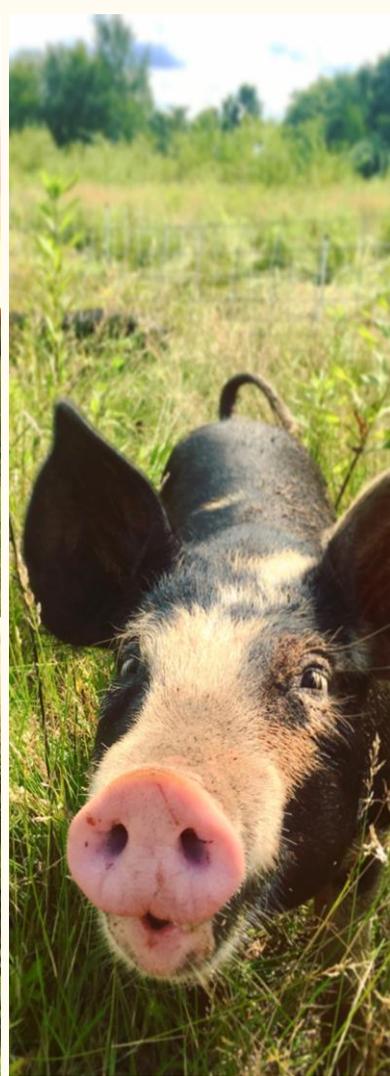




Start Shepherding from Scratch

Practical Farmers of Iowa
Winter Conference 2021

Hannah Bernhardt
Medicine Creek Farm



Grass Fed Beef
and Lamb
Pastured Pork









Belly Rub Bacon

Healthy Pigs. Happy Meat.

KENYON, MN
612-483-5121
BELLYRUBBEDBACON@GMAIL.COM





April 2015 - Finlayson, MN

160 ACRES.
20 SHEEP. 15 PIGS.
2 COWS. 16 CHICKENS. 4 DOGS.
0 INFRASTRUCTURE.







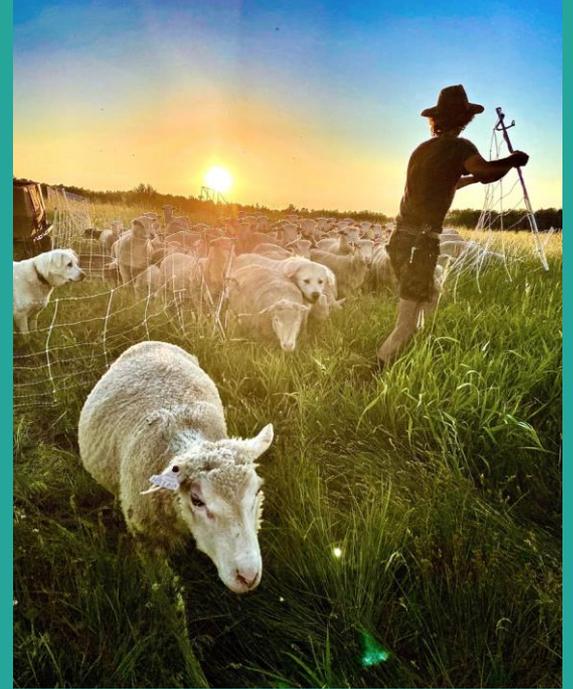
ewes - \$350/each
feeders - \$125/each
guard dogs - \$500/each



