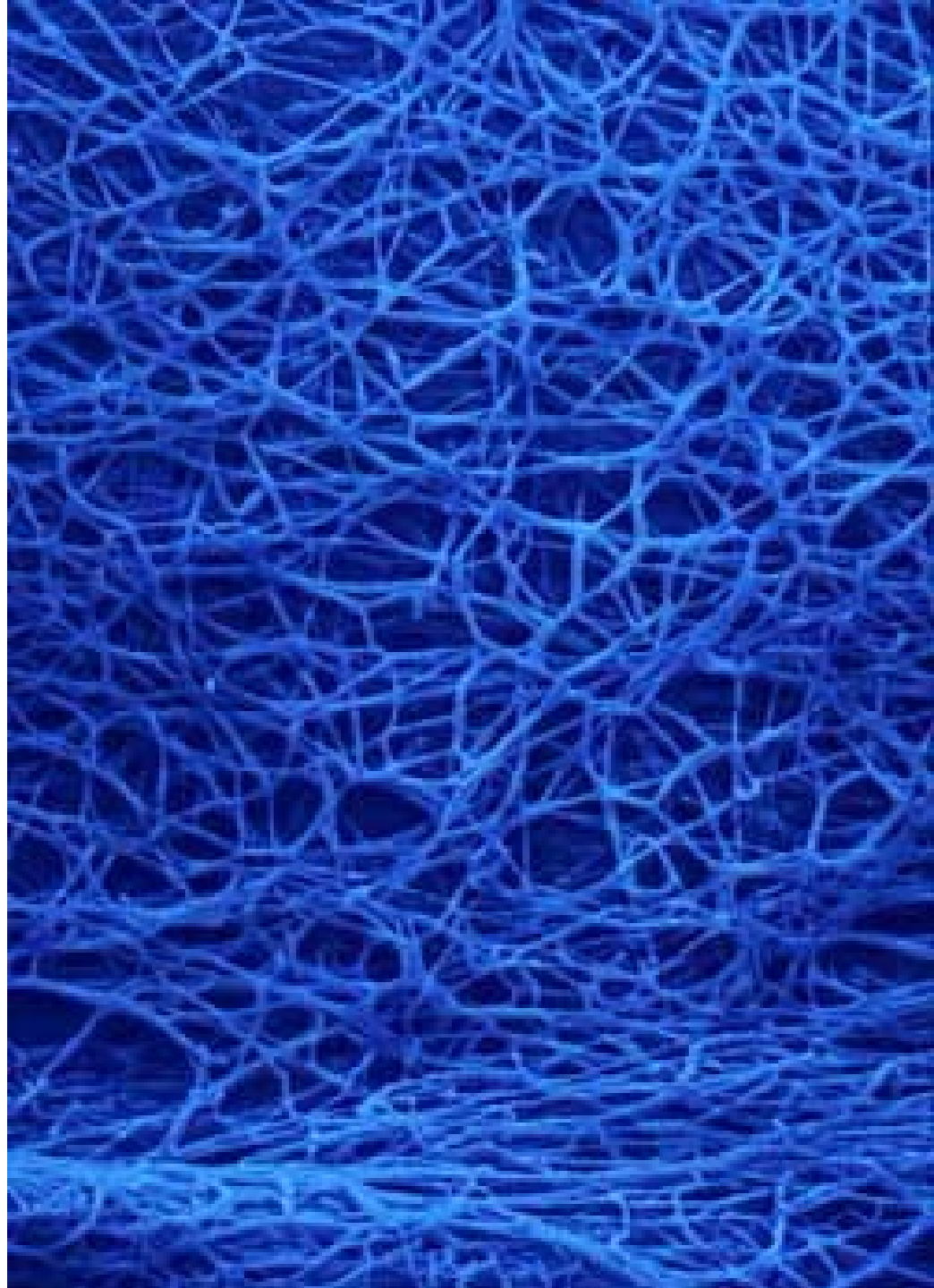


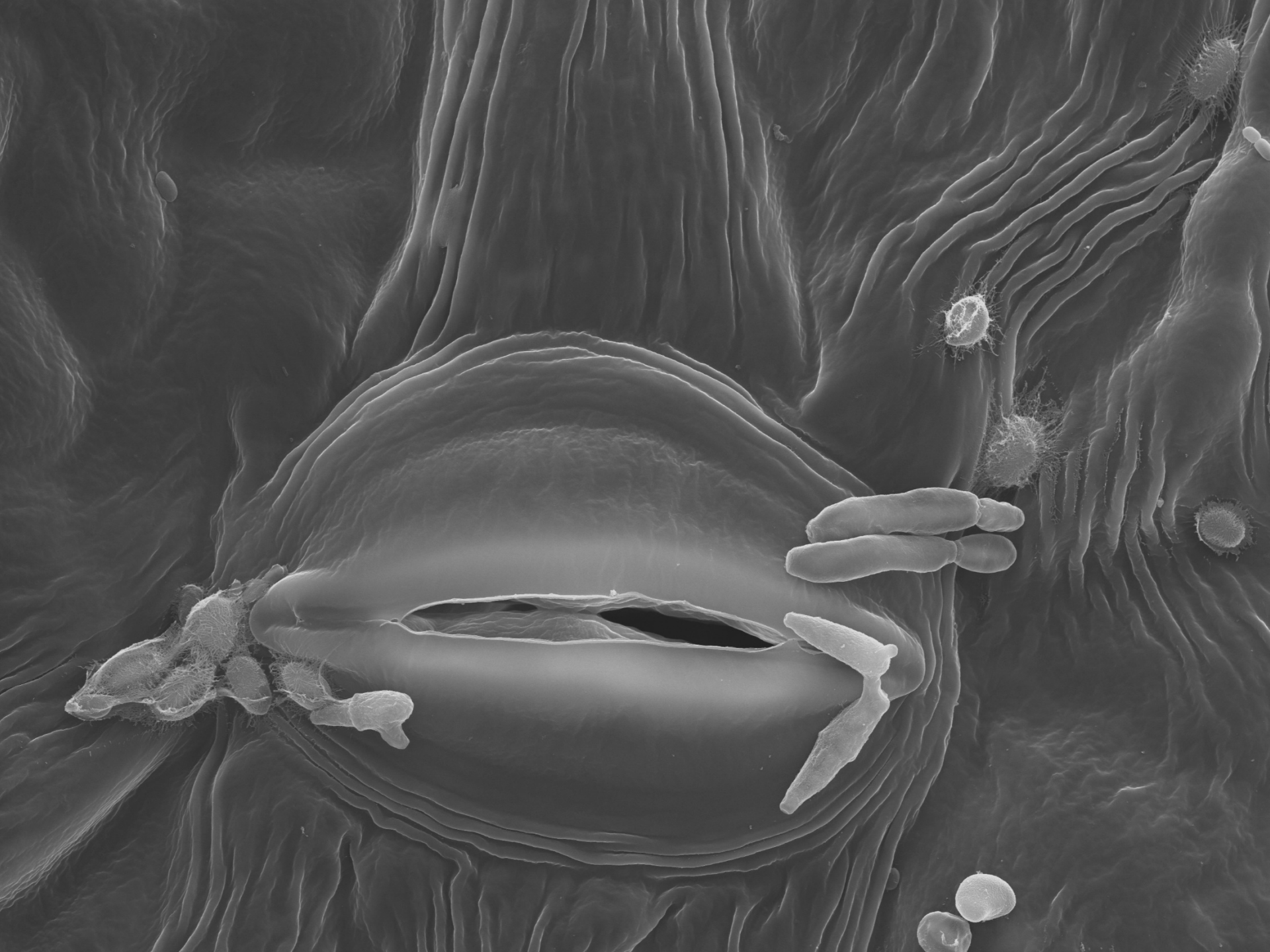
The end result of fungal disintegration within the roots is the release of lipids and complex proteins directly into plant protoplasm.

*Meaning what exactly?*  
Phantasmagoria!

