

Growing Your Own Nitrogen through Cover Crops

August 16, 2019 | Practical Farmers of Iowa | Small Grains Conference

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FEATURED

Legume cover crops play role in nitrogen enhancement

By DICK HAGEN Jun 6, 2016

Best Summer Cover Crops

For weed suppression and a major boost to soil fertility, sow these four fast-growing summer cover crops in any patch possible, even during your prime gardening season.

Cover Crops, a Farming Revolution With Deep Roots in the Past

By STEPHANIE STROM FEB. 6, 2016



Dan DeSutter, in a field of dried-up daikon radish, sunflower, turnip and hairy vetch, has been experimenting with cover crops for 17 years. David Kasnic for The New York Times

Cover crops are **HOT** news!



CROPS > GRAPES

Sonoma County grower switches cover crop regime

Veteran Sonoma County grape grower Duff Bevill of Healdsburg, Calif., is changing his cover crop regime to generate more nitrogen for his wine grape vines.

Plant cover crops in fall to protect, improve soil

By Will Hehemann
UAPB School of Agriculture, Fisheries and Human Sciences
October 21, 2016

Cover crop: non-cash crop plants integrated into cash crop rotations

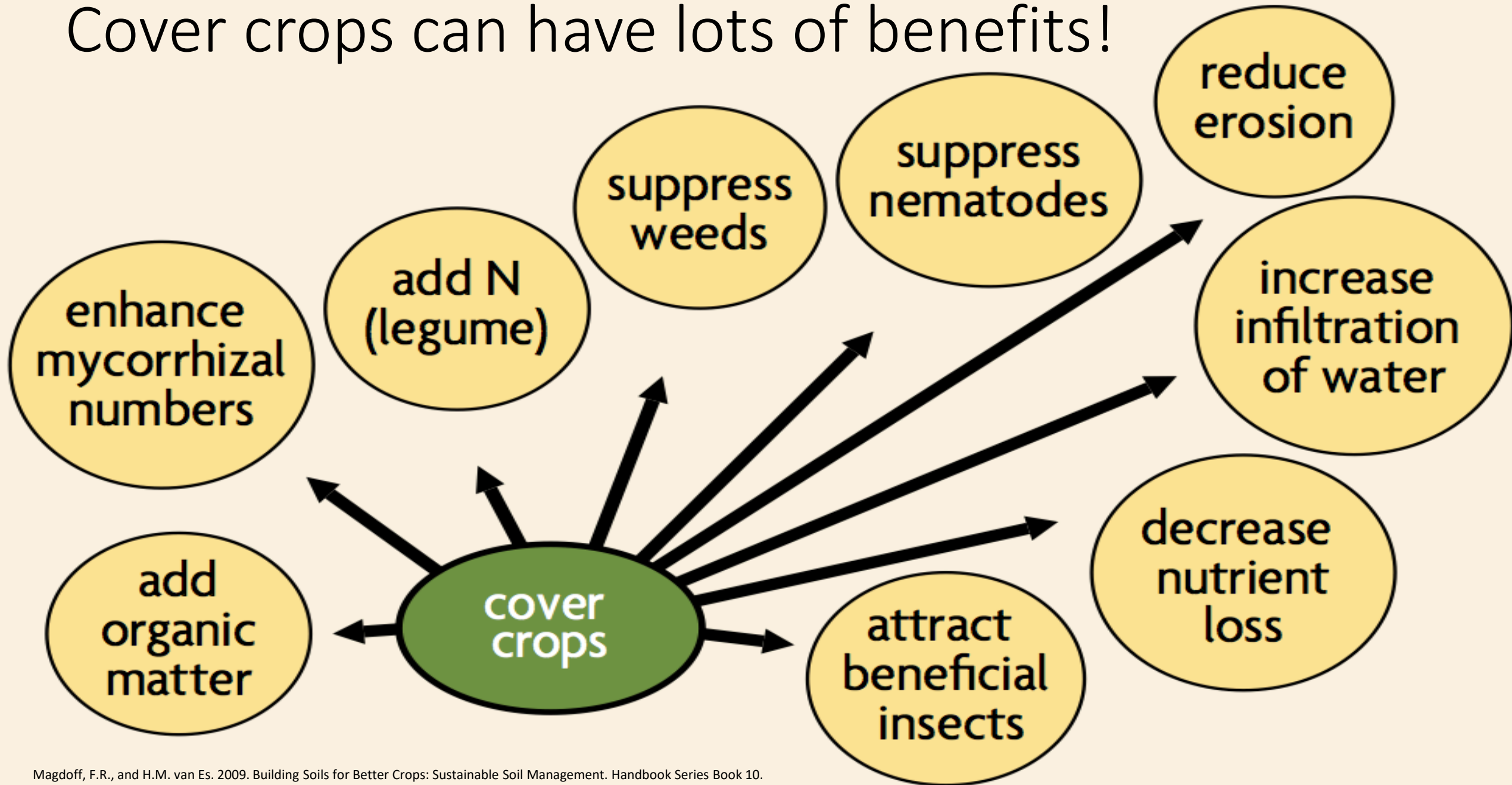
Spatial or temporal integration

Range of interconnected benefits



Our lab optimizes legume management to provide non-legume plants with nitrogen they need for growth, and improve soil quality and functioning, especially in organic systems.

Cover crops can have lots of benefits!





Free fertilizer!