Tamarack Sheep - Grass Fed Genetics
Pasture Lambing - No Barn

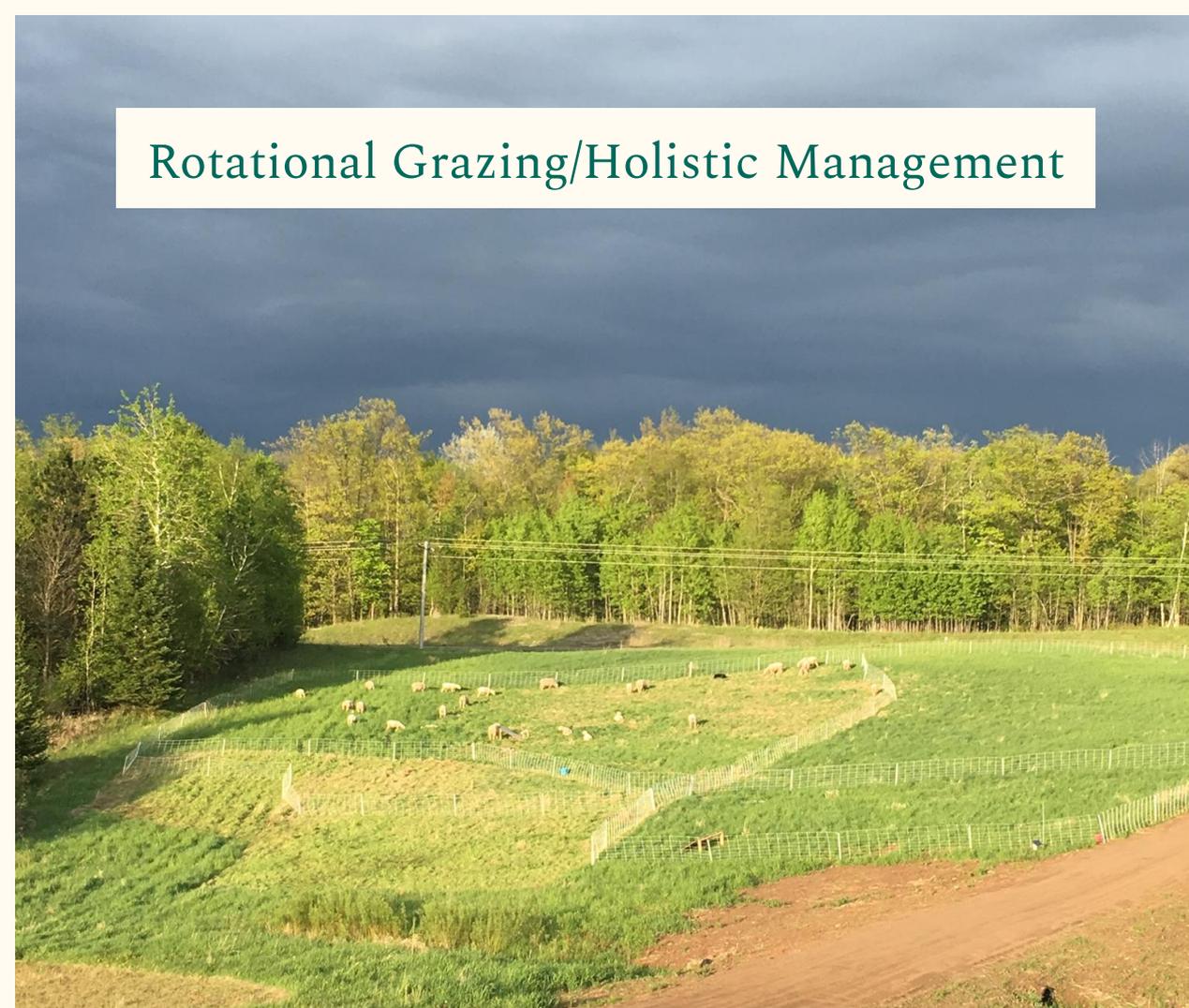


Livestock Guardian Dogs



INFRASTRUCTURE

Rotational Grazing/Holistic Management





Fencing

Moved Daily/Weekly [\(Temporary\)](#)



ElectroNet® and ElectroNet® Plus 9/35/12 Electric Netting

When properly energized, 35" tall ElectroNet is a nearly impenetrable mesh to sheep, goats, coyotes and dogs. Because it's so easy to install and remove, many move ElectroNet... [Read More »](#)



ElectroStop® and ElectroStop® Plus 10/42/12 Electric Netting

42" ElectroStop is a nearly impenetrable mesh to sheep, goats, coyotes and dogs, when installed and energized properly. [Read More »](#)



Sheep & Goat Net 8/35/6

Sheep & Goat Net is a 35" tall, prefabricated fence that protects sheep, goats and cattle and keeps out bears, foxes and coyotes. [Read More »](#)

\$125/roll - 164 ft. x 35"



Fencing



Solar Chargers
\$75-500



Watering

- 4-wheeler - \$2,250
- livestock trough - \$80
- water tank - \$150
- trailer - \$250





Watering



Shade





Shade



Working Area

6 hog panels - \$175

8 t-posts - \$35

Post pounder - \$25

Zip ties - \$5



Shearing



Transportation





THE NATIONAL YOUNG FARMERS COALITION HAS PUBLISHED A GUIDEBOOK TO HELP YOUNG FARMERS AND RANCHERS NAVIGATE THE CREDIT OPTIONS OFFERED BY THE FARM SERVICE AGENCY.