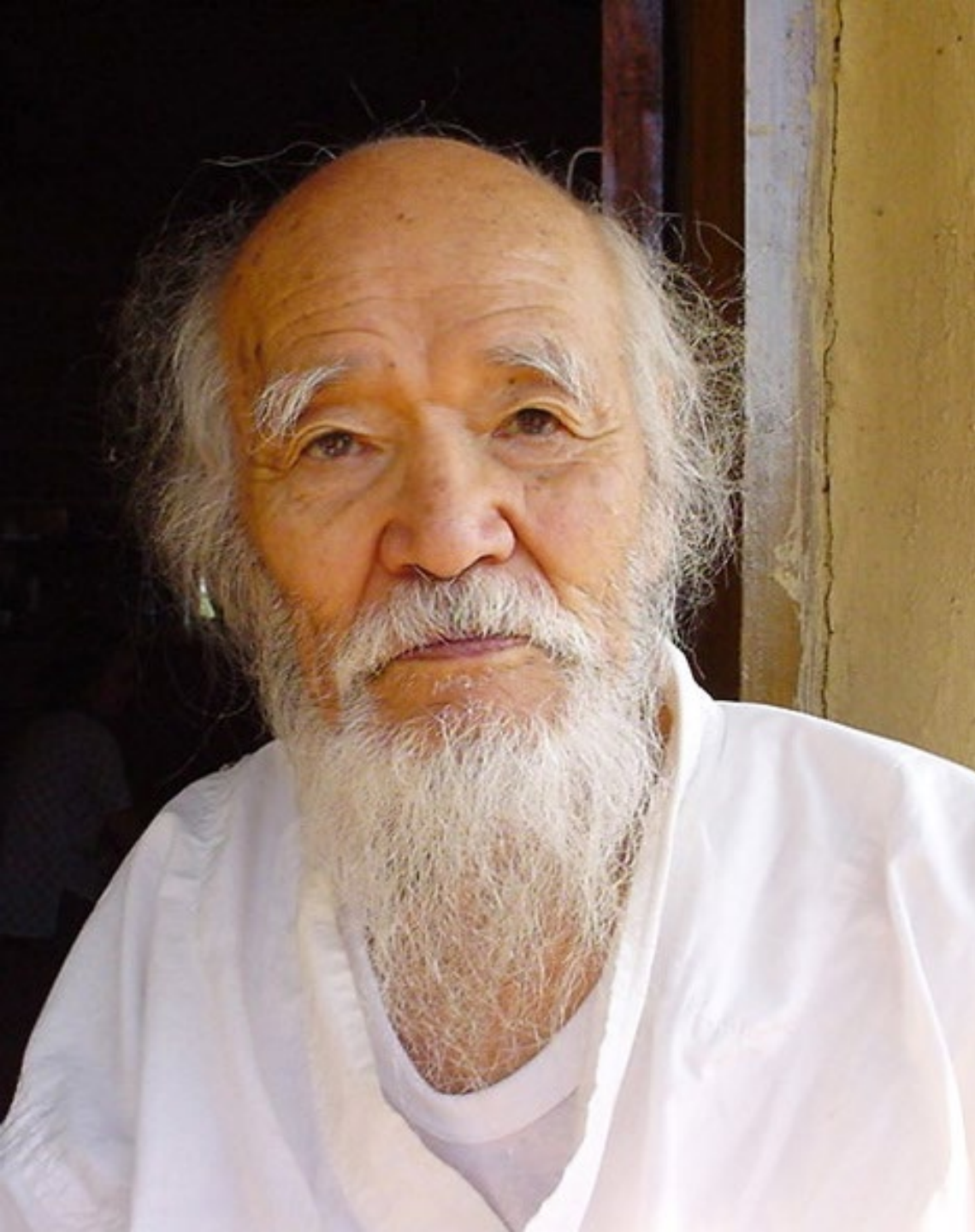
# Fungal Groupings

- Mycorrhizal fungi
- Saprotrophic fungi
- Arboreal fungi  
(yeasts, shelf mushrooms,  
endophytic fungi)
- Parasitic and  
pathogenic fungi









The healing of the  
land and the  
purification of the  
human spirit is the  
same process.