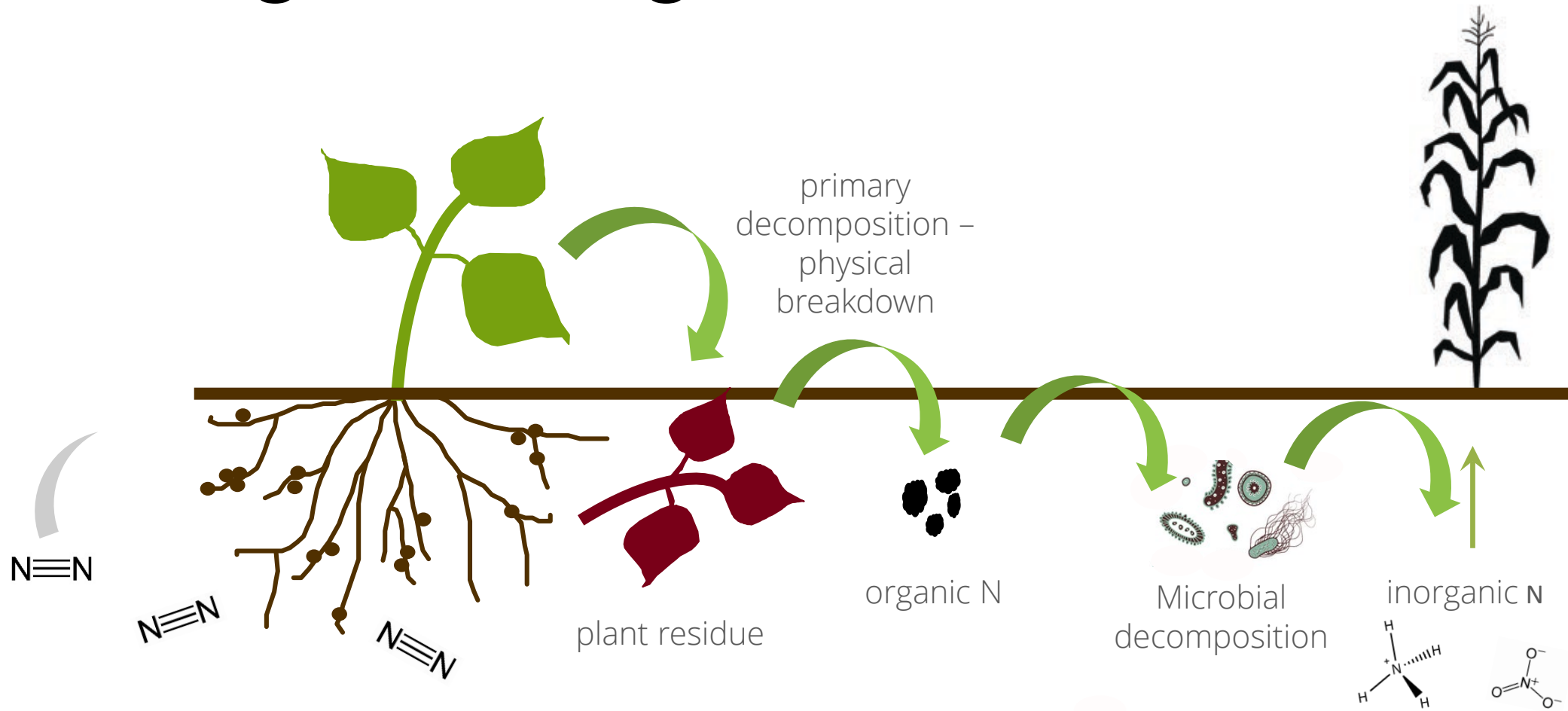
Table 9.5. Green manure nitrogen credits.

Crop	< 6" growth	> 6" growth
————— lb N/a to credit —————		
Alfalfa	40	60–100 ^a
Clover, red	40	50–80 ^a
Clover, sweet	40	80–120 ^a
Vetch	40	40–90 ^{a,b}

^a Use the upper end of the range for spring seeded green manures that are plowed under the following spring. Use the lower end of the range for fall seedings.

^b If top growth is more than 12 inches before tillage credit 110–160 lb N/a.

Biological Nitrogen Fixation



Management of legumes to meet goals of organic agriculture can take place at two main points:

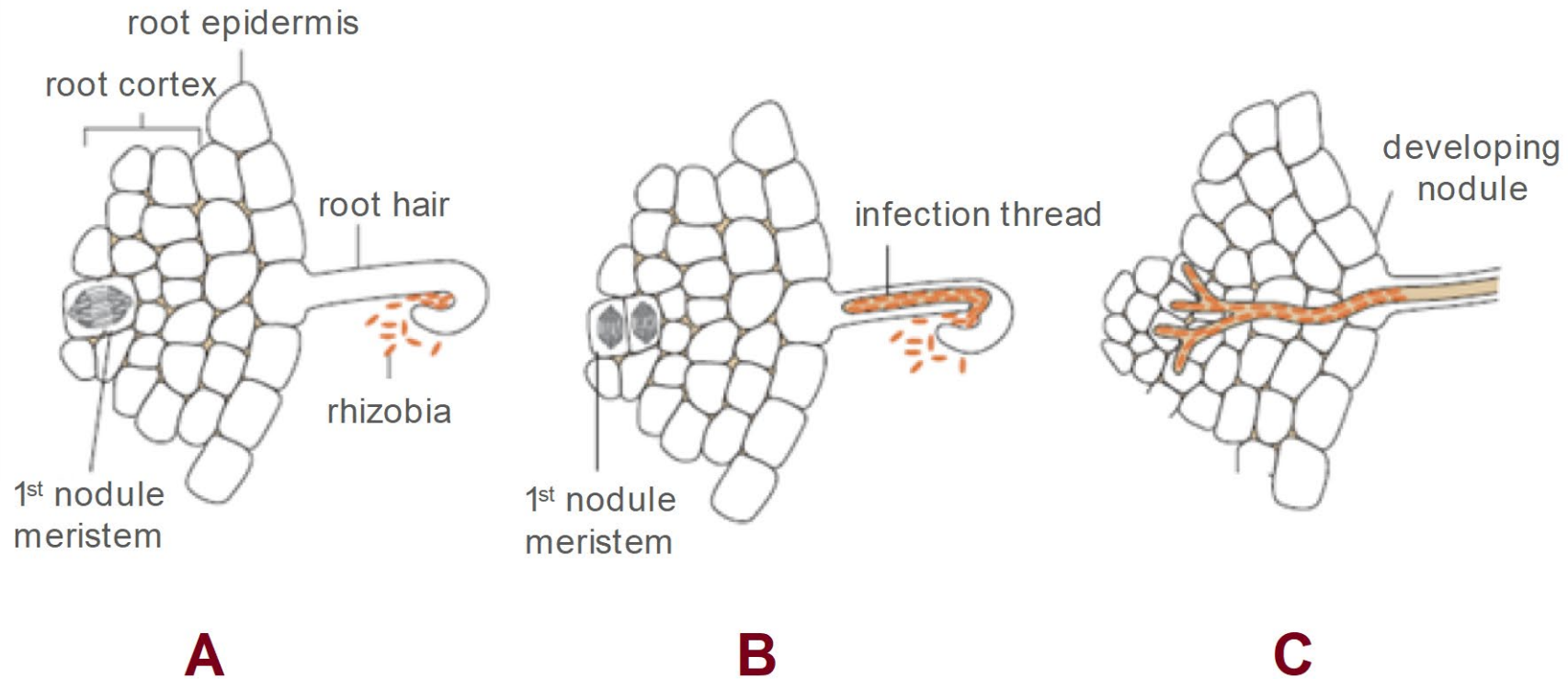
Managing the
symbiosis



Managing the residue



Rhizobial infection

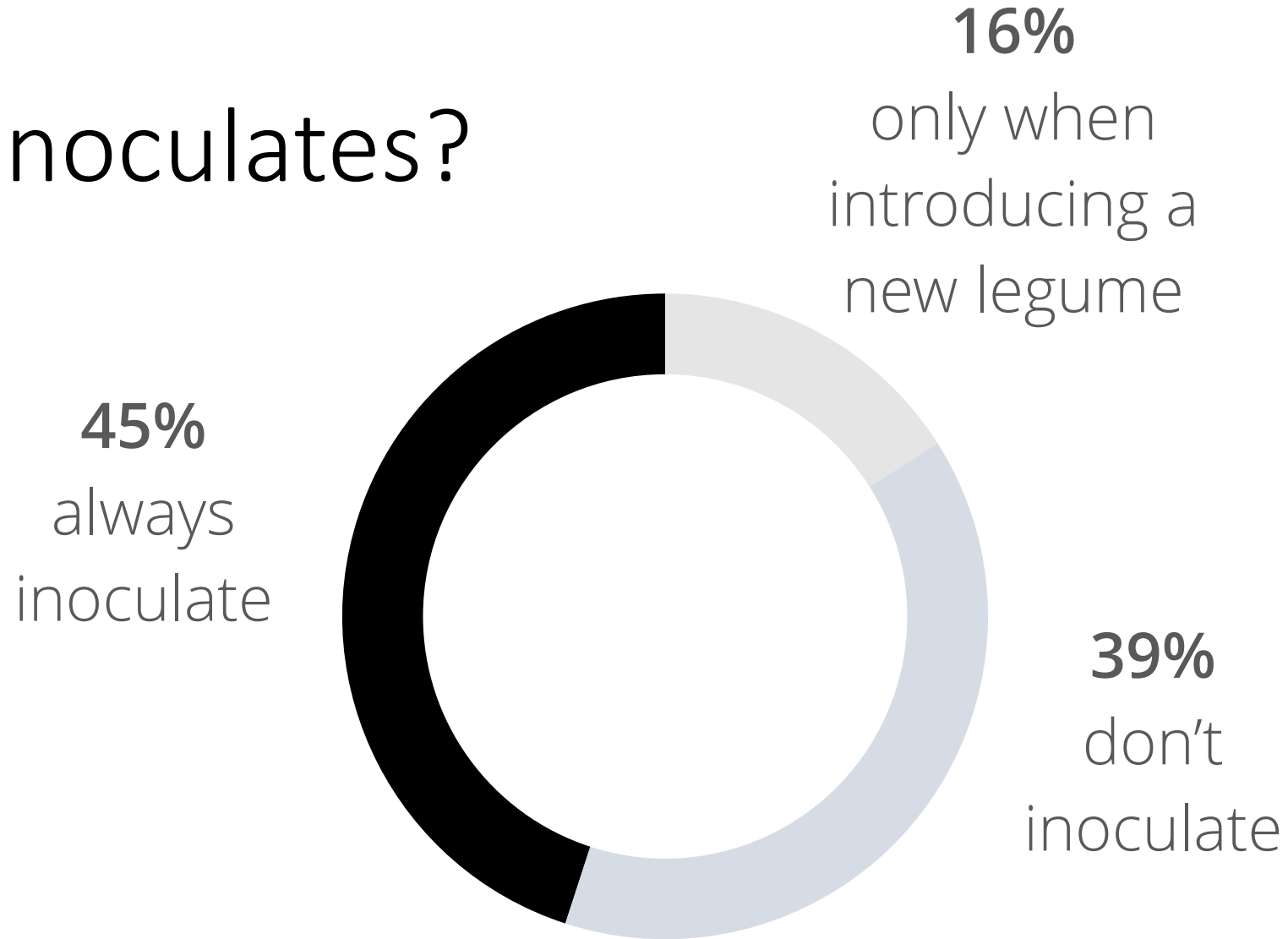


Lévai & Veres (2013)



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Who inoculates?



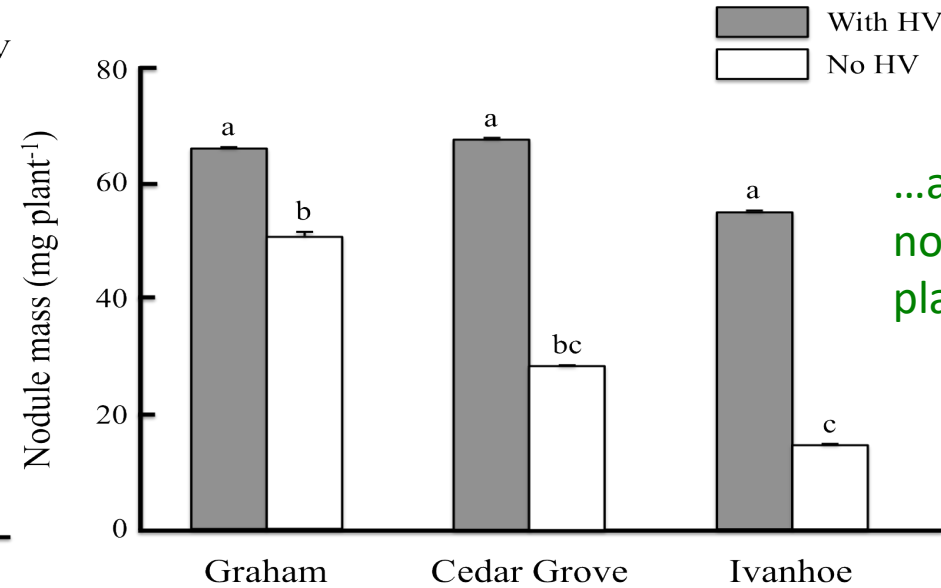
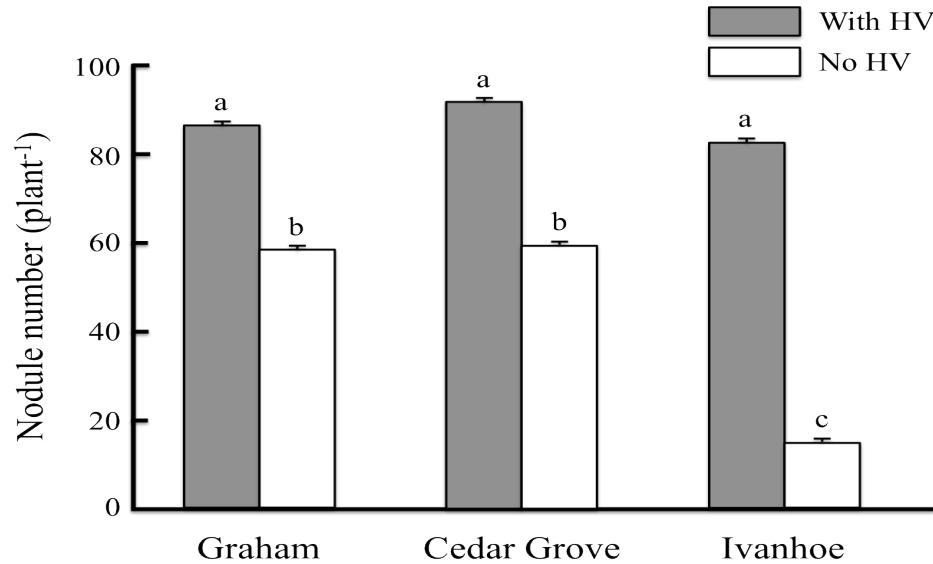
O'Connell *et al.* (2014)