FSA Microloan



Farm Service Agency

U.S. DEPARTMENT OF AGRICULTURE

LOAN NAME	FOR WHAT	RATES	MAX \$
MICROLOAN OPERATING	Anything from annual cash flow to livestock, equipment, refinancing and certification costs.	3.0%*	\$50,000
DIRECT OWNERSHIP LOAN	For buying a farm, capital improvements, conservation projects.	3.750%	\$300,000
MICROLOAN OWNERSHIP	For buying a farm, capital improvements, conservation projects.	3.750%	\$50,000



WINTER CONSIDERATIONS

Winter Management - Bale Grazing







Fencing Challenges





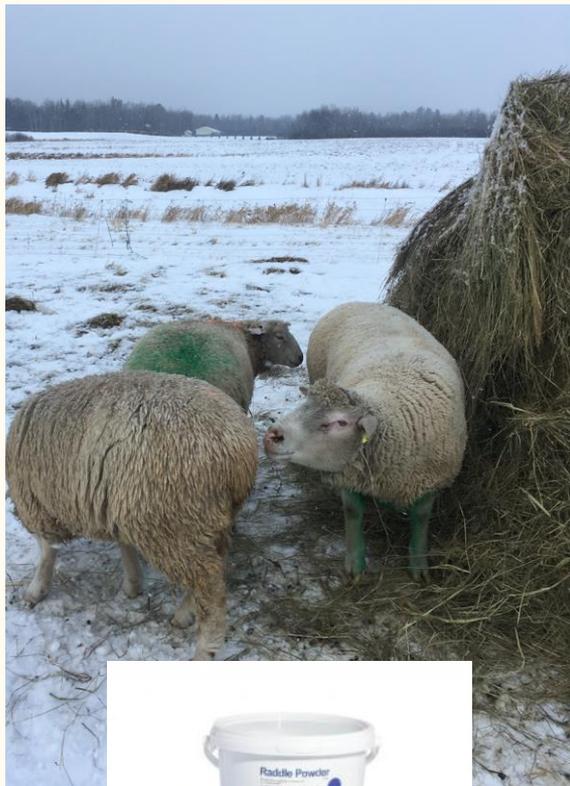
Freezing Challenges



Watering Challenges

Windbreak





Breeding Season



NRCS Environmental Quality Incentives Program (EQIP) Grant for Fencing & Water



PASTURE LAMBING





PREMIER Tags
2003 300th Street, Washington, LA 70093
Tel: 800-250-5607 or 225-653-7622
Fax: 800-346-7996 or 225-653-4098
e-mail: info@premier-supplies.com
www.premiersupplies.com

912
98

Atam Products
Lamb Milk Replacer

Ultra Start Muter
SOLOSTRUM SUPPLEMENT
FOR NEWBORN ANIMALS

DUVINE
18G Bovino

[EAT LAMB]		[EAT HAWK]	
6101 S	801	6101 S	701
6073 S	802	6102 S	702
6005 S	803	6103 S	703
6104 S	804 (has a bump)	6104 S	704
6156 T	805	6105 S	705
6042 S	806	6106 S	706
6119 S	806 (has a bump)	6107 S	707
6058 S	807	6108 T	708
	808	6109 T	709
		6110 T	710
		6111 T	711
		6112 S	712
		6113 S	713
		6114 S	714
		6115 S	715
		6116 S	716
		6117 S	717
		6118 S	718
		6119 S	719
		6120 S	720

Rubber Rings





Hypothermia



Lambing Jugs









HEALTH CONSIDERATIONS



Medications & Tools



Mineral



Parasites



Pinkeye

Toxicity/Bloat

Orf/Soremouth



MARKETING & SALES

Processing



WHOLE LAMB CUSTOM CUT

\$7.25/lb.