- Masanobu Fukuoka

# THE EVOLUTION OF MAN

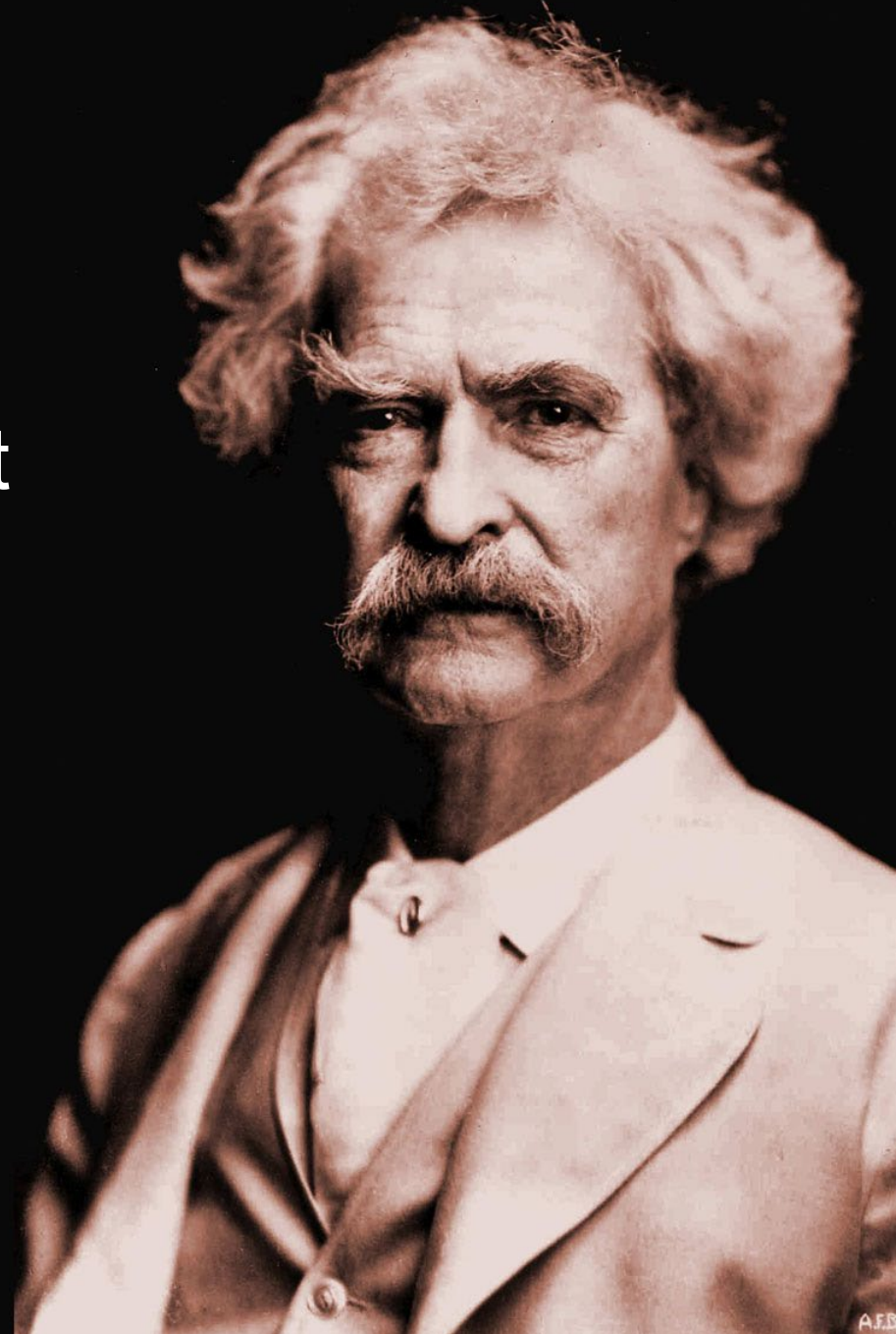
LOS ANGELES  
TIMES © 2012  
HORSEY





If voting made any  
difference, they wouldn't  
let us do it.