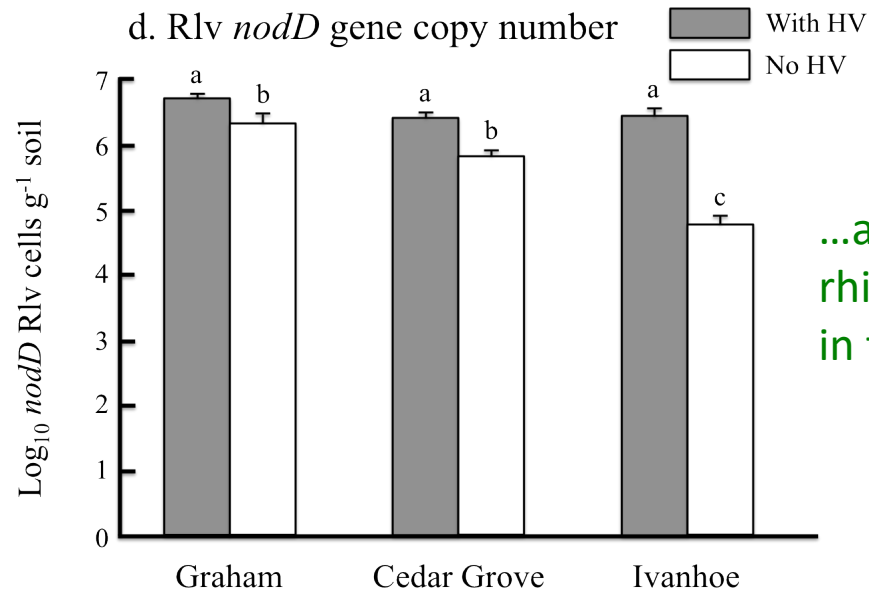
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Having legumes in rotation with cash crops modifies and improves rhizobia population size

History of Hairy vetch (HV) in the rotation increased nodule number per plant



...as well as nodule mass per plant...