Approximately \$400

Based on an estimated 45 lbs. hanging weight
including estimated processing fees

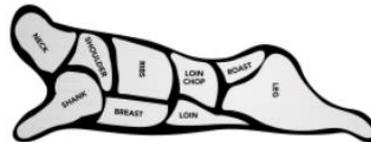
\$50 deposit at time of order

SOLD OUT FOR 2020



Custom Lamb Cuts Tip Sheet

<https://www.lakehavenmeats.com/lamb-cutting-form>



Website & Social Media



Whole Lamb



Grass Fed Lamb

Includes approximately

- 22-28 lamb chops
- 2 leg of lamb roasts
- 4 neck and shoulder roasts
- 2 packages lamb shanks
- 2 racks of ribs
- 2 packages stew meat
- 1-3 packages ground lamb



Food Photos

Ecommerce

ORDER FORM

Whole / Half / Quarter / Box *

Please select whether you would like a whole, half, quarter, or beef box. You will receive an email confirmation with your processing date and a link to pay the deposit online (or instructions for mailing a check).

- Half Hog - \$50 deposit
- Whole Hog - \$100 deposit
- Quarter Beef - \$100 deposit
- Half Beef - \$200 deposit
- Beef Sampler Box - \$300
- Whole Lamb - \$50 deposit
- Gift Certificate - indicate amount in message below

Pick Up or Delivery *

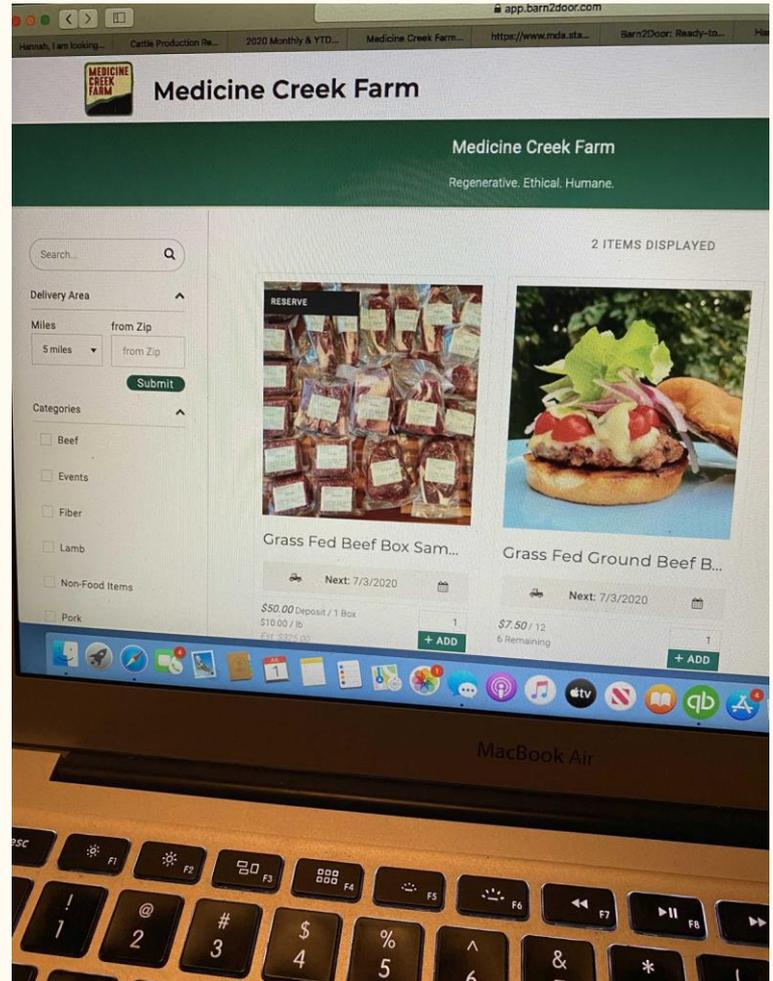
Please select whether you are able to pick up at the butcher or would like delivery. We typically arrange delivery to drop sites in Duluth or the Twin Cities where you can pick up your meat. If we are not able to arrange a convenient drop site for you, we are usually able to deliver direct to your home. You may also request delivery to another area and we'll contact you to discuss possibilities.

- Pick up at Lake Haven Meats in Sturgeon Lake, MN
- Delivery to Duluth
- Delivery to Twin Cities Metro
- Delivery request to other location (please note in message below)

Payment Options *

Please select your preferred payment method. Final costs will be determined at processing based on hanging weight and your choice of cuts. If you would like to pay online for the remainder of the hanging weight minus your deposit, you will still pay Lake Haven Meats their processing fee upon pickup (they take credit cards as well as checks).