— Mark Twain







**Woohoo, it's  
Friday!**

**Oh wait, I'm  
a farmer.**

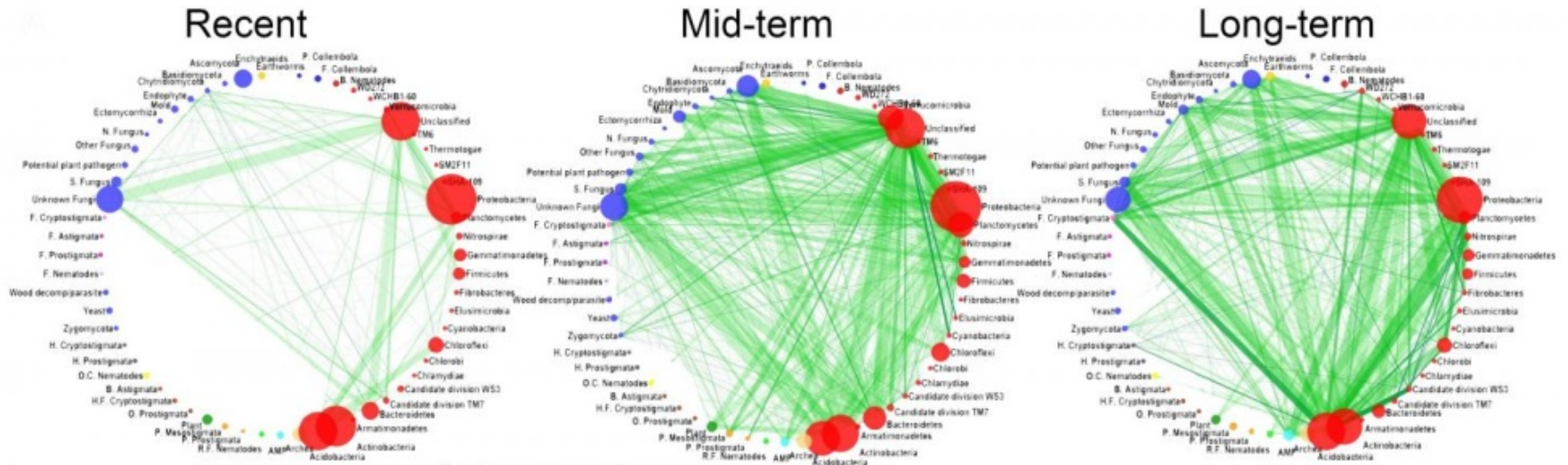


# Nondisturbance Principle

- Begin with Gratefulness
- Don't Screw Up
- Do Fungal Things
- Honor the Earth



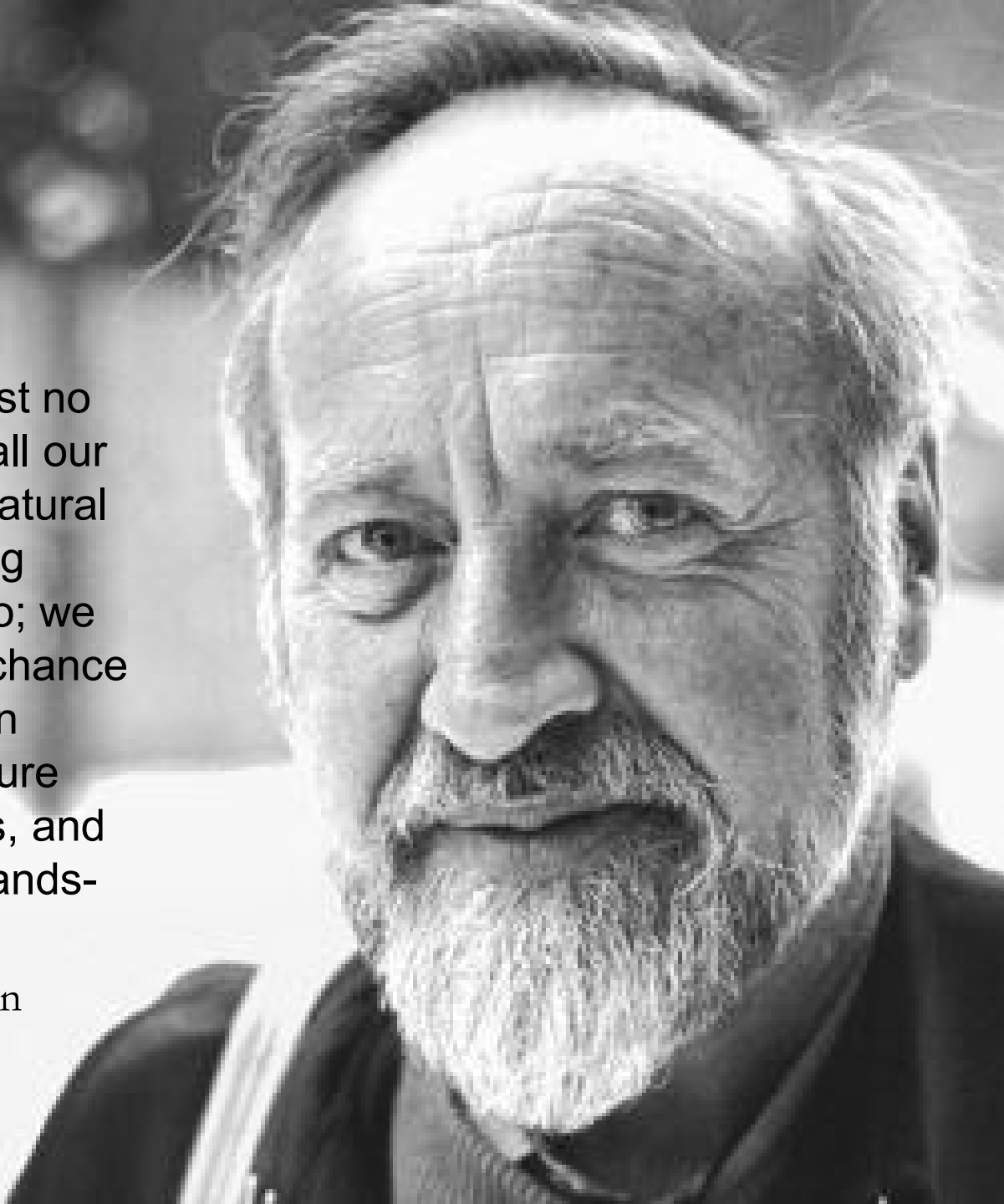
# Biological Transition





There is one, and only one, solution, and we have almost no time to try it. We must turn all our resources to repairing the natural world, and train all our young people to help. They want to; we need to give them this last chance to create forests, soils, clean waters, clean energies, secure communities, stable regions, and to know how to do it from hands-on experience.

- Bill Mollison



# Fungal Carryover

- Cover crop riffs
- Diversity superstars
- Inoculate following a nonmycorrhizal phase
- Root fragments remain when practicing surface decomposition



# Inoculate Seeds, Roots, Bulbs!

Mycorrhizal connection needs to be restored in disturbed soils.

The concept of “bacterial gardening” overlooks critical plant wisdom.







# Gaia's Secret

The mycorrhizal engine runs on photosynthesis.

*FUNGUS-ROOT:* never ever lose sight of the fact that this is a symbiotic partnership of species.

**It takes two to tango!**

Keep ground in cover throughout the bulk of the year, across the seasons, active green pumping carbon down into holy earth.

# Going Fungal at Farm Scale

Soil aggregate formation lies at the heart of fungal-friendly farming. Honoring this mycorrhizal pledge determines the wiser choices to be made at every turn.







# Cover Crop Cocktails

Seed mixes of a dozen or more cover species ensures fungal diversity and carryover.



# Plant Quorum Sensing

- Different plants have different affinities for selected beneficial soil microbial communities.
- The wider you are able to establish these microbial communities the better the “production system” will work.





**when  
diversity  
truly  
resonates ...**











Those who  
contemplate the  
beauty of the earth  
find reserves of  
strength that will  
endure as long as  
life lasts.

— Rachel Carson





The fungus-root stands revealed.  
Now it is up to each of us to care about mycorrhizae in the ecosystems we call home.