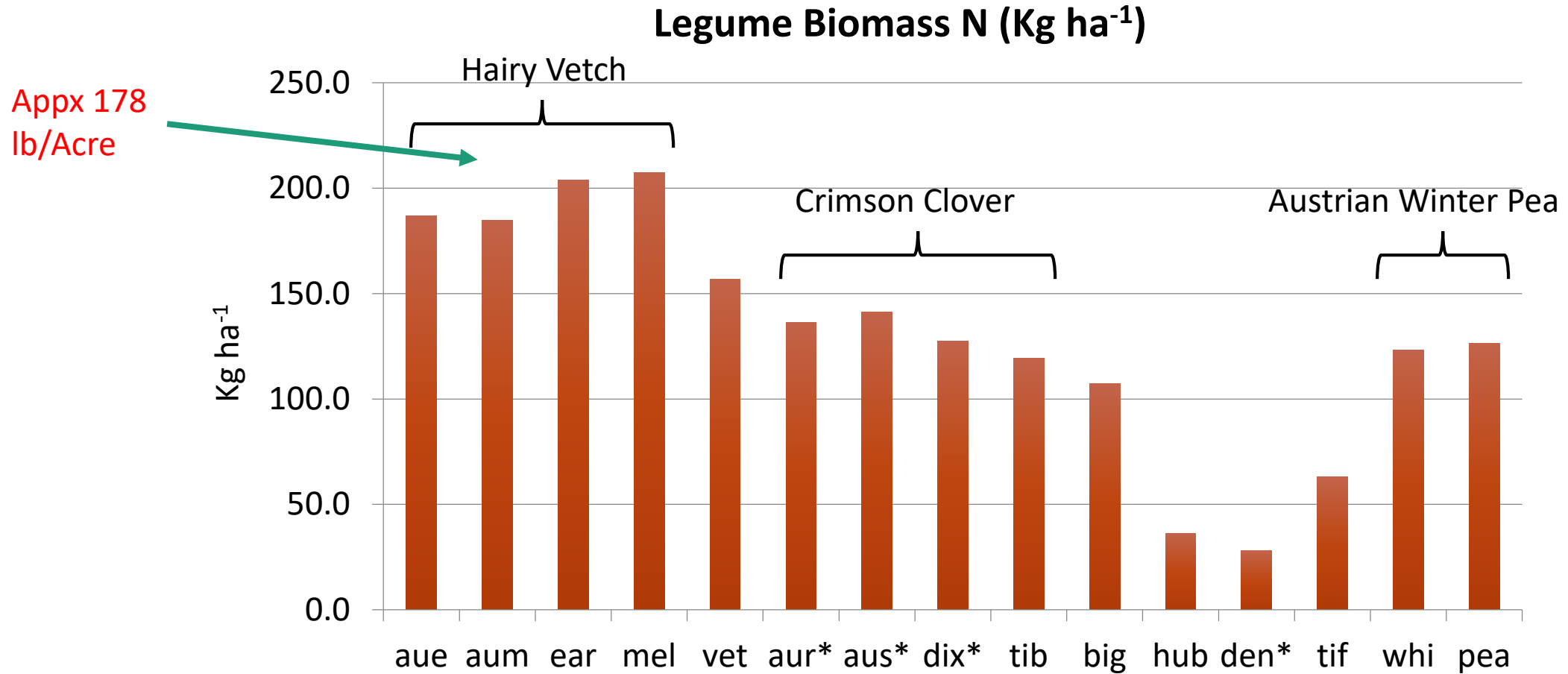


...and number of rhizobia present in the soil



Nape

Total legume N contributed can be high in Southern regions of US



* Designates 1 year of data only

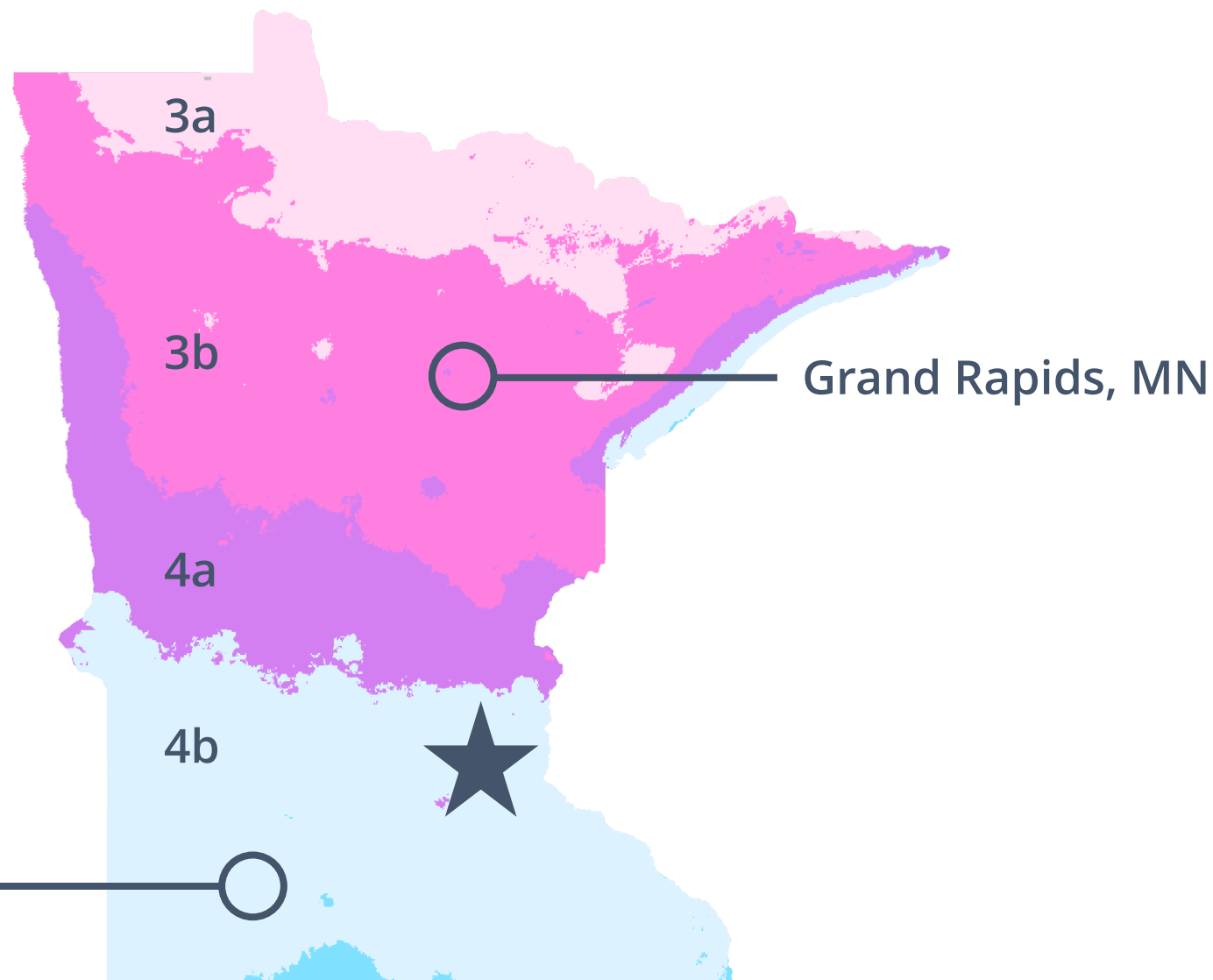
Parr, Grossman, et al., *Agronomy Journal*, 2011



Sharon

How much N (and especially fixed N) can winter annual legume contribute in the Upper Midwest?

Lamberton, MN



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Cover crop legume treatments



Hairy vetch 1
(*Vicia villosa* R.)



Hairy vetch 2
(*Vicia villosa* R.)



Red clover
(*Trifolium pretense*)



With inoculant



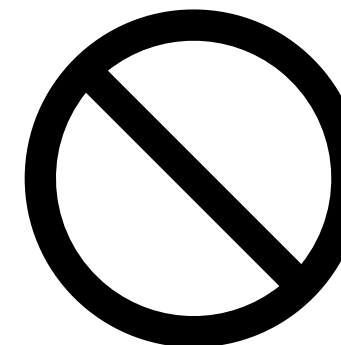
Mix (*Vicia villosa* R. 2 +
Secale cereale L.)



Cereal rye (*Secale
cereale* L.)




Bare ground
control



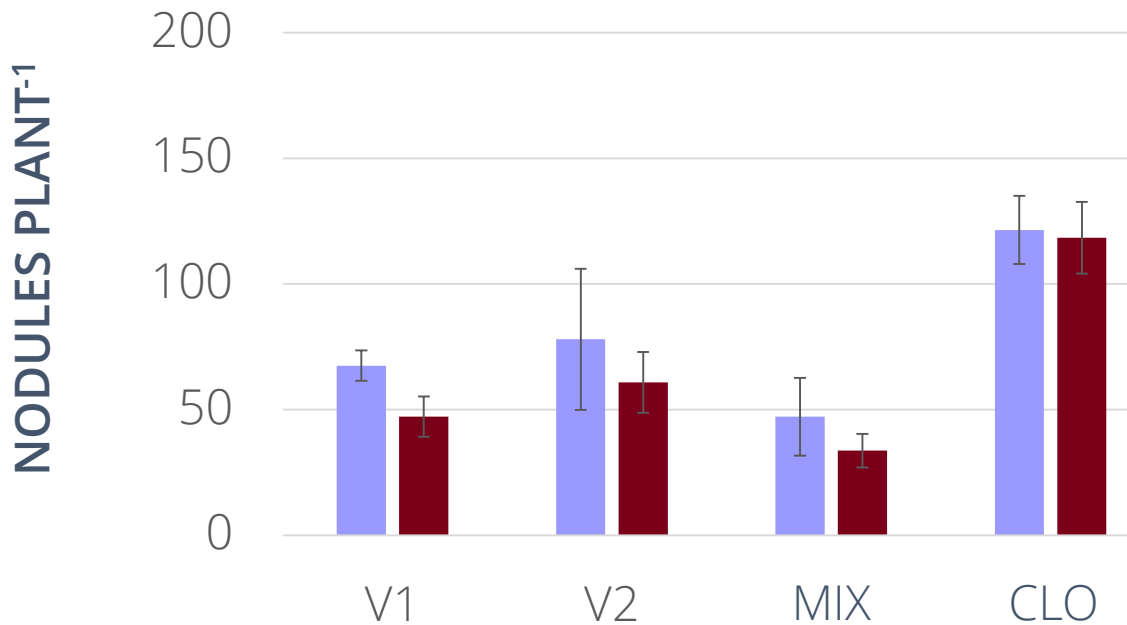
Without inoculant



Does inoculation increase nodulation?

KEY
V1 = vetch
V2 = vetch
MIX = Vetch + Rye
Clo = Red Clover
Inoculated 
Uninoculated 

Grand Rapids



- Nodule mass
- Total shoot biomass
- Total shoot N
- %Ndfa

All treatments are not significant at $\alpha = 0.05$.
*Error bars represent standard error.

Shoot biomass and plant N

In MN, overwintered legumes contribute between 26 – 79 lbs/acre N

Doesn't quite give us enough time to get what we need! Small grains may provide a longer fall growth period and thus increase N contribution

Trt	2015-2016				2016-2017			
	Grand Rapids		Lamberton		Grand Rapids		Lamberton	
	Biomass	N	Biomass	N	Biomass	N	Biomass	N
	Mg ha ⁻¹	kg ha ⁻¹	Mg ha ⁻¹	kg ha ⁻¹	Mg ha ⁻¹	kg ha ⁻¹	Mg ha ⁻¹	kg ha ⁻¹
MIX	2.5 ab	39 b	3.1 ab	79 a	1.9 a	29 a	3.7 a	81
V1	1.5 b	52 ab	2.0 bc	74 a	ND*	ND	1.8 b	85
V2	1.8 ab	71 a	1.9 c	73 a	0.3 b	10 ab	2.2 b	82
CLO	0.9 c	30 b	0.6 d	23 b	0.1 b	3 b	2.0 b	72
RYE	3.0 a	35 b	3.7 a	53 a	1.9 a	29 a	3.7 a	52

*ND, Not Determined

Perrone et al., 2018, In preparation



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Nitrogen Fixed

Trt	2015-2016				2016-2017			
	Grand Rapids		Lamberton		Grand Rapids		Lamberton	
	%Ndfa	kg ha ⁻¹	%Ndfa	kg ha ⁻¹	%Ndfa	kg ha ⁻¹	%Ndfa	kg ha ⁻¹
MIX	99 a	9 c	74 a	30 bc	82	1	100 a	30 b
V1	84 ab	43 a	66 ab	51 a	ND*	ND	65 b	54 a
V2	38 bc	36 ab	45 b	33 ab	103	1	60 b	48 ab
CLO	36 c	11 b	60 ab	13 c	53	10	53 b	37 ab

*ND, Not Determined

Perrone et al., 2018, In preparation Table 6.