- Pay by check upon pick up or delivery
- Pay online by secure ACH direct deposit
- Pay by credit card via Paypal (2.9% fee for processing)
- Pay in 3 monthly installments (direct deposit or Paypal)



Search Engine Optimization (SEO)



Google search results for "grass fed lamb near me".

Rating ▾ Hours ▾

Grass Fed Cattle Co.
 5.0 ★★★★★ (42) · Natural goods store
 Edina, MN · In 50th& France Bldg
 Open 24 hours · (507) 272-9271
 "I highly recommend Grass Fed Cattle Co."

Medicine Creek Farm - Grass Fed Beef & Lamb - Pastured Pork
 You manage this Business Profile
 5.0 ★★★★★ (4) · Farm
 Finlayson, MN
 Closed · Opens 9AM · (612) 483-5121

TC Farm
 5.0 ★★★★★ (18) · Farm
 Montrose, MN
 (612) 217-1770
 "I joined with the idea of supporting local business and feeding my ..."

→ [View all](#)

Google My Business



Medicine Creek Farm -
Grass Fed Beef & Lamb -
Pastured Pork

Farm

68393 Scotch Pine Rd. Finlayson, MN
55735

Service areas
Minneapolis, MN
St Paul, MN
Twin Cities, MN
Duluth, MN

Sunday 9:00 AM-7:00 PM
Monday 9:00 AM-7:00 PM
Tuesday 9:00 AM-7:00 PM
Wednesday 9:00 AM-7:00 PM

Google My Business

Medicine Creek Farm -
Grass Fed Beef & Lamb -
Pastured Pork

68393 Scotch Pine Rd.
Finlayson, MN 55735

- Home
- Posts
- Info
- Insights
- Reviews
- Messages
- Photos
- Bookings
- Products**
- Services
- Website

Manage products

Let customers discover your business by adding products to your Business Profile on Google Search and Maps

[Add product](#) [See it on Google](#)

[All products](#) [Grass Fed Beef](#) [Pastured Pork](#) [Grass Fed Lamb](#) [From Product Posts](#)

 <p>Whole Lamb</p> <p>\$350.00 - \$425.00</p>	 <p>Grass Fed Beef Box</p> <p>\$300.00</p>	 <p>Half Hog</p> <p>\$450.00 - \$550.00</p>	 <p>Whole Hog</p> <p>\$850.00 - \$950.00</p>
 <p>Grass Fed Beef Box</p> <p>\$350.00</p>	 <p>Grass Fed Beef Box</p> <p>\$300.00 - \$350.00</p>	 <p>Grass Fed Beef Box</p> <p>\$300.00 - \$350.00</p>	 <p>Half or Whole Custom Hog</p> <p>\$500.00 - \$950.00</p>

Email List

 Audience <

[Back to audience dashboard](#)

Audience

Medicine Creek Farm Newsletter

Your audience has **485** contacts. **477** of these are subscribers.

Overview **Manage contacts** ▾ Add contacts ▾ Signup forms Pre

🔍

-  Audience <
-  Audience dashboard
-  All contacts
-  Signup forms
-  Tags
-  Segments
-  Surveys **New**
-  Preferences center **New**

SUBSCRIBE

Sign up with your email address for an invitation to our farm party!

Email Address

SIGN UP

We respect your privacy.

 Campaigns <

Templates

Folders ▾ Sort by Newest first ▾

-  **Farm Party Template**
Last edited on Aug 19, 2019 1:39 pm by Hannah Bernhardt
Drag and drop
-  **Latest Mobile Template**
Last edited on Jul 10, 2019 10:34 pm by Hannah Bernhardt
Currently used in 1 draft or scheduled campaign
Drag and drop

Farm Party! Tour, Potluck & Bonfire Inbox x

Medicine Creek Farm <hannah@medicinecreekfarm.com> Mon, Aug 19, 2019, 4:13 PM
to me ▾

TOUR, POTLUCK & BONFIRE
at MEDICINE CREEK FARM



Farm Party

MEDICINE CREEK FARM

Join us for our 2nd annual fall farm party!

Saturday





www.medicinecreekfarm.com

grass fed beef and lamb
pastured pork

Hannah Bernhardt & Jason Misik

hannah@medicinecreekfarm.com

Hannah: 612-483-5121

Jason: 262-758-1061

Finlayson, MN

QUESTIONS?

