

Abbe Hills Farm, Mt. Vernon
Planting guide for fall vegetable crops

Oct, 2015

Crop	days	seed by	transplant	harvest after	harvest by
Winter squash	75	June 20	July 1	Sept 15	Sept 25
	85	June 10	June 25	Sept 20	Sept 25
	95	June 1	June 15	Oct 1	Oct 1
	105	May 15	June 1	Oct 1	Oct 1
Brussels sprouts	90	June 15	July 10	Oct 1	Nov 20
	110	May 15	June 10	Oct 1	Nov 20
Cabbage	70	June 15	July 10	Sept 10	Oct 10
	85	May 25	June 20	Sept 10	Oct 10
Kale, collards	60	June 25	July 20	Sept 20	Oct 20
Carrots	55	July 5	-	Sept 10	Oct 30
Beets	55	July 10	-	Sept 10	Oct 30
Chard	55	July 10	Aug 1	Sept 10	Oct 10
Beans	50	Aug 1	-	Sept 20	Sept 25
	60	July 20	-	Sept 20	Sept 25
Chinese cabbage	50	July 20	Aug 10	Oct 1	Nov 1
Head lettuce	55	July 25	Aug 15	Oct 1	Oct 30
Daikon	60	July 25	-	Oct 1	Oct 15
Turnips	40	Aug 5	-	Sept 20	Oct 30
	50	July 25	-	Sept 20	Oct 30
Cilantro	55	Aug 10	-	Oct 10	Oct 15
Spinach	45	Aug 10	-	Oct 1	Oct 25
Chois in beds, yukina	50	Aug 10	-	Oct 5	Oct 15

Crop	days	seed by	transplant	harvest after	harvest by
Greens – mustards	45	Aug 15	-	Oct 5	Oct 15
Arugula	40	Sept 1	-	Oct 15	Oct 25
Radishes	25	Sept 1	-	Oct 1	Nov 1

Abbe Hills Farm fall shares contain most of these vegetables most years, all grown outside, usually available mid-September until mid-October/early-November:

Potatoes
Onions
Garlic
Beets
Greens in beds – various mustards, yukina, chois, baby kale
Chinese cabbage
Cabbage – regular, savoy
Radishes – round red
Beans – green, yellow wax
Leeks
Cilantro
Parsley
Salad turnips, purple top turnips
Winter squash – acorn, butternut, buttercup, hubbard, spaghetti, delicata, kabocha
Chilies – green and ripe
Lettuce – head
Chard – rainbow
Brussels sprouts
Kale and collards
Daikon radishes
Watermelon radishes
Arugula in beds

Crops we don't usually grow for fall, but probably could/should/have tried sometimes:

Spinach	Cauliflower
Carrots	Gailon
Broccoli	Lettuce in beds
Watermelon	