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Management

When growing a cover crop 3 things need to happen:

1. Planting
2. Termination
3. Incorporation

Management - planting

But I don't have time to squeeze them in!

- **Difficult after corn**
interseeding, underseeding



Management – planting

New technologies from maize systems may provide the opportunity to interseed cover crops into standing crops, like corn

Cereal rye aerially interseeded at corn maturity

(Wilson et al., 2013)



Photo: NRCS, The Recorder

Annual ryegrass and mixtures with legumes drill-interseeded at V2-V6

(Curran et al., 2018)



Photo: Dr. Greg Roth, Penn State Extension

Interseeding with different levels of soil disturbance at V7

(Noland et al., 2018)



Photo: Alexander Hard, UMN Extension

Small grains may provide new cover crop opportunities

1. Warm Season annuals

2. Perennial clovers

3. Cool season annuals



Berseem clover, crimson clover



Medium red clover



Field pea, hairy vetch



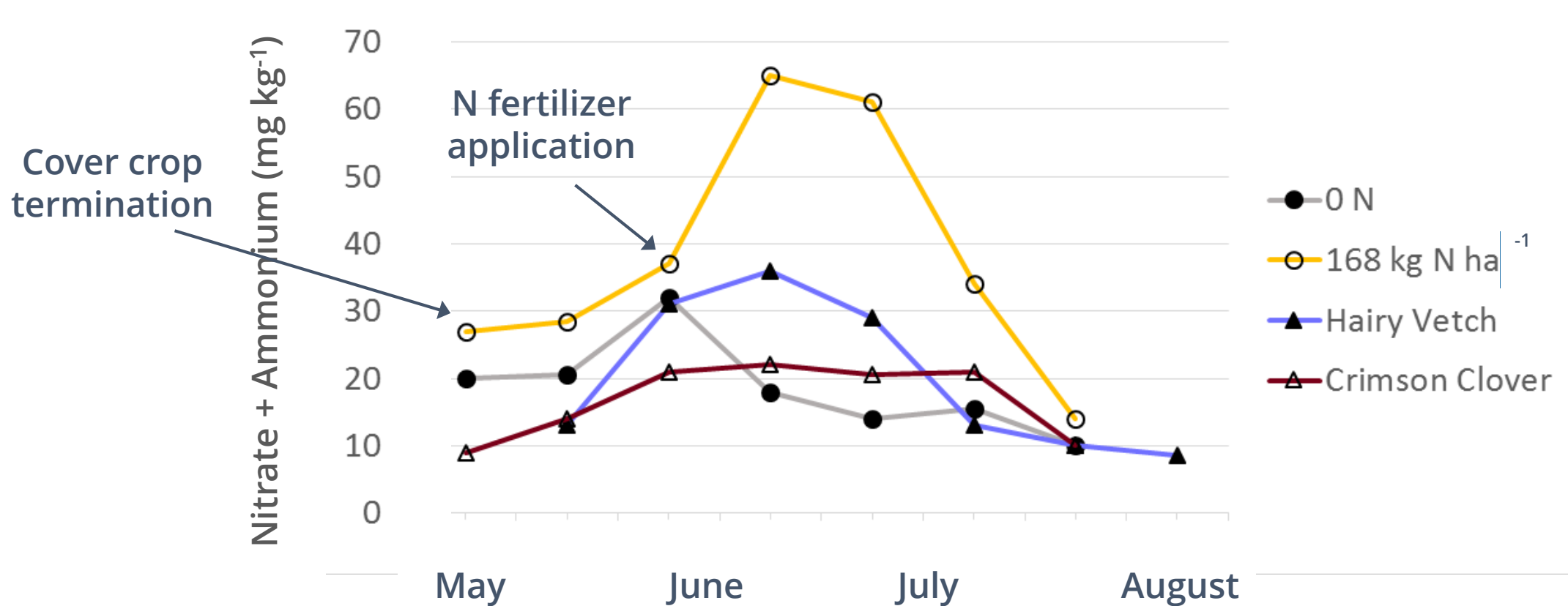
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Management - termination

- Termination goal: 50% of plants flowering
- Flowering = max nitrogen
- What if I let the cover crop go to seed?
 1. Weedy next year
 2. Nitrogen tied up in seed, not biomass



N from legume is released slowly over season

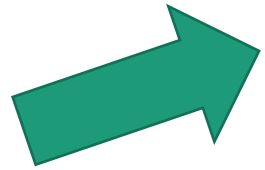


Parr, Grossman *et al.* Communications in Soil Science and Plant Analysis (2014)

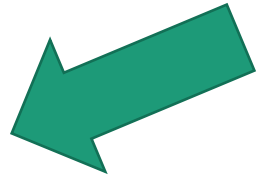


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Challenges: nutrient immobilization



Very mature crimson
clover mulch



Hairy vetch
mulch

Management – incorporation

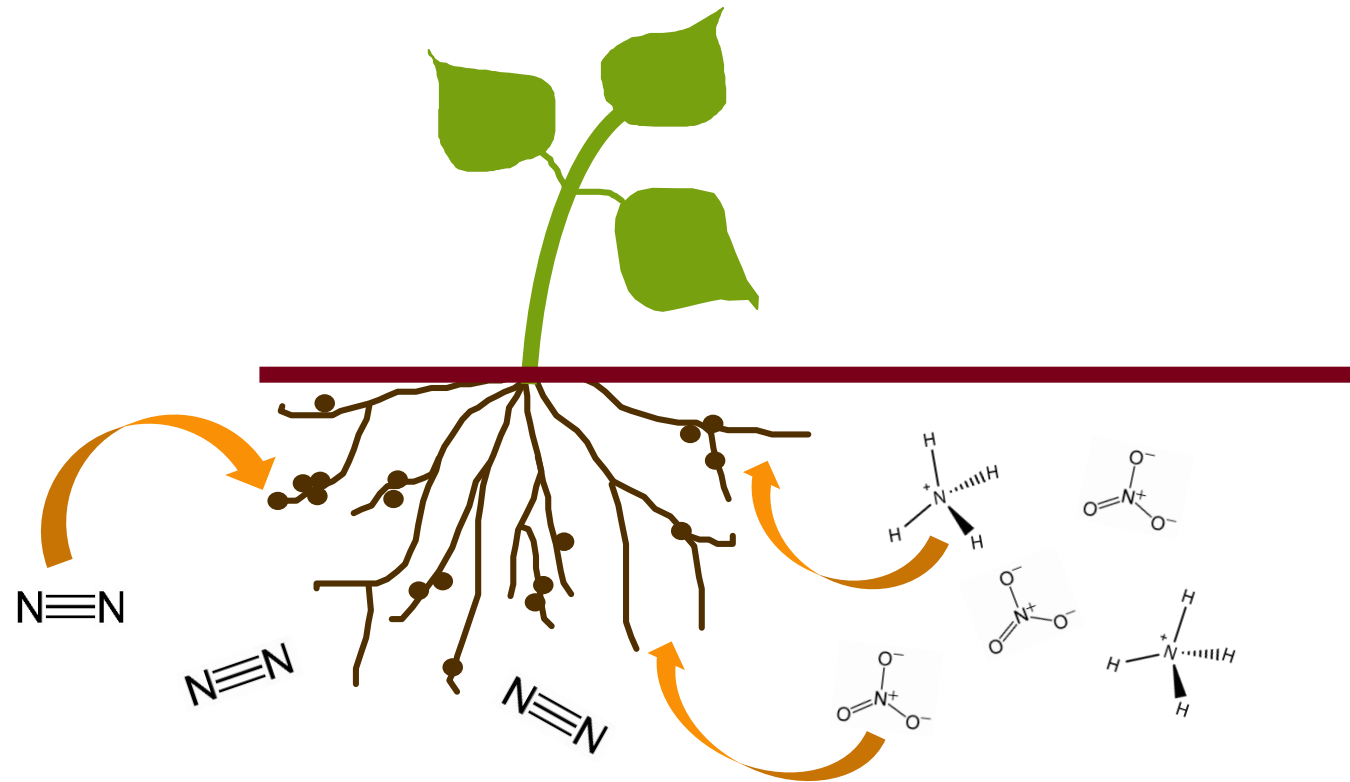
Residue on surface?



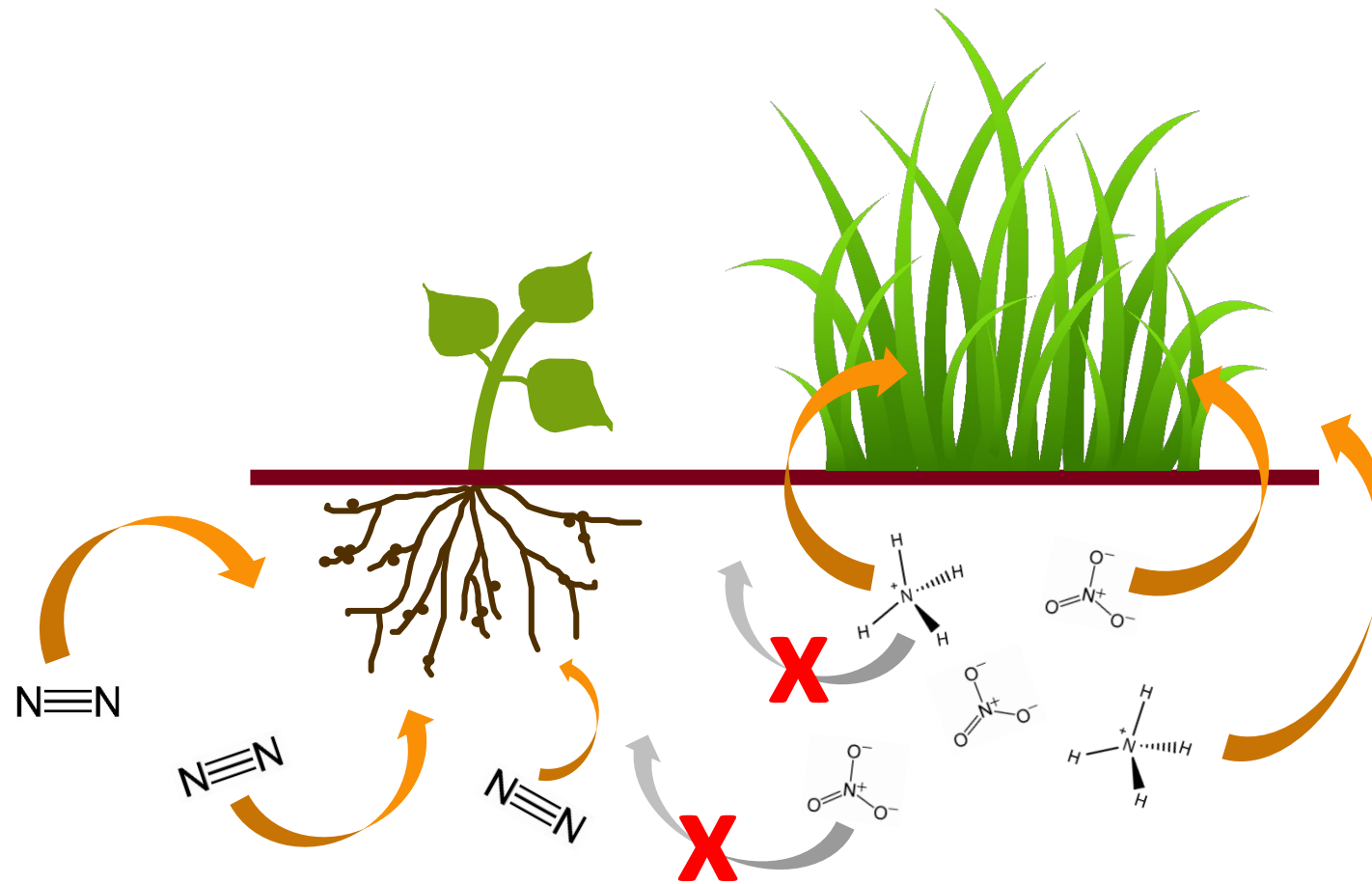
Residue incorporated?



Management - Legumes & grasses in biculture



Management - Legumes & grasses in biculture



How much nitrogen did we add with a cover crop?

- Let's say we grew medium red clover (in the rotation described by Graham Adsit yesterday – so beautiful!)
- We got a strong stand; how to we determine how much nitrogen we got from the crop?

What information do you think we need to know?

- 1.
- 2.
- 3.

Estimating N credits from cover crops

What we need to know:

1. How much plant material is in a given area
2. How much nitrogen is in that material
3. How quickly will the material decompose and become available

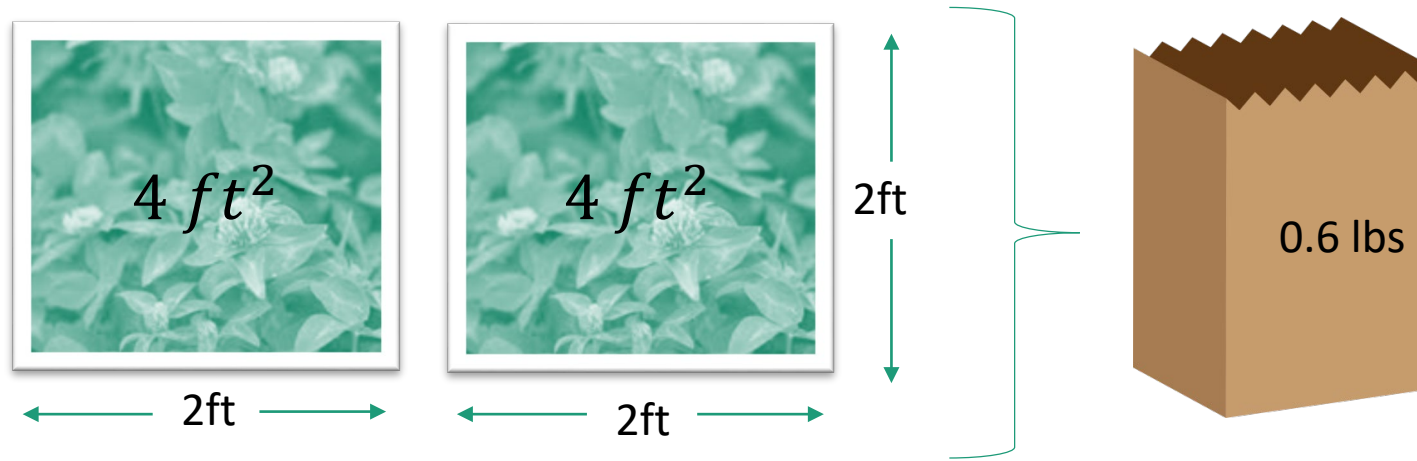
1. How much plant material is in a given area?



Sample your biomass!

- Use a ruler or yardstick to measure out a known area in your cover cropped area
- Clip the plants within the square *at several places in your field*
- Dry the samples in the oven (or truck dash) until they are crunchy dry

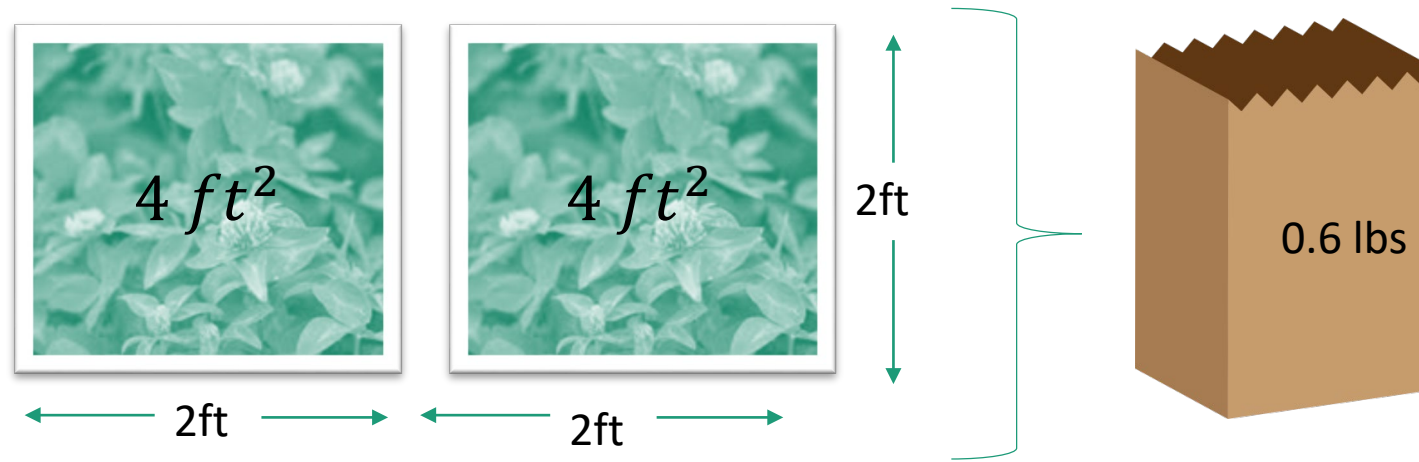
1. How much plant material is in a given area?



CONVERT TO BIOMASS per ACRE

$$\frac{\text{dry sample weight (lb)}}{\text{area sampled (ft}^2\text{)}} * \frac{43,560 \text{ ft}^2}{\text{acre}} = \frac{\text{lbs biomass}}{\text{acre}}$$

1. How much plant material is in a given area?

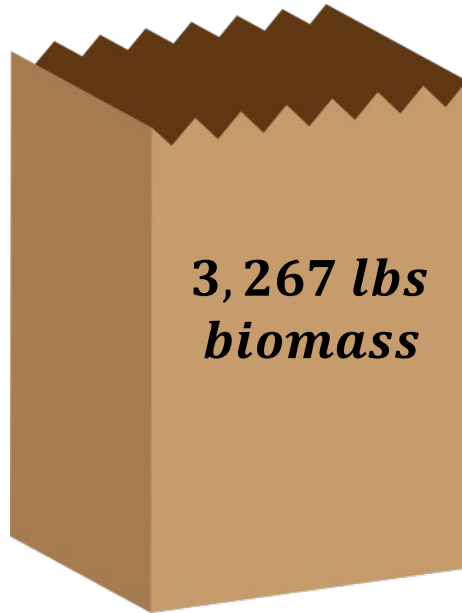


HOW MUCH BIOMASS PER ACRE DO I HAVE?

$$\frac{\text{dry sample weight (lb)}}{\text{area sampled (ft}^2\text{)}} * \frac{43,560 \text{ ft}^2}{\text{acre}} = \frac{\text{lbs biomass}}{\text{acre}}$$

$$\frac{0.6 \text{ lbs}}{8 \text{ ft}^2} * \frac{43,560 \text{ ft}^2}{\text{acre}} = \frac{3,267 \text{ lbs biomass}}{\text{acre}}$$

2. How much nitrogen is in that material?



Cover Crop	Examples	% N
Legumes	Hairy vetch Clovers Pea Sunn hemp	4% at flowering 3% as seeds are maturing
Non-legume grasses	Rye Oat Sorghum sudangrass	3% at flowering 2% as seeds are maturing
Non-legume broadleaves	Buckwheat Tillage radish Canola	Similar or a little less than grasses

$$3,267 \text{ lb biomass /acre} \times 0.04 =$$

130 lbs N from cover crop!

3. How quickly will the material decompose and become available?

MICROBES HAVE TO EAT THE MATERIAL
FOR IT TO BE AVAILABLE FOR PLANTS

Leave the cover
crop on the surface



40% will be available in year 1

Incorporate it
belowground



50% will be available in year 1

3. How quickly will the material decompose and become available?

MICROBES HAVE TO EAT THE MATERIAL
FOR IT TO BE AVAILABLE FOR PLANTS

Leave the cover crop
on the surface



40% will be available in year 1

$$130 \text{ lb N} \times 0.4 = 52 \text{ lb N/ac}$$

Incorporate it
belowground



50% will be available in year 1

$$130 \text{ lb N} \times 0.5 = 65 \text{ lb N/ac}$$

Managing Cover Crops Profitably

THIRD EDITION



What to grow, why to grow it
and how to grow it!

SARE publication; FREE!

Thank you!

Julie Grossman
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